

Curriculum vitae

Photo



1. Name: Dr Shweta Tyagi
2. Designation: Assistant Professor
3. Subject: Home Science
4. Academic Qualifications: M.A, M.SC. PhD with Regulations 9
5. Areas of interest/Specialisation: Nutrition Science
6. Date of Birth: 25/07/1981
7. Date of Joining: 05/09/2011
8. Experience: 15
9. Official Address: Department of Home Science, Raghunath Girls' P.G. College, Meerut.
10. Contact no.: 9997977718
11. Email: shweta.kps.tyagi@gmail.com
12. Areas of research: Nutritional Problems of Working Women in Ghaziabad
13. Digital Profile, if any (Research Gate, LinkedIn, SSRN, Twitter, YouTube etc):
Google Scholar
ID: https://scholar.google.com/citations?view_op=new_articles&hl=en&imq=Dr.+Shweta+Tyagi#
Research Gate ID: <https://www.researchgate.net/profile/Shweta-Tyagi-19>
Vidwan ID: <https://vidwan.inflibnet.ac.in/profile/683347>
Orcid ID: <https://orcid.org/0009-0001-5539-6482>

14. Achievements:

Awarded Nav Devi Saman by Nagar Nigam, Meerut on 21st October'2023.

Meerut Municipal Corporation, Meerut, 04 April, 2025.

15. Fellowships & Awards:

<i>S.No.</i>	<i>Name of Fellowships/Awards</i>	<i>Awarding Agency</i>	<i>Whether International/National/State/Regional</i>	<i>Honorarium of Award ,if any</i>

16. Membership of Professional Bodies

<i>S.No.</i>	<i>Name of the Professional Body</i>	<i>Type of membership</i>	<i>Membership no.</i>

17. Research Papers published:-

<i>S. No</i>	<i>Title of the paper published (with Page no.)</i>	<i>Research Journal (with Vol.no.)</i>	<i>Year</i>	<i>ISSN</i>	<i>Whether peer reviewed ,UGC listed, Impact Factor if any</i>	<i>Digital Link, if any</i>
1	<i>A Study of Nutritional Problems of Working Women in Ghaziabad District\page no.44-54</i>	<i>Research Foundation International\ Contemporary Social Sciences, Volume no. 21</i>	<i>2012</i>	<i>0302-9298</i>		
2	<i>Colour meaning for magic,</i>	<i>Research General language</i>	<i>2013</i>	<i>0976-</i>		

	<i>healing, and enhancing your life\ page no. 102 - 116</i>	<i>and social science, Samay Aagam\ Volume no.</i>		468 2		
3	<i>Effect of Neuroticism on Motional Quotient in Adolescent girls (18 – 20 years)\Page no.70-74</i>	<i>A Preferred International Journal\Indian Journal of Social Concern\ Volume no.4</i>	201 4	223 1- 583 7		
4	<i>To study the Impact of Female Education in Rural and Urban Areas</i>	<i>An international register and referred monthly general\129 Research Kala, Samaj, Vigyan awam Vanijya volume no. XIII</i>	201 4	097 3- 162 8	0.812	www.researchlink.in
5	<i>Effect of Being Extra Version on Emotional Quotient Among Adolescent Girls</i>	<i>Yugshipi, an international refereed journal Volume no. XVI</i>	201 4	097 5- 464 4	16	
6	<i>To study of the lifestyle among Rural Girls & Urban Girls</i>	<i>Yugshipi & Research Journal of Humanities & Social Science</i>	201 5	097 5- 464 4	16	
7	<i>To study of the impact of</i>	<i>An international</i>	201 5	097 3-	2.782	www.researchlink.com

	<i>family status among rural girls and urban girls\ page no. 133 - 134</i>	<i>al register and referred monthly general\14 1 Research Kala, Samaj, Vigyan awam Vanijya \ volume XIV no.10</i>		162 8		
8	<i>A Study on Menstrual Flow Pages: 93–109</i>	<i>A Preferred International Journal\ General Global Values Volume VII, no.2</i>	201 6	097 6- 947 A	3.874 1	www.anubook.com
9	<i>To study the effects of stress on emotional quotient among adolescent girls(18-20 years)\pages 145-146</i>	<i>An international register and referred monthly general\14 2 Research Kala, Samaj, Vigyan awam Vanijya \Volume XIV no.11</i>	201 6	097 3- 162 8	2.782	www.researchshlink.com
10	<i>A study on conduct patterns and intellectual maturity in Insomnia\page no. 126-127</i>	<i>An international register and referred monthly general\15 3 Research Kala,</i>	201 6	097 3- 162 8	2.782	www.researchshlink.com

		<i>Samaj, Vigyan awam Vanijya Volume XV no.10</i>				
11	<i>A study on the Relationship between menstruation & Alcohol Consumption pp-145-149</i>	<i>An Internation al Referred Monthly Journal Volume no. XV (11), 154</i>	201 7	097 3- 162 8	2.782	
12	<i>Study of Stress affecting menstrual cycle</i>	<i>Research Link Journal Internation al Journal Issue 170 Vol XVII</i>	201 8	097 3- 162 8		
13	<i>A case study on development of comfortable the functional clothing for lactation period in Muzaffarnagar page no.137- 139</i>	<i>An internation al register and referred monthly general\17 0 Research Kala, Samaj, Vigyan awam Vanijya Volume XVII no.3</i>	201 8	097 3- 162 8	2.782	www.researchshlink.com
14	<i>To study about the effectiveness of yoga exercise on menstrual cramps\page no.129-130</i>	<i>An internation al register and referred monthly general\17 1 Research Kala, Samaj,</i>	201 8	097 3- 162 8	2.782	www.researchshlink.com

		<i>Vigyan awam Vanijya Volume XVII no.4</i>				
15	<i>Ajark: A Fabric from Cattle Herders to Model Page no 30</i>	<i>Naveen Shodh Sansar (An International Refereed Research Journal)\ Volume no.I, Issue XXVI,</i>	<i>201 9- 20</i>	<i>232 0- 876 7</i>		
16	<i>Traditional or Curse on one part of the society\ Page no. 176</i>	<i>Naveen Shodh Sansar (An International Refereed Research Journal) Volume no.\Issue XXIX</i>	<i>202 0- 21</i>	<i>232 0- 876 7</i>		
17	<i>College Jaane Wali Chatrao Mein millets ki Jagrukta, Poshan, aur Swasthya Gyan ka Adhyayan Page no.20- 24</i>	<i>Shodh Ritu\Valum e no.1</i>	<i>202 5</i>	<i>245 4- 628 3</i>	<i>10.25</i>	www.shodhritu.com
18	<i>Beyond vegetarianism: A literature review on the economic, cultural and health benefits of a vegan diet in contemporary</i>	<i>International Journal of Home Science\ Volume no.12</i>	<i>202 6</i>	<i>239 5- 747 6</i>	<i>5.66</i>	www.homesciencejournal.com

	India/ Page No.95-98					
19	Climate change and global food security: challenges: A review\ page no. 137-144	Journal of Emerging Technologi es and Innovative Research Volume no.13/Issue no.6	202 6	234 9- 516 2	7.95	https://www.jetir.org/view
20	PCOD se grast kishoriyon per Tanav Aahar avm mansik Swasthya ka Prabhav: Ek adhyayan \page no.58	Shodh Manthan: A Peer- reviewed & referred Internation al general\ volume no. XVII, number 2,	202 6	097 6- 525 5	8.889	https://anubooks.com
21	25 - 40 varsh aayu varg ki vivahit karyrat adhyapikaon mein Tanav ke Mukh karnon bhojan sambandhi vyavhar avm Karya dabav ka Adhyayan\ page no.57	Shodh Manthan: A Peer- reviewed & referred Internation al general \volume no. XVII, number 2	202 6	097 6- 525 5	8.889	https://anubooks.com
22	Jwar aadharit ki kifayati ka mankikaran aur uska sanvedya mulyankan\pa ge no.59	Shodh Manthan: A Peer- reviewed & referred Internation al general \volume no. XVII, number 2,	202 6	097 6- 525 5	8.889	https://anubooks.com
23	consumer perception and household	Research General of Philosophy	202 6	202 6- 004	8.902	https://doi.org/10.31995/rjpsss.2026v52i01.017

	<i>practices affecting the storage and quality of dry masala\page no. 139-144</i>	<i>and Social Science\ Volume No. LII, Number 1</i>		8 732 5		
--	---	---	--	---------------	--	--

18. Articles in Books/ Conference Proceedings Published:

<i>S.No</i>	<i>Title of the Article published with page no.</i>	<i>Title of the Book/Conference Proceedings</i>	<i>Year</i>	<i>ISBN</i>	<i>Detail of the Publisher</i>	<i>Published by International /national /Local Publishers</i>	<i>Digital Link (if any)</i>
1	<i>Philosophy and Religion\ Page no.80-84</i>	<i>Philosophy: Its Dimensions and Relevance</i>	2016	09789-93 - 82166 - 45 - 0	<i>Dr Dipti Shukla</i>	<i>Anu Book, Meerut \National</i>	WWW.anubooks.com
2	<i>Harassment of Women in India \ Page no.207 - 2012</i>	<i>Crimes against women</i>	2016	978-93-82166-47-4	<i>Dr Rajni Kashyap, Assistant Professor, D.J. College, Baurat</i>	<i>Anu Book, Meerut \National</i>	WWW.anubooks.com
3	<i>Environment Pollution Control & Management\Page no.242-250</i>	<i>Natural Resource Management for Sustainable Agriculture</i>	2017	978-93-82166-51-1	-	<i>Anu Book, Meerut \National</i>	WWW.anubooks.com
4	<i>Gender Inequality in the Health Sector in India: A Peer-Reviewed \ Page</i>	<i>Social Issues: Trends and Analysis</i>	2025	AB348-O25	<i>Raghunath Girls' Post-Graduate College, Meerut</i>	<i>Anu Book, Meerut \National</i>	https://doi.org/Book.AB348-O25

	<i>no.180-188</i>						
--	-------------------	--	--	--	--	--	--

19. Articles in Magazines and Newspapers:

<i>S.No.</i>	<i>Name of the Article with page no.</i>	<i>Name of the Magazine/ Newspaper (with RNI)</i>	<i>Detail of the Publisher</i>	<i>Date</i>	<i>Digital Link, if any</i>

20. Development of New Curricula and Courses :

<i>S.No.</i>	<i>Name of New Curricula & Courses</i>	<i>Hyperlink of Curricula or course</i>	<i>Role in Development</i>

21. Development of E-contents /MOOCS:

<i>S.No.</i>	<i>Portal on which uploaded</i>	<i>Type of e-content</i>	<i>Hyperlink of e-content</i>	<i>Numbers</i>

22. Ph. D Supervised :

<i>S.No.</i>	<i>Name of the student with Regd. No.</i>	<i>University Registered</i>	<i>Topic</i>	<i>Type of Supervision</i>	<i>Enrolled Date & Year</i>	<i>Submitted Date & Year</i>	<i>Awarded Date & Year</i>
<i>1</i>	<i>Neha Arya 2\B\24180005\6290</i>	<i>State University</i>	<i>Impact of Sex Education Awareness on Psychological Developm</i>	<i>Sole Supervisor</i>	<i>14.06.2024</i>		

			<i>ent of Pre and Adolescent s in Ambedkar Nagar District of Uttar Pradesh</i>				
2	<i>Charu\2\B\24180001\6291</i>	<i>State University</i>	<i>Impact of an Awareness Program on Strategies Related to Menopausal Changes for Rural Women on Amroha Block</i>	<i>Sole Supervisor</i>	<i>14.06.2024</i>		
3	<i>Shivani\2\B\24180011\6298</i>	<i>State University</i>	<i>A Study on the Awareness , Preparation and Acceptanc e of Finger and Pearl Millet-Based Product</i>	<i>Sole Supervisor</i>	<i>14.06.2024</i>		
4	<i>Ms Abhilasha Singh \2\9663</i>	<i>State University</i>	<i>A Study on the Awareness , Preparation and Acceptanc e of Finger and Pearl</i>	<i>Sole Supervisor</i>	<i>01.09.2025</i>		

			Millet-Based Product				
--	--	--	----------------------	--	--	--	--

23. Research Projects:

<i>S.No.</i>	<i>Title</i>	<i>Type</i>	<i>Funding Agency</i>	<i>Amount</i>	<i>Time-Period</i>
1	Vedic and Upanishads' Perspective on Nutrition: Development of Finger Millets (Ragi) Based Recipe and Community Nutrition Awareness among Rural and Self-Help Group (SHG) women in Rural areas of Meerut District	Minar project	-	500000	3year

24. Consultancy:

<i>S.N.</i>	<i>Title</i>	<i>Type</i>	<i>Funding Agency</i>	<i>Amount</i>	<i>Time-Period</i>

25. Patents (if any):

<i>S.No.</i>	<i>Title of Patent</i>	<i>Detail of Patent (International/ National)</i>
1	A Nutrient-Enriched Millet-Based Munch Snack	Application no-202611037592 National
2	AI-Powered Smart Badge for Real-Time Employee Tracking and Management	Application no-506164-001 National

26. Faculty Enrichment Programme Attended:

S.No	Detail of the FDP/FEP	Date(s) of the event	Organizer & Sponsor	International/National/ State/ University
1	Three-week Interdisciplinary Faculty Recharge Enrichment of Teacher Course	10 -30 June 2017	Meerut College, Meerut	National
2	A seven-day workshop on Mahatma Gandhi and his motivational movements in India	26 September-2 October 2018	Ismail National Mahila (P.G.) College, Meerut (U.P.) organized by Gandhian Study Centre	National
3	Moodle Learning Management System	11 - 15 May 2020	Department Of Mathematical Sciences, Bodoland University, Kokrajhar	National
4	Outcome Based Education and Accreditation (FDP Online)	25 May- 29 May, 2020	IILM College of Engineering & Tech.	National
5	Understanding Cognitive Development of Learners	7– 12 September 2020	Faculty of Education GLA University, Mathura	National
6	Research Methodology & Environment Sustainable Development (Short Term Course)	27 December – 2 January 2020	Meerut College, Meerut	National
7	Paper presented Two Days national conference on (HEIs)	21-22 December 2020	Raghunath Girls' P.G. College, Meerut	National
8	One week FDP“3-Dof MOOCs (Design,	28 Dec.2021 to 1 Jan 2022	RUSA, Meerut College, Meerut & SWAYAM-MOOCs Society and Media, New Delhi	National

	<i>Development and Delivery) ”</i>		<i>&AISHE , Meerut College, Meerut</i>	
9	<i>One-week Online FDP in Home Science “INSIGHT”</i>	<i>14- 19 February 2022</i>	<i>PG Department of Home Science, Rama Devi Women’s University, Bhubaneswar, Odisha funded by IDP,OHEPEE</i>	<i>National</i>
10	<i>One week online interdisciplinary Capacity Building & FDP on Research publication and Ethics: Issues and Challenges</i>	<i>24-29 March 2022</i>	<i>Mahatma Gandhi Kashi Vidyapith, Varanasi, Uttar Pradesh, Sadanlal Sanwaldas Khanna Girls’ Degree College, Prayagraj, Uttar Pradesh in collaboration with Dr. Harisingh Gour Vishwavidyalaya, Sagar (M.P.) under the aegis of PMMMNMNTT, Ministry of Education, GOI, New Delhi</i>	<i>National</i>
11	<i>FDP on ‘New Trends in Research methodology</i>	<i>11-17 February 2023</i>	<i>Teachers’ Re-skilling cell and LMS cell, Raghunath Girls’ P.G. College, Meerut</i>	<i>National</i>
12	<i>Seven Days Workshop on Universal Human Values & Ethics</i>	<i>11-21 April 2023</i>	<i>Department of Psychology, Raghunath Girls’ P.G. College, Meerut</i>	<i>National</i>
13	<i>Online FDP on Blended Learning, Development of MOOCs and E-Content</i>	<i>24-29 April 2023</i>	<i>IQAC, Raghunath Girls’ Post Graduate College, Meerut in collaboration with Mahatma Hansraj Faculty</i>	<i>National</i>

			<i>Development Centre, Hansraj College, University of Delhi under PMMMNMNT</i>	
<i>14</i>	<i>Online FDP on MOOCs E-content Development</i>	<i>29 May- 05 June 2023</i>	<i>Guru Angad Dev Teaching Learning Centre under the PMMMNMNTT, Ministry of Education, SGTB Khalsa College, University of Delhi in collaboration with Raghunath Girls' P.G. College, Meerut and obtained</i>	<i>National</i>
<i>15</i>	<i>AI and machine learning: Transforming multi-disciplinary research and innovation</i>	<i>16 - 20 March 2026</i>	<i>Electronics & Communication Engineering Department and Electrical Engineering Department, Dewan VS Institute of Engineering & Technology, Meerut.</i>	<i>Natinal</i>
<i>16</i>	<i>15-day international faculty development program (FDP) on 'innovative teaching, pedagogy, learning skills, research and academic publication' online mode)</i>	<i>15- 29th May 2026</i>	<i>The Integrated Institute of Disaster Management (IIDM), Tamil Nadu, and the State Islamic University of Madura, Indonesia, in collaboration with Standard College, Manipur Biramangol College, Manipur, Nakachari College, Assam; Sbrtm Law College, Kadapa,</i>	<i>International</i>

			Yvu Kadapa, Andhra Pradesh, Bhaderwah campus, University of Jammu, Jammu & Kashmir; and Raghunath Girls' Post Graduate College, Meerut, Uttar Pradesh.	
--	--	--	---	--

27. Seminar/ Workshop/ Conference Attended:

<i>S.No</i>	<i>Detail of the Conference/ Seminar</i>	<i>Organizer & Sponsor</i>	<i>Date(s) of the event</i>	<i>Venue of the event</i>	<i>International/National/ State/ University</i>
1	<i>Seminar on Status of Women in Indian Society</i>	ICSSR	02-03 Oct 2010	INM College Meerut	National
2	<i>Seminar on Chemistry-Our Life Our Future for Celebrating</i>	UGC	01 Oct. 2011	R.G.(P.G) College, Meerut	National
3	<i>Seminar on Stress and Its Management</i>	I.N.P.G College, Meerut	Nov 20, 21 2012	ICSSR New Delhi	National
4	<i>Seminar on Human Rights: A Parameter of Socio- Political Ethics</i>	Political Science department	16 December 2013	R.G.(P.G) College, Meerut	National
5	<i>Hindi Sanskrit aur Uska Patan</i>	Hindi Department	14 September 2015	R.G.(P.G) College, Meerut	International
6	<i>Harassment of Women in India</i>	ICSSR, New Delhi	1- 2 November 2015	Digambar Jain College Department of Psychology	National
7	<i>Malaria Awareness- Causes</i>	Department of zoology	27 November 2015	R.G.(P.G) College, Meerut	International

	<i>Symptoms & Vaccines</i>				
8	<i>Water – Conservation, Challenges & Opportunities</i>	<i>IQAC & CPE(UGC), New Delhi</i>	<i>30– 31 August 2016</i>	<i>Ginni Devi Girls PG College, Modinagar</i>	<i>National</i>
9	<i>Role of Media in Terrorism and Communalism: its Impact on Society</i>	<i>Department of Political Science</i>	<i>28 -29 January 2017</i>	<i>Ismail National Mahila (P.G.) College, Meerut (U.P.)</i>	<i>National</i>
10	<i>Seminar on Development of Women Entrepreneurship in India</i>	<i>ICSSR New Delhi</i>	<i>18– 19 February 2017</i>	<i>Ismail National Mahila (P.G.) College, Meerut (U.P.)</i>	<i>National</i>
11	<i>Seminar on Demonetization, Digital India & Cashless Economy: A Socio-Economic Transformation</i>	<i>ICSSR, New Delhi</i>	<i>17-18 March 2017</i>	<i>Ch. Charan Singh University Campus, Meerut</i>	<i>National</i>
12	<i>Seminar on Gandhian Philosophy & Social Science</i>	<i>ICSSR, New Delhi</i>	<i>18 – 19 March 2017</i>	<i>M.M.H college Ghaziabad (UP)</i>	<i>National</i>
13	<i>Seminar on Aacharya Kautilya ke Arthshastra me Varnit Vyvasthaon ki Vartmaan me Prasangikta</i>	<i>Department of Sanskrit</i>	<i>19 – 20 February 2018</i>	<i>Ismail National Mahila (P.G.) College, Meerut (U.P.)</i>	<i>National</i>
14	<i>Art, Craft & Culture: The True Cost Of Modern India</i>	<i>Drawing Painting Department</i>	<i>26th October - 1st November 2018</i>	<i>R.G.(P.G) College, Meerut</i>	<i>College</i>
15	<i>Workshop on “Understanding Academic Integrity and Practices to Avoid</i>	<i>Department of English</i>	<i>20th Sept. 2019</i>	<i>D.N. College, Meerut</i>	<i>National</i>

	<i>Plagiarism.” organized</i>				
16	<i>Webinar on Water an Element of Life</i>	<i>Jaladhikar Foundation</i>	<i>10th May 2020</i>	<i>202A, Arunachal Building Barakhanba Road, New Delhi</i>	<i>Online</i>
17	<i>Transformational Role of Technology in Higher Education</i>	<i>Jaipuria Institute of Management</i>	<i>30th May 2020</i>	<i>Jaipuria Institute of Management, Ghaziabad</i>	<i>Online</i>
18	<i>Managing your Finances & Investments</i>	<i>SSMRV College & Finmark Trainers India Pvt. Ltd</i>	<i>3rd June 2020</i>	<i>SSMRV College & Finmark Trainers India Pvt. Ltd</i>	<i>National</i>
19	<i>Webinar on EQ vs IQ</i>	<i>Kanohar Lal PG Girls College</i>	<i>04th June 2016</i>	<i>Kanohar Lal PG Girls College</i>	<i>National</i>
20	<i>Webinar on Environmental Impact of Corona Virus: Crisis, Challenges Ahead</i>	<i>Department of Environment al Science</i>	<i>05th June 2020</i>	<i>Jhunjhunwala P.G. College Ayodhta</i>	<i>National</i>
21	<i>Identification Analysis of Stock Market Trends</i>	<i>IQAC & Department of Commerce</i>	<i>06th June 2020</i>	<i>S.D. College of Commerce</i>	<i>College, Online</i>
22	<i>Webinar on Yogic Practice For Wellness</i>	<i>SKVMs NarseMonjee Institute of Management Studies</i>	<i>21st June 2020</i>	<i>Mukesh Patel Technology Park, Shirpur, Maharashtra, India</i>	<i>College, Online Workshop</i>
23	<i>Creating Awareness About NEP 2020</i>	<i>Department of Home Science</i>	<i>25th September 2020</i>	<i>Raghunath Girls’ Post Graduate College, Meerut</i>	<i>National</i>
24	<i>How To Promote Online Teaching in Present Scenario</i>	<i>Government Home Science PG Lead College, Hoshangaba d, M.P</i>	<i>27th May 2021</i>	<i>Government Home Science PG Lead College, Hoshangabad, M.P</i>	<i>Bhopal University, National Webinar</i>
25	<i>Relax, Rejuvenate and Reset during Second Wave of COVID with Pranic Program</i>	<i>Department of Zoology & IQAC</i>	<i>17th – 23rd June 2021</i>	<i>Raghunath Girls’ Post Graduate College, Meerut</i>	<i>College, Online Workshop</i>

26	<i>Landscape Of Higher Education in India: A Perspective of Impart Quality Education</i>	<i>Department of Education & IQAC Raghunath Girls' Post Graduate College, Meerut</i>	<i>29th – 30th November 2021</i>	<i>Raghunath Girls' Post Graduate College, Meerut</i>	<i>National</i>
27	<i>Conference on Induction Training for teachers at Higher Education Institutions (HEIs): Today's Need for enhancing Quality of Higher Education</i>	<i>Raghunath Girls' Post Graduate College, Meerut.</i>	<i>21st - 22nd Dec. 2022</i>	<i>Raghunath Girls' Post Graduate College, Meerut.</i>	<i>National</i>
28	<i>One Day workshop on Enterprise Architecture Adoption for Higher Education Institutions</i>	<i>IQAC & Teacher's Re- Skilling Cell Collaboration with Union Bank of India, RG Branch, Meerut</i>	<i>19th August '2023</i>	<i>Raghunath Girls' P.G. College, Meerut</i>	<i>National</i>
29	<i>Agricultural Sustainability and Food Security</i>	<i>Raghunath Girls Post Graduate College, Meerut</i>	<i>19 November 2024</i>	<i>Environmental Crisis and Developing Economics Challenges: Strategies and Solutions (Integrating GEP 3 Foster Ecological and Economic Resilience)</i>	<i>National Seminar</i>
30	<i>Gender and Equality in the Health Sector</i>	<i>Raghunath Girls Post Graduate College, Meerut</i>	<i>25 March 2025</i>	<i>Gender Inequality in the Contemporary Indian Context: Conditions & Directions</i>	<i>International seminar</i>

31	<i>Role of Artificial Intelligence and Digital Tools in Scientific Writing</i>	<i>Raghunath Girls Post Graduate College, Meerut</i>	<i>22 November 2025</i>	<i>Scientific Writing and Publication: Bridging Research and Readership</i>	<i>International seminar</i>
32	<i>Traditional Education Systems and NEP 2020</i>	<i>Raghunath Girls Post Graduate College, Meerut</i>	<i>26 February 2026</i>	<i>"From Ancient Wisdom to Modern Innovation: Leveraging Indian Knowledge Systems for a Developed India @ 2047"</i>	<i>International seminar</i>
33	<i>Climate Change and Social Justice: Challenges and Solutions of Environmental Justice, Environmental Economics, and Sustainable Development</i>	<i>M.M.H. College, Gazibad</i>	<i>27-28 February 2026</i>	<i>Climate Change and Social Justice: Challenges and Solutions of Environmental Justice (ICCSJ-2026)</i>	<i>International Conference</i>
34	<i>Agriculture and Food Security; (Smart Farming Monitoring)</i>	<i>Shaheed Mangal Pandey Government Girls' College, Meerut</i>	<i>30-31 March 2026</i>	<i>Artificial Intelligence (A.I.) Beyond Technology, Science, Society, and the Future</i>	<i>national seminar</i>

28. Seminar/ Workshop/ Conference/ Exhibitions Organised:

<i>S.No</i>	<i>Detail of the Conference/ Seminar/Exhibitions (including Sponsor)</i>	<i>Date(s) of the event</i>	<i>Venue of the event</i>	<i>International/National / State/ University</i>	<i>Role</i>
<i>1</i>	<i>Capacity building Programme Series-II (2022) on "Igniting the artist in You" in</i>	<i>11- 19 Nov. 2022.</i>	<i>Department of Home Science, Raghunath Girls' P.G.</i>	<i>National</i>	<i>Organizer</i>

	<i>collaboration with Pidilite Industries Ltd.</i>		<i>College, Meerut</i>		
2	<i>Exhibition cum Sale under “Earn while you learn Scheme”</i>	<i>20-21 Oct. 2022.</i>	<i>Raghunath Girls’ P.G. College, Meerut</i>	<i>College</i>	<i>Organize r</i>
3	<i>Capacity building Programme Series-I (2022) on “ Research Methodology & latest Trends in Home Science Research”</i>	<i>3- 31 March ’202 2</i>	<i>Online</i>	<i>National</i>	<i>Member</i>
4	<i>Workshop on Creativity using clay & waste articles by Pidilite</i>	<i>12- 13 February 2014</i>	<i>Departmen t of Home Science R.G. (P.G.) College, Meerut</i>	<i>Regional</i>	<i>Member</i>
5	<i>Workshop on Traditional Liquid Embroidery by Pidilite</i>	<i>10-11 February 2014</i>	<i>Departmen t of Home Science R.G. (P.G.) College, Meerut</i>	<i>Regional</i>	<i>Member</i>
6	<i>Workshop on Glass Painting by Pidilite</i>	<i>08 - 9 February 2014</i>	<i>Departmen t of Home Science R.G. (P.G.) College, Meerut</i>	<i>Regional</i>	<i>Organize r</i>
7	<i>Seminar on Human Rights: A Parameter of socio-political Ethics</i>	<i>Dec 16 2013</i>	<i>R.G. (P.G.) College, Meerut</i>	<i>National</i>	<i>Organize r</i>
8	<i>Workshop on “Microwave Cooking”</i>	<i>16 December 2011</i>	<i>Departmen t of Home Science R.G. (P.G.) College, Meerut</i>	<i>Regional</i>	<i>Organize r</i>

29. Journal /Book Edited:

S.No.	Name of the Journal/ Book edited	Month and Year	Role	Digital Link (if any)
1	Book-Advanced Family Dynamics/page no.01-503\ISBN - 978 - 93 - 83229 - 4 1 - 3	2014-2015	Author	WWW.agrawalpublication.com
2	Extension Education and Communication Management	2012	Co- author	

**30. Invited lectures/ Resource person/ Paper Presented in Conferences/
Seminar/ Workshops:**

S. No	Title of the Invited Lecture/ paper presented	Detail of the Conference/ Seminar(including organizer & Sponsor)	Date(s) of the event	Venue of the event	International/Na tional/ State/ University	Role
1	Guest Lecture on “ Value Added Course Traditional Arts”	I.N.P.G. College Meerut	25 Mar 2025	Home Science Department I N P G College Meerut	University	Speak er
2	Guest Lecture on “Entrepreneu rship skill In Home Science”	Department of Home Science	17 th October 2023	SSD Kanya Degree College Dibai Bulandshahr	University	Speak er
3	Guest Lecture on “Health and Nutrition in Adolescents”	S.N.SEN.B.V .P.G. College, Kanpur	19 th December 2022	S.N.SEN.B.V .P.G. College, Kanpur	University	Speak er
4	Guest Lecture on “Healthy Food in Low Cost”	I.N.P.G. College, Meerut	3 rd September 2022	I.N.P.G. College, Meerut	University	Speak er
5	N.S.S. Special Camp	College/ University	18 th January 2020	Datawali Village	State	Speak er

6	<i>Women & Media</i>	<i>Dept. of Pol. Science</i>	<i>21st March 2018</i>	<i>Sh. KundKund Jain P.G. College, Khatauli</i>	<i>National</i>	<i>Speaker</i>
7	<i>Food Security and Sustainable Development</i>	<i>U.G.C.</i>	<i>18th – 19th March 2018</i>	<i>Govt. Degree College, Nanauta Saharanpur</i>	<i>National</i>	<i>Speaker</i>
8	<i>India – Pakistan Relation – Past, Present & Future</i>	<i>Defence Studies, Meerut</i>	<i>11th – 12th March 2018</i>	<i>Meerut College, Meerut</i>	<i>National</i>	<i>Speaker</i>
9	<i>Kautilya Arthshastra ki Manovagyanik Drishti se Upadaiyta</i>	<i>Department of Sanskrit</i>	<i>19th – 20th February 2018</i>	<i>Ismail NationalMahila (P.G.) College, Meerut (U.P.)</i>	<i>National</i>	<i>Speaker</i>
10	<i>Impact of GST on Trade</i>	<i>College/ University</i>	<i>28th & 29th October 2017</i>	<i>R.G.P.G. College, Meerut</i>	<i>State</i>	<i>Speaker</i>
11	<i>Gandhian Vision on Non-Violence & Violence</i>	<i>Department of Sociology</i>	<i>18th – 19th March 2017</i>	<i>M.M.H college Ghaziabad (UP)</i>	<i>National</i>	<i>Speaker</i>
12	<i>Digital India & Lack of Public Awareness in India</i>	<i>ICSSR, New Delhi</i>	<i>17th-18th March 2017</i>	<i>Ch. Charan Singh University Campus, Meerut</i>	<i>National</i>	<i>Speaker</i>
13	<i>Seminar on Development of Women Entrepreneurship in India</i>	<i>ICSSR New Delhi</i>	<i>18th – 19th February 2017</i>	<i>Ismail NationalMahila (P.G.) College, Meerut (U.P.)</i>	<i>National</i>	<i>Speaker</i>
14	<i>Role of Media in Terrorism and Communalism</i>	<i>ICSSR New Delhi</i>	<i>28th -29th January 2017</i>	<i>Ismail NationalMahila (P.G.) College, Meerut (U.P.)</i>	<i>State</i>	<i>Speaker</i>

15	<i>Climate Change in Biodiversity Problems in India</i>	<i>Botany Academic and Cultural Society</i>	<i>21st December 2016</i>	<i>R.G. P.G. College, Meerut</i>	<i>International</i>	<i>Speaker</i>
16	<i>Social Erosion Soil & Water Conservation</i>	<i>ICSSR, New Delhi</i>	<i>11th – 12th December 2016</i>	<i>Shaheed Mangal Pandey Govt. College, Meerut</i>	<i>University</i>	<i>Speaker</i>
17	<i>Positive Role of Women in the area of Politics and Economics</i>	<i>ICSSR New Delhi</i>	<i>10th – 11th December 2016</i>	<i>Ismail National Mahila (P.G.) College, Meerut (U.P.)</i>	<i>University</i>	<i>Speaker</i>
18	<i>Govt. Policies on Climate Change of Sustainable Development</i>	<i>ICSSR Dept. of Geography</i>	<i>13th – 14th November 2016</i>	<i>Meerut College, Meerut</i>	<i>State</i>	<i>Speaker</i>
19	<i>Environment Pollution Counted & Management in India</i>	<i>Agricultural Technology organized Society AIDS</i>	<i>25th October 2016</i>	<i>Vedic College, Baraut, Baghpat U.P.</i>	<i>National</i>	<i>Speaker</i>
0	<i>Govt. Policies on Water Conservation</i>	<i>IQAC under CPE</i>	<i>30th – 31st August 2016</i>	<i>Ginni Devi Girls P.G. College</i>	<i>National</i>	<i>Speaker</i>
21	<i>Government Policies Pertaining to women: Awareness Implications and Suggestions</i>	<i>U.G.C.</i>	<i>26th-27th February 2016</i>	<i>Dayanand Arya Kanya Degree College, Moradabad</i>	<i>National</i>	<i>Speaker</i>
22	<i>Philosophy of Religion</i>	<i>Philosophy Dept</i>	<i>20th November 2015</i>	<i>R.G. P.G. College, Meerut</i>	<i>National</i>	<i>Speaker</i>

23	<i>Harassment of Women in India</i>	<i>ICSSR, New Delhi</i>	<i>1st – 2nd November 2015</i>	<i>Digambar Jain College Department of Psychology</i>	<i>National</i>	<i>Speaker</i>
24	<i>Hindi Sanskrit aur Uska Patan</i>	<i>Hindi Department</i>	<i>14th September 2015</i>	<i>R.G.(P.G) College, Meerut</i>	<i>International</i>	
25	<i>Relevance Of Ancient Indian Wisdom</i>	<i>U.G.C.</i>	<i>14th September 2015</i>	<i>Ismail National Mahila (P.G.) College, Meerut (U.P.)</i>	<i>State</i>	<i>Speakers</i>
26	<i>Harassment of Women in India</i>	<i>ICSSR, New Delhi</i>	<i>1st – 2nd November 2015</i>	<i>Digambar Jain College Department of Psychology</i>	<i>National</i>	<i>Speaker</i>
27	<i>Hindi Sanskrit aur Uska Patan</i>	<i>Hindi Department</i>	<i>14th September 2015</i>	<i>R.G.(P.G) College, Meerut</i>	<i>International</i>	<i>Speaker</i>
28	<i>Relevance Of Ancient Indian Wisdom</i>	<i>U.G.C.</i>	<i>14th September 2015</i>	<i>Ismail National Mahila (P.G.) College, Meerut (U.P.)</i>	<i>State</i>	<i>Speaker</i>

31. Administrative Experience:-

<i>S.No.</i>	<i>Name of the Committee</i>	<i>Types of Participation</i>	<i>Whether University or College Level</i>	<i>Year</i>
<i>1</i>	<i>N.S.S. Unit – II</i>	<i>Officer</i>	<i>University</i>	<i>2019 to till date</i>
<i>2</i>	<i>Staff Club</i>	<i>Member</i>	<i>College</i>	<i>2019 to till date</i>
<i>3</i>	<i>College Magazine</i>	<i>Member</i>	<i>College</i>	<i>2019 to till date</i>
<i>4</i>	<i>Cleanliness Committee</i>	<i>Member</i>	<i>College</i>	<i>2019 to till date</i>

5	<i>Canteen Committee</i>	<i>Member</i>	<i>College</i>	<i>2018 to till date</i>
6	<i>Hospitality</i>	<i>Member</i>	<i>College</i>	<i>2018 to till date</i>
7	<i>Student Welfare Association</i>	<i>Incharge</i>	<i>College</i>	<i>2015 to till date</i>
8	<i>B.A. I Admission</i>	<i>Member</i>	<i>College</i>	<i>2016 to till date</i>
9	<i>Proctorial Board</i>	<i>Member</i>	<i>College</i>	<i>2017 to till date</i>
10	<i>Plantation Committee</i>	<i>Member</i>	<i>College</i>	<i>2019 to till date</i>
11	<i>IQAC</i>	<i>Member</i>	<i>College</i>	<i>2015 to till date</i>
12	<i>M.A. Admission</i>	<i>Incharge</i>	<i>College</i>	<i>2020 to till date</i>
13	<i>Capacity Building Program/ Certificate & ADD- On- Course</i>	<i>Incharge</i>	<i>College</i>	<i>2021 to till date</i>
15	<i>Stock Checking</i>	<i>Member</i>	<i>College</i>	<i>2014 to till date</i>
16	<i>Exhibition & Outreach Activities</i>	<i>Incharge</i>	<i>College</i>	<i>2014 to till date</i>
17	<i>Alumni</i>	<i>Incharge</i>	<i>College</i>	<i>2015 to till date</i>
18	<i>Purchasing</i>	<i>Member</i>	<i>College</i>	<i>2015 to till date</i>
19	<i>Innovative Stitchery Centre</i>	<i>Incharge</i>	<i>College</i>	<i>2021 to till date</i>
20	<i>Nagar Nigam Activity, Meerut</i>	<i>Converner</i>	<i>College</i>	<i>2022-2023</i>
21	<i>Activity Club</i>	<i>Co- Incharge</i>	<i>College</i>	<i>2017-to till date</i>
22	<i>Art & Craft in Pidilite Industries Ltd</i>	<i>Course Co-ordinator</i>	<i>College</i>	<i>2023-2024</i>
23	<i>Nukkad Natak Activities</i>	<i>Incharge</i>	<i>College</i>	<i>2016 to till date</i>
24	<i>Best out of Waste Activity in Youth Festival Abhiyukti</i>	<i>Incharge</i>	<i>College/ University</i>	<i>2022- 2023</i>

32. Future plans:

- In the coming years, my goal as a teacher is to evolve into a dedicated research guide.
- I plan to establish strong connections within academic and research circles, attending conferences, and collaborating with fellow educators and researchers. This networking will not only expand my own knowledge but also allow me to provide students with valuable industry insights and connections.
- Through dedication, continuous learning, and fostering meaningful relationships, I aspire to become a successful research guide in the future.