

Curriculum vitae

1. Name: Dr. Anupma Singh
2. Designation : Incharge & Asst. Professor
3. Subject: Teacher Education
4. Academic Qualifications: M.Sc., M.Ed., NET(Education)
5. Areas of interest/Specialization: Advanced Statistics
6. Date of Birth: 26/04/1970
7. Date of Joining: 21/Nov/2004
8. Experience: 21 Year
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12. Areas of research: Educational Psychology, Advanced Statistical Techinques.
13. Digital Profile:

ORCHID ID- 0009-0005-9480-1822

GOOGLE SCHOLAR ID – <https://scholar.google.com/citation?hl=en&user=TBla6EEAAAAJ>

VIDWAN ID - 478169

WoS - QKZ- 4258-2026



14. Research Papers (Journals)

S.No	Title of the paper	Research Journal (Volume & Page No)	Whether Regional/ State/ National/ International	ISSN/ISB N	Impact Factor (If Any)
1.	Mental health and Burnout	Perspectives of psychological researches Vol.31, 2008 no. 1 Pp.1-7	National	ISSN 0978-1562	
2.	Gender differences and burnout	Perspectives of Psychological Researches.(Vol .31, 2008,No. 2)	National	ISSN 0978-1562	
3.	A comparative study of burnout tendency among professional students	Psychological Researches. (Vol.31, 2008,No. 2).	National	ISSN 0978-1562	
4.	Prolonged Deprivation: a correlate of burnout	Journal of Humanities and Social Sciences,2016	National		
5.	Ancient Indian Water Management: A Holistic Legacy of Engineering, Philosophy and Community.	Journal Global Values. (A Multi-disciplinary, Peer Reviewed & Refereed International Journal) (Vol. XVI, 2 July 2025).	International	ISSN: (P) 0976-9447(e)2454-8391	8.888(SJIF)
6.	The Technological Bedrock: Ancient Indian Farming Tools That Shaped Civilization.	Journal Global Values. (A Multi-disciplinary, Peer Reviewed & Refereed International Journal) (Vol. XVI, 2 July 2025).	International	ISSN: (P) 0976-9447(e)2454-8391	8.888(SJIF)

15 . Research Paper/ Article Presented: (Seminar / Workshop)

S.No	Title of the paper/ Article Presented	Title of the Conference/ Seminar	Date& Place	Organised & Sponsored By	Whether College/ University/ Regional/ State/ National/ International
1.	Lesson Planning in Science	Workshop on preparation of objective based Utilitarian Lesson plan	September 11-12, 2012	Astron College of Education Meerut	Regional Level
2	Role of Individualized Instructional material for effective outcomes in Science Teaching	National Seminar on Teaching & Learning with Media & Technology	April 20 th , 2013.	R.G. (P. G.) College, Meerut	R.G. (P. G.) College, Meerut
3	Promoting Life Skills in educational curriculum	National Seminar on Spiritual Orientation: A Predictor of Mental Health in Teaching Professionals	January 28th, 2015	R.G. (P. G.) College, Meerut	Regional Level
4.	Ancient India Wisdom: A look back	National Seminar on Relevance of Ancient Indian Wisdom In contemporary India	September 14 th 2015	I.N.P.G, Meerut	UGC Sponsored
5.	Gandhi: Relevance in contemporary education	National Seminar on 4G Gandhi Ganga, Gau and Gaon	October 1-2, 2019	I. N .P. G College, Meerut	UGC Sponsored
6.	Research Methodology	International Conference on Scientific writing & Publication: Bridging Research and Readership	November 22, 2025	R.G. (P. G.) College, Meerut	R.G. (P.G.) College, Meerut

7.	Ancient Indian Wisdom and water Conservation Techniques”	International Seminar on " From Ancient Wisdom to Modern Innovation : Leveraging Indian Knowledge Systems for Viksit Bharat @2047 "	february 26,2026	R.G.P.G. College, Meerut	International
8.	Artificial Intelligence in Education:Transforming Learning and Assesment in 21 st Century	Two days International Conference on " Viksit Bharat 2047: the Role of Bhartiya Gyan Parampara, Research & Publication "	March 28,2026 - March 29,2026	Nrityanjali Publication House, Rampur, UP	International

16. Conference/ Seminar/ Webinar/Workshop/ Exhibition Organised

S.No	Name	Date	Whether Conference/ Seminar/ Workshop/ Exhibition	Whether College/ University/ Regional/ State/ National/ International	Sponsored By
1	From Ancient Wisdom to Modern Innovation : Leveraging Indian Knowledge Systems for Viksit Bharat @2047	february 26,2026	Seminar	International	<u>Organized by</u> Dept. of Botany in collaboration with IQAC , IKS Cell, RGPG Innovation Council, Research Development Cell and Plant conservation Society <u>Sponsored by</u> — Botany Alumni Association, CCS University, Meerut
2	Transferring Education through NEP-2020;Implementation, Challenges and Future Roadmap.	29.07.24	Webinar	National	Innovation Cell, Teacher Reskilling Cell and Education Department.
3.	Induction Training For Teachers At HEIs	21 st – 22 nd Dec.2022	Conference	National	Department of Education IQAC. RG. College, Meerut
4.	Landscape of Higher Education in India	29 th - 30 th Nov, 2021	Conference	National	Department of Education IQAC. RG.College, Meerut,

5.	NEP-2020: A perspective of Teacher Education	12th Sep.2 020	Webinar	National	Department of Education RG. College, Meerut.
6.	Spiritual Orientation : A Predictor of Mental Health in Teaching Professionals	January 28 th ,2015	Seminar	National	Deptt. of Education, R.G. (P.G.) College, Meerut.
7.	National Symposium on “Corrections desired in the Right to Education Act	Nov. 9 th 2013	Symposium	National	‘SAROKAR’ and Dept. of Education, R.G. (P.G.) College, Meerut
8.	Teaching & Learning with Media and Technology	April 20 th , 2013	Seminar	National	Dept. of Education, R.G. (P.G.) College, Meerut
9.	Mental Illness : Depression” and “Learned Optimism : A skill – approach to Depression	Feb.2 nd 2012 ,	Seminar	International	Deptt. of Education, R.G. (P.G.) College, Meerut
10.	Emotional Intelligence	Jan 22 nd , 2010	Seminar	National	Deptt. of Education, R.G. (P.G.) College, Meerut
11.	Identification of special children and teaching tactics	Dec 9, 2009	Workshop	Regional	Deptt. of Education, R.G. (P.G.) College, Meerut
12.	New approaches of education	Nov 11, 2009	Seminar	Regional	Deptt. of Education, R.G. (P.G.) College, Meerut
13.	Innovation in teaching learning Process	April 16-17, 2008	Workshop	Regional	Deptt. of Education, R.G. (P.G.) College, Meerut

17. Faculty Development Programme attended

S.No	Type of FDP	Title of the FDP	Place	Dates	Grade(If Any)
1.	National Level	Herbal Entrepreneurship Wellnes;Business, Sustainability and Herbal Medicine	RG (P.G) College, Meeurt.	10/12/24- 14/12/24	
2.	National level	School Activities based Practicum	Dewan Inst. of Management studies, Meeurt.	17 th April- 04 May, 2023	
3.	National level	New Trends in Research Methodology	RG (P.G) College, Meeurt.	11- 17 th Feb. 2023	
4.	College level	How to prepare E- content	Online	July 12-18, 2020	
5.	National level, sponsored by MGNC RE, MHRD, Govt. of India	Experiential Learning Gandhiji's Nai Talim	Dept. of Education, Meerut College, Meerut	August 17- 21 st 2019	
6.	Seven days National Workshop, sponsored by Govt. of Uttar Pradesh	Preparation of E- resources for School and College Subjects	Dept. of Education, N.A.S, college, Meerut	March 23 – 29, 2018	

18. Extension activities: -++

S.No	Name of the activity	Types of Participation	Whether School/ other Colleges/ University/ Regional/ State/ National/ International	Date	Collaboration (If Any)
1.	Gyanoday - NGO	Donations, adoption and educational activities	Personal	2006- till date	
2.	VAANI- school for hearing impaired	Co-ordinator for B.Ed students visit	Regional level	2010- till date (yearly activity)	

19. Administrative Activities in College/ University

S.No	Name of the Committee	Types of Participation	Whether University or College Level	Year
1.	IQAC-NAAC	Departmental Co-ordinator	College Level	2008- Till Date
2.	Head Of Department (B.Ed)	Leading the departmental activities	College Level	2017- Till Date