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To

The Vice Chancellor

C.C.S. University

Meerut

Date: 18.06.2021

The Board of Studies in Philosophy, C.C.S. University, Meerut has approved the major curriculum for the students of B.A. Philosophy in compliance with the New Education Policy, 2020 in the meeting conducted online on 30.5.2021 and designed two minor papers in Philosophy for the students of other streams. This curriculum is ready to be implemented from the session 2021-2022.

Registrar

A.C. to consider

Mr

18/6/21

Dr. D.M. Singh  
18/6/2021

डॉ० दीनानाथ सिंह  
अध्यक्ष, दर्शन विभाग,  
मेरठ कालिज, मेरठ  
संयोजक पाठ्य समिति, दर्शनशास्त्र,  
डॉ० चरण सिंह विश्वविद्यालय, मेरठ

IIC (Comp. & Res.)  
AB (Acad.)

Registrar



**National Education Policy-2020**  
**Common Minimum Syllabus for all U.P. State Universities/ Colleges**  
**SUBJECT: PHILOSOPHY**

Name	Designation	Affiliation
<b>Steering Committee</b>		
Mrs. Monika S. Garg, (I.A.S.), Chairperson Steering Committee	Additional Chief Secretary	Dept. of Higher Education U.P., Lucknow
Prof. Poonam Tandan	Professor, Dept. of Physics	Lucknow University, U.P.
Prof. Hare Krishna	Professor, Dept. of Statistics	CCS University Meerut, U.P.
Dr. Dinesh C. Sharma	Associate Professor	K.M. Govt. Girls P.G. College Badalpur, G.B. Nagar, U.P.
<b>Supervisory Committee - Arts and Humanities Stream</b>		
Prof. Divya Nath	Principal	K.M. Govt. Girls P.G. College Badalpur, G.B. Nagar, U.P.
Prof. Ajay Pratap Singh	Dean, Faculty of Arts	Ram Manohar Lohiya University, Ayodhya
Dr. Nitu Singh	Associate Professor	HNB Govt P.G College Prayagaraj
Dr. Kishor Kumar	Associate Professor	K.M. Govt. Girls P.G. College Badalpur, G.B. Nagar, U.P.
Dr. Shweta Pandey	Assistant Professor	Bundelkhand University, Jhansi

**Syllabus Developed by:**

S. N.	Name	Designation	Department	College/ University
1	Prof. Dwarka Nath	Professor & Head	Philosophy	Deen Dayal Upadhyaya Gorakhpur University, Gorakhpur, UP
2	Dr. Zarin Nazar	Associate Professor	Philosophy	Raja Mohan Girls P.G. College, Ayodhya, UP
3	Dr. Abhishek Kumar	Assistant Professor	Philosophy	Ganpat Sahai P.G. College, Sultanpur, UP

## Syllabus for B.A. (Philosophy)

### Semester-wise Titles of the Papers in BA (Philosophy)

Year	Sem.	Course Code	Paper Title	Theory/Practical	Credits
1	I	A100101T	Indian Philosophy	Theory	6
1	II	A100201T	Western Philosophy	Theory	4
1	II	A100202P	Yoga	Practical	2
2	III	A100301T	Ethics (Indian and Western)	Theory	6
2	IV	A100401T A100402T	Indian Logic or Western Logic	Theory	4
2	IV	A100403P	Yoga	Practical	2
3	V	A100501T	Problems of Philosophy (Indian and Western)	Theory	5
3	V	A100502T	Applied Philosophy	Theory	5
3	V	A100503R	Research Project I	Project	3
3	VI	A100601T	Philosophy of Religion	Theory	4
3	VI	A100602T	Socio-Political Philosophy	Theory	4
3	VI	A100603P	Yoga	Practical	2
3	VI	A100604R	Research Project II	Project	3

Subject prerequisites: Open to all.

**List of Papers:**

Year	Semester	Paper 1 Theory	Credits	Paper 2 Theory/Practical	Credits	Paper 3 Theory/Practical	Credits	Research Project	Credits	Total Credits
1	I	Indian Philosophy	6	NIL	NIL	NIL	NIL	NIL	NIL	6
	II	Western Philosophy	4	Yoga (Practical)	2	NIL	NIL	NIL	NIL	6
2	III	Ethics (Indian and Western)	6	NIL	NIL	NIL	NIL	NIL	NIL	6
	IV	Indian Logic or Western Logic	4	Yoga (Practical)	2	NIL	NIL	NIL	NIL	6
3	V	Problems of Philosophy (Indian and Western)	5	Applied Philosophy	5	NIL	NIL	Research Project I	3	13
	VI	Philosophy of Religion	4	Socio-Political Philosophy	4	Yoga (Practical)	2	Research Project II	3	13

**Programme Outcome (After 3 Years):** The completion of the 3 years graduation programme in Philosophy will enable a student to:

- (i) Understand the broad ideas that are enshrined in the basic thinking of various centres of philosophy
- (ii) Critically analyse the hypothesis, theories, techniques and definitions offered by philosophers
- (iii) Understand many theories related to Philosophy of Religion, which will be helpful in solving many misconceptions related to Religion.
- (iv) Utilize philosophy to understand social realities and problems and to come up with ideal solutions to them
- (v) Identify how deeply Philosophy is connected to other disciplines like Social Science, Political Science and Natural Sciences.
  
- (vi) Understand various issues of Applied Philosophy which are very important and relevant in contemporary world.
  
- (vii) Integrate their physical, mental and spiritual faculties so that the students can become healthier and more integrated members of the society and of the nation by the practice of Yoga.
  
- (viii) Learn tools, techniques and skills regarding the research oriented activities by the study & practice of project work.

### **Programme Specific Outcome for 1<sup>st</sup> Year**

By studying this course of one year, a student will be able to develop his/her understanding about classical Indian philosophy as well as Plato and Aristotle, the two leading thinkers of western philosophy and modern western philosophy. In this way, after one year of study, he/she would learn about both Indian and Western streams of Philosophy. Moreover, Study & practice of this course will provide a stressless and effortless life, expansion of consciousness, regulation of the nervous system etc.

#### **B.A. 1 (Semester I)**

##### **Paper 1 (Theory)**

Programme/Class: Certificate	Year: First	Semester: First
Subject: Philosophy		
Course Code: A100101T	Course Title: Indian Philosophy	

Course outcomes: By studying this course, a student will learn various treatise on Classical Indian Philosophy and enquiries into the different texts which laid the foundation for Indian Philosophy.		
Credits: 6		Core Compulsory
Max. Marks: 25+75		Min. Passing Marks: 09+25
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 6-0-0		
Unit	Topics	No. of Lectures
I	Introduction: Common characteristics and classification of Indian philosophical school: Āstika and Nāstika Cārvāka School: Epistemology, Metaphysics, Ethics	12
II	Jainism: Concept of sat, dravya, paryāya, Guṇa; Anekāntavāda, Syādvāda and Sapta-bhaṅgi-naya, Theory of Karma, Bondage and Liberation.	11
III	Buddhism: Four noble truths, Theory of dependent origination (Pratītyasamutpāda), Definition of Reality (Arthakriyākāritvamsattvam), Doctrine of momentariness (Kṣhaṇabhaṅgavāda), Theory of no-soul	11

	(Nairātmyavāda), Nirvāṇa, Hīnyāna and Mahāyāna	
IV	Sāṅkhya: Satkāryavāda, Nature of Prakṛti, its constituents and proofs for its existence, Nature of Puruṣa and proofs for its existence, plurality of the Puruṣas, theory of evolution Yoga: Citta, Cittavṛtti, Cittabhūmi, Eight fold path of Yoga (Aṣṭāṅga Yoga), God	11
V	Nyāya: Pramā and Pramāṇa, Pratyakṣa (definition), Sannikarṣa, Classification of Pratyakṣa: Nirvikalpa, Savikalpa, Laukika, Alaukika, Anumiti, Anumāna (definition), Vyāpti, Parāmarśa, Classification of Anumāna: Pūrvavat, Śeṣavat, Sāmānyatodṛṣṭa, Kevalānvayi, Kevalavyatireki, Anvaya-vyatireki, Svārthanumāna, Parārthanumāna, Upmāna, Sabda Pramāṇa.	12
VI	Vaiśeṣika: Padārtha, Dravya, Guṇa, Karma, Sāmānya, Viśeṣa, Samavāya, Abhāva Mīmāṃsā (Prabhākara and Bhatta): Arthāpatti and Anuplabdhi as source of knowledge.	11
VII	Advaita Vedānta: Śaṅkara's view of Brahman, Saguṇa and Nirguṇa Brahman, Three grades of Sattā: Prātibhāsika, Vyāvahārika, Pāramārthika, Jīva, Jagat, Māyā and Mokṣa.	11
VIII	Viśiṣṭādvaita Vedānta: Rāmānuja's view of Brahman, Jīva, Jagat, Refutation of the doctrine of Māyā, Mokṣa.	11
<b>Suggested Readings:</b>		
1. Datta, D.M. & Chatterjee, S. C., "An Introduction to Indian Philosophy", Rupa Publication India Pvt. Ltd., New Delhi, 2007.		
2. Datta, D.M. & Chatterjee, S. C., "Bhartiya Darshan", Pustak Mahal, Patna, 2013.		
3. Hiriyanna, M., "Outlines of Indian Philosophy", Motilal Banarasidass Publishers Pvt. Ltd., Delhi, 2014.		
4. Mohanty, J. N., "Classical Indian Philosophy", Rowman and Littlefield Publishers INL Maryland, U.S.A., 1992.		
5. Pandey, S.L., "Bhartiya Darshan ka Sarvekshana", Central Publishing House, Allahabad, 2008.		
6. Radhakrishnan, S., "Indian Philosophy (Vol. I & II)", Oxford University Press, New Delhi, 2008.		
7. Raju, P.T., "The Philosophical Traditions of India", Motilal Banarasidass Publication Pvt. Ltd., New Delhi, 2009.		
8. Sharma, C.D., "Bhartiya Darshan: Aalochan evam Anusheelan", Motilal Banarasidass Publication Pvt. Ltd., New Delhi, 2013.		
9. Sharma, C.D., "A Critical Survey of Indian Philosophy", Motilal Banarasidass Publication Pvt. Ltd., New Delhi, 2016.		
10. Suggestive digital platforms web links- <a href="http://heecontent.upsdc.gov.in/Home.aspx">http://heecontent.upsdc.gov.in/Home.aspx</a>		
This course can be opted as an elective by the students of following subjects: Open to all		

Suggested Continuous Evaluation Methods: Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)
Course prerequisites: Open to All
Suggested equivalent online courses: Coursera, SWAYAM
Further Suggestions:

**B.A. 1 (Semester II)**

**Paper 1  
(Theory)**

Programme/Class: Certificate	Year: First	Semester: Second
Subject: Philosophy		
Course Code: A100201T	Course Title: Western Philosophy	
Course outcomes: In this course, a student will learn the various thinkers who shaped the form of Western Philosophy.		
Credits: 4	Core Compulsory	
Max. Marks: 25+75	Min. Passing Marks: 09+25	
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 4-0-0		
Unit	Topics	No. of Lectures
I	Plato and Aristotle: Ideas, Substance, Form and Matter, Causation, Actuality and Potentiality	08
II	Descartes: Cartesian method of doubt, <i>cogito ergo sum</i> , criterion of truth, types of ideas, Proofs for the existence of God, Mind-body relation: Interactionism	08
III	Spinoza: Doctrine of substance, attributes and modes, Existence of God, Pantheism, Parallelism	08



IV	Leibnitz: Monads, Truth of reason, Truth of facts, Innateness of ideas, Doctrine of pre-established harmony	06
V	Locke: Refutation of innate ideas, the origin and formation of ideas, simple and complex ideas, substance, modes and relations, nature of knowledge and its degrees, limits of knowledge, primary and secondary qualities.	08
VI	Berkeley: Refutation of abstract ideas, criticism of locke's distinction between primary and secondary qualities, Immaterialism, <i>esse est percipi</i> , role of God	08
VII	Hume: Impression and Ideas, distinction between judgements concerning relations of ideas and judgements concerning matters of fact, theory of causality, theory of self and personal identity, Scepticism.	08
VIII	Kant: Conception of critical Philosophy, distinction between <i>a priori</i> and <i>a posteriori</i> judgements, distinction between analytical and synthetic judgements, Possibility of synthetic <i>a priori</i> judgements, Copernican revolution.	06

**Suggested Readings:**

1. Connor, D.J.O., "A Critical History of Western Philosophy", Free Press, Parent Company Simon and Schuster, New York, 1985.
2. Ewing, A.C., "The Fundamental Question of Philosophy", Routledge and Kegan Paul Ltd., New York, 2012.
3. Falckenberg, R., "History of Modern Philosophy", Create Space Independent Publishing Platform, Scotts Valley, Carolina, 2015.
4. Kenny, Anthony, "A New History of Western Philosophy", Oxford University Press, Oxford, 1985.
5. Masih, Y., "A Critical History of Western Philosophy (Greek, Medieval, Modern)", Motilal Banarasidass Publication Pvt. Ltd., New Delhi, 2017.
6. Russel, Bertrand, "History of Philosophy", Routledge, New York, 2004.
7. Scruton, R., "A Short History of Modern Philosophy from Descartes to Wittgenstein", Routledge Publishers, Pustak Mahal, New Delhi, 2001.
8. Srivastava, J.S., "Adhunik Darshan ka Vajijnānik Itihas", Kitab Mahal, Allahabad, 2012.
9. Sharma, Chandradhar, "Pashchatya Darshan", Motilal Banarasidass, Delhi, 1998.
10. Thilly, F., "A History of Philosophy", SBW Publishers, New Delhi, 2018.
11. Upadhyaya, Harishankar, "Pashchatya Darshan ka Udbhav aur Vikas", Anusheelan Prakashan, Allahabad, 2004.
12. Wright, W.K., "A History of Modern Philosophy", Macmillan Company, Mumbai, 1952.
13. Suggestive digital platforms web links-  
<http://heecontent.upsdc.gov.in/Home.aspx>

This course can be opted as an elective by the students of following subjects: Open to All

**Suggested Continuous Evaluation Methods:**

Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)

Course prerequisites: Open to All.

Suggested equivalent online courses: Coursera, SWAYAM
Further Suggestions:

**Paper-2  
(Practical)**

Programme/Class: Certificate	Year: First	Semester: Second
Subject: Philosophy		
Course Code: A100202P	Course Title: Yoga	
Course outcomes: Study & practice of this course will provide a stressless and effortless life, expansion of consciousness, regulation of the nervous system etc.		
Credits: 2		Core Compulsory
Max. Marks: 25+75		Min. Passing Marks: 09+25
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 0-0-2		
Unit	Topics	No. of Lectures
I	Surya Namaskar	08
II	Sbatkarma: Neti, Dhauti, Nauli, Tratok, Vasti and Kapalbhathi	08
III	Asana: According to Gheranda Samhita Padmasana, Vajrasana, Muktasana, Swastikasana, Singhasana, Makarasana, Siddhasana, Sukhasana, Veerasana, Bhujangasana, etc	08
III	Pranayama: Nadishodhan Pranayam, Bhastrika, Kapalbhathi, Sheetli, Ujjai etc.	06
<b>Suggested Readings:</b>		
1. Adityanath, Yogi, "Hathyoga: Swaroop and Sadhna", Gorakhnath Mandir Math Trust, Gorakhpur, 2015.		
2. Gheranda Samhita		
3. Patanjali Yogasutra		

<ol style="list-style-type: none"> <li>4. Ramdev, Swami, "Yoga Sadhna evam Yoga Chikitsa Rahasya", Divya Prakashan, Haridwar, 2004.</li> <li>5. Saraswati, Swami Satyananda, "Asana Pranayama Mudra Bandh", Bihar School of Yoga, Bihar, 2013.</li> <li>6. Yogananda, Paramhansa, "Autobiography of a yogi", Yogoda Satsanga Society of India, Ranchi, 1998.</li> <li>7. Yogananda, Paramhansa, "Yogi Kathamrit", Yogoda Satsanga Society of India, Ranchi, 2005.</li> </ol>
This course can be opted as an elective by the students of following subjects: Open to all
Suggested Continuous Evaluation Methods: Assignment (15 Marks), Attendance (10 Marks)
Course prerequisites: Open to All
Further Suggestions:

**Programme Specific Outcome for 2<sup>nd</sup> Year:** By studying the course of one year, a student will be able to develop his/her understanding about Ethics (Indian & Western) and Logic. In this way, after one year of study, he/she will be able to understand the moral concepts, principles and logical reasoning of Indian or Western Logic (whichever he/she chooses). Moreover, Study & practice of Yoga will provide better stamina, clarity for thoughts, a sense of inner peace, calmness, and stability in the body, Discipline their thoughts and Improved concentration.

### **B.A. 2 (Semester III)**

#### **Paper 1 (Theory)**

Programme/Class: Diploma	Year: Second	Semester: Third
Subject: Philosophy		
Course Code: A100301T	Course Title: Ethics (Indian and Western)	
Course outcomes: This course introduces the idea of Ethics and its relevance to society. In this paper a student studies some of the prominent theories related to Indian and Western Ethics.		
Credits: 6	Core Compulsory	

Max. Marks: 25+75		Min. Passing Marks: 09+25
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 6-0-0		
Unit	Topics	No. of Lectures
I	The Ethics of Bhagavadgītā: Nişkāma Karma-yoga, Sthitiprajña, Lokasaṃgraha Puruṣārthās and their inter-relations	12
II	Meaning of Dharma, Classification of Dharma: Sāmānya dharma, Viśeṣa dharma, Sādhāraṇa dharma, Concept of Ṛṇa and Ṛta	11
III	The general features of Jaina and Bauddha Ethics.	11
IV	The ethics of Gandhi: Eleven vows, Sarvodaya, Concept of seven sins, Doctrine of Trusteeship	11
V	Nature and scope of Ethics, Theories of ethics: Teleological and Deontological. Postulates of morality, problem of free will and determinism	12
VI	Moral and non-moral actions, Object of moral judgement-Motive and intention, ends and means. Value as standard of morality.	11
VII	Standards of morality: Hedonism- Ethical and Psychological, Utilitarianism: Bentham and Mill. Intuitionism, Butler's Theory of conscience as the ultimate standard of moral judgement.	11
VIII	Kant's ethical theory: Good will, Categorical Imperative, Duty for duty's sake Crime and theories of punishment, Issue of Capital punishment.	11
<b>Suggested Readings:</b> <ol style="list-style-type: none"> <li>1. Dasgupta, Surama, "Development of Moral Philosophy in India", Munshiram Manoharlal Publication, New Delhi, 1994.</li> <li>2. Frankena, W., "Ethics", Pearson, New Delhi, 1998.</li> <li>3. Maitra, S.K., "The Ethics of the Hindus", Calcutta University Press, Calcutta, 1963.</li> <li>4. Pandey, S.L., "Neetishastra ka Sarvekshana", Central Publishing House, Allahabad, 1992.</li> <li>5. Satyanarayana, Y.V., "Ethics: Theory and Practice", Pearson, New Delhi, 2009.</li> <li>6. Shaida, S.A., "Problems of Ethics", Spectrum Publications, Delhi, 2003.</li> <li>7. Sharma, I.C., "Ethical Philosophies of India", Johnsen Publishing, U.S.A., 1965.</li> <li>8. Tewari, K.N., "Classical Indian Ethical Thought", Motilal Banarasidass, New Delhi, 1998.</li> <li>9. Verma, Ved Prakash, "Neetishastra ke Mool Siddhanta", Hindi Madhyam Karyanvayan Nideshalaya, New Delhi, 1991.</li> <li>10. Suggestive digital platforms web links-</li> </ol>		

<http://heecontent.upsdc.gov.in/Home.aspx>

This course can be opted as an elective by the students of following subjects: Open to all

Suggested Continuous Evaluation Methods:

Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)

Course prerequisites: Open to All.

Suggested equivalent online courses:

Coursera, SWAYAM

Further Suggestions:

### **B.A. 2 (Semester IV)**

#### **Paper-1 (Theory)**

Programme/Class: Diploma	Year: Second	Semester: Fourth
Subject: Philosophy		
Course Code: A100401T	Course Title: Indian Logic	
Course outcomes: This course introduces the Indian Logic. By studying this course, a student will develop an understanding of various concepts and theories related to Indian logical reasoning.		
Credits: 4	Elective-I	
Max. Marks: 25+75	Min. Passing Marks: 09+25	
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 4-0-0		
Unit	Topics	No. of Lectures

I	Indian Logic: Definition, nature and scope.	08
II	Nature of Knowledge	08
III	Pramā and Apramā	08
IV	Pramāṇa: Nature and Its different kind. Perception according to Nyāya	06
V	Inference: according to Nyāya, Buddhism, Jainism.	08
VI	Verbal Testimony, Upmāna, Arthāpatti, Anuplabdhi	08
VII	Prāmāṇyavāda: Svataḥ and Parataḥ Prāmāṇyavāda	08
VIII	Khyātivāda. Theory of error	06
<p><b>Suggested Readings:</b></p> <ol style="list-style-type: none"> <li>1. Bandishtey, Dr. D.D. &amp; Sharma, Dr. Ramashankar, "Bhartiya Darshnik Nibandh" (ed.), Madhya Pradesh Hindi Grantha Academy, Bhopal, 2008.</li> <li>2. Barlingay, S.S., "A Modern Introduction to Indian Logic", Orient Book Distributers, New Delhi, 1976.</li> <li>3. Bijalvan, C.D., "Bhartiya Nyayashastra", Uttar Pradesh Hindi Sansthana, Lucknow, 1983.</li> <li>4. Chatterjee, S.C., "The Nyaya Theory of Knowledge", Rupa Publication, New Delhi, 2015.</li> <li>5. Ganeri, Jonardon, "Indian Logic: A Reader" (ed.), Routledge, New York, 2017.</li> <li>6. Maitra, S.K., "Fundamental Questions of Indian Metaphysics &amp; Logic", Chakraverty, Chatterjee &amp; Co. Ltd., Calcutta, 1956.</li> <li>7. Pandey, S.L., "Jñāna, Mulya evam Sat", Central Publishing House, Allahabad, 1988.</li> <li>8. Shastri, S. Kuppaswami, "A Primer of Indian Logic", KSRI Mylapore, Madras, 1951.</li> <li>9. Tiwari, Kedarnath, "Bhartiya Tarkshastra Parichaya (An Introduction to Indian Logic)", Motilal Banarasidass, Delhi, 2014.</li> <li>10. Tiwari, N.P., "Bhartiya tarkshastra (Indian Logic)", PHI Learning Private Limited, Delhi, 2009.</li> <li>11. Suggestive digital platforms web links- <a href="http://heccontent.upsdc.gov.in/Home.aspx">http://heccontent.upsdc.gov.in/Home.aspx</a></li> </ol>		
This course can be opted as an elective by the students of following subjects: Open to All		
<p><b>Suggested Continuous Evaluation Methods:</b> Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)</p>		
Course prerequisites: Open to All.		

Suggested equivalent online courses: Coursera, SWAYAM
Further Suggestions:

**Paper-1  
(Theory)**

Programme/Class: Diploma	Year: Second	Semester: Fourth
Subject: Philosophy		
Course Code: A100402T	Course Title: Western Logic	
Course outcomes: This course introduces the Western Logic. By studying this course, a student will develop an understanding of various concepts and theories related to western logical reasoning.		
Credits: 4		Elective-II
Max. Marks: 25+75		Min. Passing Marks: 09+25
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 4-0-0		
Unit	Topics	No. of Lectures
I	Logic and arguments, deductive and inductive arguments, truth and validity. Informal fallacies	08
II	Categorical Propositions and classes: quality, quantity and distribution of terms, translating categorical propositions into standard form	08
III	Immediate inferences: Conversion, Obversion and Contraposition, Traditional square of opposition and immediate inferences.  Categorical syllogism: Standard form of Categorical Syllogism, The formal nature of syllogistic argument, Rules and fallacies.	08
IV	Boolean interpretation of categorical propositions; Venn diagram technique for testing Syllogism, Hypothetical and Disjunctive Syllogism	06
V	Induction: Analogy, Mill's methods of experimental inquiry, Criticism of Mill's method	08

<b>VI</b>	Symbolic Logic: The value of special symbols; Truth-functions; Symbols for Negation, Conjunction, Disjunction, Conditional Statements and Material Implication. Tautologous, Contradictory and Contingent Statement-forms; The three laws of thought.	08
<b>VII</b>	Testing statement and statement form, Validity of argument and argument form by the method of truth-table.	08
<b>VIII</b>	Science and Hypothesis: Scientific and Unscientific explanation, criteria of evaluation of hypothesis.	06
<b>Suggested Readings:</b>		
<ol style="list-style-type: none"> <li>1. Chakraborti, Chhanda, "Logic: Informal, Symbolic &amp; Inductive", PHI Learning Private Limited, Delhi, 2016. Second Edition.</li> <li>2. Cohen &amp; Nagel, "Introduction to Logic and Scientific Method", Read Books, India, 2008.</li> <li>3. Copi, Irving M., Cohen, Carl &amp; McMohan, Kenneth, "Introduction to Logic", Pearson India Education Service Pvt. Ltd., Delhi, 2016. Fourteenth Edition.</li> <li>4. Pathak, Rammurti, "Tarkashastra Praveshika", Abhimanyu Prakashan, Allahabad, 2004.</li> <li>5. Seth, Shyam Kishor &amp; Mishra, Neelima, "Tarkashastra: Ek Adhunik Parichaya", Lokabharti Prakashan, Allahabad, 2004</li> <li>6. Suggestive digital platforms web links- <a href="http://heecontent.upsdc.gov.in/Home.aspx">http://heecontent.upsdc.gov.in/Home.aspx</a></li> </ol>		
This course can be opted as an elective by the students of following subjects: Open to All		
<b>Suggested Continuous Evaluation Methods:</b>		
Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)		
Course prerequisites: Open to All		
<b>Suggested equivalent online courses:</b>		
Coursera, SWAYAM		
<b>Further Suggestions:</b>		



**Paper-2  
(Practical)**

Programme/Class: Diploma		Year: Second	Semester: Fourth
Subject: Philosophy			
Course Code: A100403P		Course Title: Yoga	
Course outcomes: Study & practice of this course will provide better stamina, clarity for thoughts, a sense of inner peace, calmness, and stability in the body, Discipline your thoughts and Improve concentration.			
Credits: 2		Core Compulsory	
Max. Marks: 25+75		Min. Passing Marks: 09+25	
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 0-0-2			
Unit	Topics		No. of Lectures
I	Asana: Mayurasana, Mandukasana, Sheershasna, Sarvangasana, Halasana, Bhujangasana, Muktasana, Makarasana, Shalabhasana, Chakrasana, etc		08
II	Pranayama: Suryabhedan, Sheetli, Sheetkari, Bhastrika, Ujjai, Bhramari, etc		08
III	Dhyana (Meditation): Vipassana		08
IV	Samagra yoga dhyana (Sri Aurobindo)		06
<b>Suggested Readings:</b>			
<ol style="list-style-type: none"> <li>1. Adityanath, Yogi, "Hathyoga: Swaroop and Sadhna", Gorakhnath Mandir Math Trust, Gorakhpur, 2015.</li> <li>2. Gheranda Samhita</li> <li>3. Patanjali Yogasutra</li> <li>4. Ramdev, Swami, "Yoga Sadhna evam Yoga Chikitsa Rahasya", Divya Prakashan, Haridwar, 2004.</li> <li>5. Saraswati, Swami Satyananda, "Asana Pranayama Mudra Bandh", Bihar School of Yoga, Bihar, 2013.</li> <li>6. Yogananda, Paramhansa, "Autobiography of a yogi", Yogoda Satsanga Society of India, Ranchi, 1998</li> <li>7. Yogananda, Paramhansa, "Yogi Kathamrit", Yogoda Satsanga Society of India, Ranchi, 2005.</li> </ol>			
This course can be opted as an elective by the students of following subjects: Open to all			
<b>Suggested Continuous Evaluation Methods:</b>			
Assignment (15 Marks), Attendance (10 Marks)			
Course prerequisites: Open to All			
<b>Further Suggestions:</b>			

### Programme Specific Outcome for 3<sup>rd</sup> Year:

By studying this one year course, a student will become aware of Indian and Western Philosophical Problems. He/She will develop an understanding of various epistemological and metaphysical concepts. He/She will understand many theories related to Philosophy of Religion, which will be helpful in solving many misconceptions related to Religion. Student will have a better understanding by studying various Social and Political concepts and theories. The student will learn various issues of Applied Philosophy which are very important in contemporary world. Moreover, study of Yoga will provide improved attention in studies, better stamina and co-ordination for sports and a heightened awareness and balanced attitude for social activity and by the study & practice of project work student would be able to learn tools, techniques and skills regarding the research oriented activities.

### B.A. 3 (Semester V)

#### Paper 1 (Theory)

Programme/Class: Bachelor	Year: Third	Semester: Fifth
Subject: Philosophy		
Course Code: A100501T	Course Title: Problems of Philosophy (Indian and Western)	
Course outcomes: By studying this course, a student will learn various Epistemological and Metaphysical problems and theories related to Indian & Western Philosophy.		
Credits: 5	Core compulsory	
Max. Marks: 25+75	Min. Passing Marks: 09+25	
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 5-0-0.		
Unit	Topics	No. of Lectures
I	The main problems of Indian Philosophy, Problem regarding creation, Theories regarding creation-Materialism, Parmāṇukāraṇavāda, Prakṛti-pariṇāmavāda, Māyāvāda, Brahma-pariṇāmavāda.	10
II	Problems of Causality, Theories regarding Causality- Satkāryavāda, Asatkāryavāda, Prafityasamutpāda, Pariṇāmavāda, Vivartavāda.	09
III	Problems regarding Ātman (soul), Theories regarding Ātman: Bhūtacaitanyavāda, Anātmavāda, Anekāntavāda, Ekātmavāda,	09
IV	Nature of Reality: Monism, Dualism, Pluralism. Problems of Universals: Realism, Conceptualism, Nominalism	09

V	Problem of substance: Rationalism, Empiricism, Idealism and Realism Nature and source of knowledge: Rationalism, empiricism, criticism and intuitionism: <i>A priori</i> and <i>A posteriori</i> .	10
VI	Theories of Truth: Correspondence theory, Coherence theory and Pragmatic theory. Problem of Causality: Hume, J.S. Mill and Kant	10
VII	Creationism and Evolutionism: Problem of creationism, Theories of evolutionism: Creative evolutionism (Bergson), Emergent evolutionism (Alexander), Evolutionism of Aristotle and Hegel.	09
VIII	Problem and criteria of personal identity and other minds.	09

**Suggested Readings:**

1. Ayer, A. J., "The Central Questions of Philosophy", Penguin, U.K., 1991.
2. Bhattacharya, H.M., "Principles of Philosophy", Calcutta University, Calcutta, 2002.
3. Bijalvan, C.D., "Bhartiya Nyayashastra", Uttar Pradesh Hindi Sansthan, Lucknow, 1983.
4. Chatterjee, S.C., "Nyaya Theory of Knowledge", Dhartiya Kala Prakashan, New Delhi, 2008.
5. Datta, D.M., "Six Ways of Knowing", Motilal Banarasidass Pvt. Ltd., New Delhi, 1997.
6. Ewing, A.C., "Some Fundamental Questions of Philosophy", Routledge & Kegan Paul Ltd., New York, 2012.
7. Maitra, S.K., "Fundamental Questions of Indian Metaphysics & Logic", Chakraverty, Chatterjee & Co. Ltd., Calcutta, 1956.
8. Pandey, S.L., "Jñānamimamsa ke goodha Prashana", Asia Prakashan, Allahabad, 1984.
9. Prasad, Prof. Rajendra, "Darshan Shastra ki Ruprekha", Motilal Banarasidass, Delhi, 2011.
10. Raja, K.C., "Some Fundamental Problems of Indian Philosophy", Motilal Banarasidass, Delhi, 1974.
11. Russell, B., "Problems of Metaphysics", Hackett Publishing Company, Massachusetts, USA, 1990.
12. Sharma, C.D., "Bhartiya Darshan: Aalochan evam Anusheelan", Motilal Banarasidass Publication Pvt. Ltd., New Delhi, 2013.
13. Srivastava, Chandra Prakash, "Darshan ki Pramukh Samasyayein", Neelkamal Prakashan, Gorakhpur, 1993.
14. Tiwari, Kedarnath, "Tattvamimamsa evam Jñānamimamsa (Metaphysics and Epistemology)", Motilal Banarasidass, Delhi, 2009. Sixth Edition.
15. Tripathi, R.K., "Problems of Philosophy and Religion", Banaras Hindu University, UP, 1971.
16. Upadhyaya, H.S., "Jñānamimamsa ke Mool Prashana", Sharda Pustak Bhawan, University Road, Allahabad, 2006.
17. Woosley, A.D., "Theory of Knowledge", Routledge & Kegan Paul Ltd., New York, 2015.
18. Suggestive digital platforms web links-  
<http://heecontent.upsdc.gov.in/Home.aspx>

This course can be opted as an elective by the students of following subjects: Open to All
Suggested Continuous Evaluation Methods: Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)
Course prerequisites: Open to All
Suggested equivalent online courses: Coursera, SWAYAM
Further Suggestions:

**Paper-2  
(Theory)**

Programme/Class: Bachelor	Year: Third	Semester: Fifth
Subject: Philosophy		
Course Code: A100502T	Course Title: Applied Philosophy	
Course outcomes: By studying this course, a student will learn various issues of Applied Philosophy which are relevant in contemporary world.		
Credits: 5	Core compulsory	
Max. Marks: 25+75	Min. Passing Marks: 09+25	
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 5-0-0		
<b>Unit</b>	<b>Topics</b>	<b>No. of Lectures</b>

I	Yoga for Social, personal and spiritual development: Concept, meaning and historical tradition of Yoga	10
II	Kinds of Yoga: Bhakti Yoga, Jñāna Yoga, Karma Yoga, Raj Yoga	09
III	Modern Yogis: Swami Vivekananda, Sri Aurobindo, Paramhansa Yogananda and Sadguru	09
IV	The psychology and physiology of the eightfold path of Rajyoga – chitta, Chittavrtti, chittabhumi, klesha, Chakras, The eight steps- Yama, niyama, asana, Pranayam, Pratyahara, Dharna, Dhyana, Samadhi	09
V	Nature and Scope of Professional Ethics Media Ethics: Ethical issues in privacy, Censorship, Media bias.	10
VI	Medical Ethics: Surrogacy, Abortion, Euthanasia.	10
VII	Environmental Ethics – Homocentric values and cosmocentric values, save the earth- air, water, soil, forest, living species through sustainable development	09
VIII	Philosophical Counselling: Managing everyday problems	09
<p><b>Suggested Readings:</b></p> <ol style="list-style-type: none"> <li>1. Cheema, Pooja Lamba, "Vipassana", Prabhat Prakashan, New Delhi, 2017.</li> <li>2. Coady, David, Brownlee Kimberley and Rasmussen, Kasper Lippeř "A Companion to Applied Philosophy" (ed.), John Wiley and Sons Ltd., UK, 2017.</li> <li>3. Frankl, Victor E., "Man's Search for Meaning", Rider, Great Britain, 2008.</li> <li>4. Frankl, Victor E., "Jeevan ke Arth ki Talash me Manushya", Wow Publishing Pvt. Ltd., Pune, Maharashtra, 2020.</li> <li>5. Frey, R. G. and Wellman, Christopher Heath, "A Companion to Applied Ethics" (ed.), Blackwell Publishing Ltd, Germany, 2003.</li> <li>6. Guha, Debashis, "Practical and Professional Ethics (Vol. 2): Environmental Ethics", Concept Publishing Co., New Delhi, 2007.</li> <li>7. Iyengar, B. K. S., "Yoga for Everyone", Dorling Kindersley, Noida, 2018.</li> <li>8. Jatashankar, "Naitik Darshan ke Vividh Ayam", Shri Bhuvaneshvari Vidya Pratishthan, Allahabad, 2003.</li> <li>9. Naagarazan, R.S., "A Textbook On Professional Ethics and Human Values", New Age International (P) Limited Publishers, New Delhi, 2006.</li> <li>10. Raabe, Peter B., "Philosophical Counselling: Theory and Practice", Praeger Publishers Inc, USA, 2000</li> <li>11. Raabe, Peter B., "Issues in Philosophical Counselling", Praeger Publishers Inc, USA, 2002</li> <li>12. Subramanian, R., "Professional Ethics", Oxford University Press, USA, 2013.</li> <li>13. Vivekananda, Swami, "The Complete Book of Yoga : Karma Yoga, Bhakti Yoga, Raja Yoga, Jnana Yoga", Fingerprint Publishing, New Delhi, 2019</li> </ol>		

<p>14. Yogananda, Paramhansa, "Autobiography of a yogi", Yogoda Satsanga Society of India, Ranchi, 1998</p> <p>15. Yogananda, Paramhansa, "Yogi Kathamrit", Yogoda Satsanga Society of India, Ranchi, 2005.</p> <p>16. Dixit, Rajiv, "Paryavaran Darshan" Nikhil Publisher and Distributors, Agra, 2020</p> <p>17. Pandey, A.K., "Bharatiya Darshan me Paryavarana Chetana", Hindustani Academy, Allahabad</p> <p>18. Vinod kumari (Editor), "Issues in Applied Philosophy" Satyam Publishing House, New Delhi, 2009</p> <p>19. Suggestive digital platforms web links-  <a href="http://heeccontent.upsdc.gov.in/Home.aspx">http://heeccontent.upsdc.gov.in/Home.aspx</a></p>
This course can be opted as an elective by the students of following subjects: Open to All
Suggested Continuous Evaluation Methods: Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)
Course prerequisites: Open to All
Suggested equivalent online courses: Coursera, SWAYAM
Further Suggestions:

**Paper-3  
(Research Project)**

Programme/Class: Bachelor	Year: Third	Semester: Fifth
Subject: Philosophy		
Course Code: A100503R	Course Title: Research Project I	
Course outcomes: As the project works play important role in developing the essential attributes of research, by the end of this Course the student would be able to learn tools, techniques and skills regarding the research oriented activities under the continuous guidance of faculty members.		
Credits: 3	Core compulsory	
Max. Marks: 100	Min. Passing Marks: 33	
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 1-0-2		
Suggested Topics	No. of Lectures (1 hr. each)	No. of Practical (2 hr. each)

Concept of Dravya, Prāmāṇyavāda, Khyātivāda, Pramāṇa in Indian Philosophy, Materialism & Spiritualism, Karma and Rebirth, Advaita Vedānta & Viśiṣṭādvaita Vedānta, Mokṣa, Theories regarding Causality, Theories regarding creation, Theories regarding Ātman, Nature of Reality, The Ethics of	15	15
Bhagavadgītā, The ethics of Gandhi, Crime and punishment, Dharma & Religion, Standard of morality, Morality and Ethics, Mediate and Immediate Inferences, Induction & Deduction, Formal & Informal Fallacies, etc.		
Note: This list of topics is just a suggestion. It can be enriched and enlarged by respective faculty members.		

**B.A. 3 (Semester VI)**

**Paper 1  
(Theory)**

Programme/Class: Bachelor	Year: Third	Semester: Sixth
Subject: Philosophy		
Course Code: A100601T	Course Title: Philosophy of Religion	
Course outcomes: By studying this course, a student will learn various philosophies and theories related to religion and their relevance.		
Credits: 4	Core compulsory	
Max. Marks: 25+75	Min. Passing Marks: 09+25	
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 4-0-0		
Unit	Topics	No. of Lectures
I	Nature and scope of Philosophy of Religion, Religion, Science and Morality.	08
II	Foundations of religious belief: Reason, Revelation, Faith and Mystical experience.	08

III	Argument for the existence of God: Cosmological, Teleological, Moral and Ontological arguments, Nyāya arguments.	08
IV	The problem of evil and its solutions.	06
V	The general features of Hinduism, Jaina, Bauddha, Islam and Christianity	08
VI	God-world relationship: Deism, Theism, Pantheism and Panentheism	08
VII	The immortality of soul	08
VIII	Religious pluralism, Religious tolerance, Conversion and Secularism and meeting points of all religion.	06
<p><b>Suggested Readings:</b></p> <ol style="list-style-type: none"> <li>1. Bhattacharya, H.D., "Foundations of Living Faith", Motilal Banarasidass, New Delhi, 1994. Second Edition.</li> <li>2. Chatterjee, P.B., "Comparative Religion", Ramkrishna Mission Institute of Culture, Kolkata, 1996.</li> <li>3. Chatterjee, S.C., "The fundamentals of Hinduism: A Philosophical Study", Calcutta, 1950.</li> <li>4. Davies, Brian, "An Introduction to the Philosophy of Religion", Oxford University Press, New York, 2004. Third Edition.</li> <li>5. Hick, John, H., "Philosophy of Religion", Pearson India Educational Services Private Ltd., New Delhi, 2016. Fourth Edition.</li> <li>6. Masih, Y., "Tulnatmaka Dharma-Darshan", Motilal Banarasidass, New Delhi, 2018.</li> <li>7. Pandey, Rishi Kant, "Dharma-Darshan", Pearson India Educational Services Private Ltd., New Delhi, 2016.</li> <li>8. Verma, Ved Prakash, "Dharma Darshan Ki Mool Samasyaein", Hindi Madhyam Karyanvyan Nidcshalaya, Delhi Vishvavidyalaya, Delhi, 2010.</li> <li>9. Suggestive digital platforms web links- <a href="http://heecontent.upsdc.gov.in/Home.aspx">http://heecontent.upsdc.gov.in/Home.aspx</a></li> </ol>		
This course can be opted as an elective by the students of following subjects: Open to All		
<p><b>Suggested Continuous Evaluation Methods:</b> Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)</p>		
Course prerequisites: Open to All		
<p><b>Suggested equivalent online courses:</b> Coursera, SWAYAM</p>		
Further Suggestions:		



**Paper-2  
(Theory)**

Programme/Class: Bachelor	Year: Third	Semester: Sixth
Subject: Philosophy		
Course Code: A100602T	Course Title: Socio-Political Philosophy	
Course outcomes: By studying this course, a student will understand Social and Political aspects of Philosophy especially in the context of Indian society.		
Credits: 4	Core compulsory	
Max. Marks: 25+75	Min. Passing Marks: 09+25	
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 4-0-0		
Unit	Topics	No. of Lectures
I	Nature and scope of Social and Political Philosophy.	08
II	Individual, Society and State.	08
III	Social and Political ideals: Equality, Liberty and Justice, Rights and Duties. Concept of Human Rights.	08
IV	Tradition, change and modernity with special reference to Indian social institutions.	06
V	Gender discrimination: Female foeticide, Land and property rights, Empowerment and Caste discrimination.	08
VI	Political ideologies: Democracy, Socialism, Marxism, Communism and Gandhism.	08
VII	Humanism, Secularism and Multi-culturalism, Feminism.	08
VIII	Means of political action: Constitutionalism, Revolutionism, Terrorism, Satyagraha.	06
<b>Suggested Readings:</b>		
<ol style="list-style-type: none"> <li>1. Rajyashree, "Darshan, Manav evam Samaj", Madhya Pradesh Hindi Granth Academy, Bhopal, 2006.</li> <li>2. Gauba, O.P., "Social and Political Philosophy", Mayur Books, New Delhi, 2018. Fifth Edition.</li> <li>3. Joad, C.E.M., "Introduction to Modern Political Theory", Oxford University Press, London, 1953.</li> <li>4. Joad, C.E.M., "A Guide to Modern Thought", Kessinger Publishing LLC, USA, 2007.</li> <li>5. Mackenzie, J.S., "Outlines of Social Philosophy", George Allen &amp; Unwin Ltd., London, 2003.</li> <li>6. Pandey, S.L., "Samaj Darshan ki ek Pranali", Asia Prakashan, Allahabad, 1984.</li> </ol>		

<p>7. Pathak, Rammurti, "Samajik-Rajnitik Darshan ki Ruprekha", Abhimanyu Prakashan, Allahabad, 2008.</p> <p>8. Raphael, D.D., "Problems of Political Philosophy", Macmillan Press Ltd., Hampshire, London, 1990.</p> <p>9. Singh, Shiv Bhanu, "Samaj Darshan", Sharda Pustak Bhawan, Allahabad, 2008.</p> <p>10. Singh, Shiv Bhanu &amp; Shukla, S. K., "Critique of Justice", Philosophy Department Ewing Christian College, Allahabad, 2009.</p> <p>11. Suggestive digital platforms web links-  <a href="http://heecontent.upsdc.gov.in/Home.aspx">http://heecontent.upsdc.gov.in/Home.aspx</a></p>
This course can be opted as an elective by the students of following subjects: Open to All
<p>Suggested Continuous Evaluation Methods:  Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)</p>
Course prerequisites: Open to All
<p>Suggested equivalent online courses:  Coursera, SWAYAM</p>
Further Suggestions:

**Paper-3  
(Practical)**

Programme/Class: Bachelor	Year: Third	Semester: Sixth
Subject: Philosophy		
Course Code: A100603P	Course Title: Yoga	
Course outcomes: Study & practice of this course will provide improved concentration powers, better stamina, harmonization and healing of body, mind and soul.		
Credits: 2	Core Compulsory	
Max. Marks: 25+75	Min. Passing Marks: 09+25	

Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 0-0-2		
Unit	Topics	No. of Lectures
I	Pranayama: Kapalbhata, Sheetli, Sheetkari, Bhastrika, Ujjai, Bhramari, etc.	10
II	Dhyana: Yoganidra, Ajapa jaap, Antah maun, Chidakash dharana, Kriya yoga dhyana (Shyama Charan Lahiri, Paramhansa Yogananda)	10
III	Mudra & Bandh: Khechhari, Shambhavi, Gyan mudra, Chin mudra, etc.	10
<b>Suggested Readings:</b> <ol style="list-style-type: none"> <li>1. Adityanath, Yogi, "Hathyoga: Swaroop and Sadhna", Gorakhnath Mandir Math Trust, Gorakhpur, 2015.</li> <li>2. Gheranda Samhita</li> <li>3. Patanjali Yogasutra</li> <li>4. Ramdev, Swami, "Yoga Sadhna evam Yoga Chikitsa Rahasya", Divya Prakashan, Haridwar, 2004.</li> <li>5. Saraswati, Swami Satyananda, "Asana Pranayama Mudra Bandh", Bihar School of Yoga, Bihar, 2013.</li> <li>6. Yogananda, Paramhansa, "Autobiography of a Yogi", Yogoda Satsanga Society of India, Ranchi, 1998</li> <li>7. Yogananda, Paramhansa, "Yogi Kathamrit", Yogoda Satsanga Society of India, Ranchi, 2005.</li> </ol>		
This course can be opted as an elective by the students of following subjects: Open to all		
<b>Suggested Continuous Evaluation Methods:</b> Assignment (15 Marks), Attendance (10 Marks)		
Course prerequisites: Open to All		
Further Suggestions:		

**Paper-4  
(Research Project)**

Programme/Class: Bachelor	Year: Third	Semester: Sixth
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Subject: Philosophy		
Course Code: A100604R	Course Title: Research Project II	
Course outcomes: As the project works play important role in developing the essential attributes of research, by the end of this Course the student would be able to learn tools, techniques and skills regarding the research oriented activities under the continuous guidance of faculty members.		
Credits: 3	Core compulsory	
Max. Marks: 100	Min. Passing Marks: 33	
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 1-0-2		
Suggested Topics	No. of Lectures (1 hr. each)	No. of Practical (2 hr. each)
Religion & Morality, Argument for the existence of God, The problem of evil, Multi-Culturalism, Secularism, Religious Conversion, Religious Pluralism, Religious Tolerance, Idealism & Realism, Rationalism vs Empiricism, Mind-body Problem, Knowledge of Other minds, Personal Identity, Skepticism, Theories of Truth, Problems of Universals, Space & Time, Creationism and Evolutionism, Medical Ethics, Environmental Ethics, Media Ethics, Philosophical Counselling, Gender discrimination, Caste discrimination, Human Rights, Equality, Liberty and Justice, Feminism, Means of political action, Political ideologies, Kinds of Yoga, etc.	15	15
Note: This list of topics is just a suggestion. It can be enriched and enlarged by respective faculty members.		

**Minor:  
Paper 1  
(Theory)**

Programme/Class: Graduation	Year:	Semester:
Subject: Philosophy		
Course Code:	Course Title: <u>Applied Ethics</u>	
Course outcomes: By studying this course, a student will understand and resolve various ethical issues in contemporary world situations.		
Credits: 6		
Max. Marks:		Min. Passing Marks:
Total No. of Lectures-Tutorials-Practical (in hours per week): I -T-P: 6-0-0		
Unit	Topics	No. of Lectures
I	Definition, nature and scope of ethics and applied ethics	08
II	Medical ethics: Ethical issues in Euthanasia, Surrogacy, Female infanticide and Abortion	11
III	Media ethics: Ethical issues and dilemma faced by Reporters and Photo journalists, Digital media ethics- Social media, Blogging, Digital photo journalism and Online journalism	11

IV	Legal ethics: Duties of Advocates, Bar- bench relationship, Justice for all, Theories of Punishment	12
V	Business ethics: Corporate governance and Social responsibility, Fiduciary responsibility, Child labour, Food adulteration, Globalisation.	12
VI	Ethical implications of information technology: Cybercrime, Phishing, Hacking, Piracy, Click-fraud, Virus, Identity theft, System- security, Data loss, Unauthorised access, Biometric identification	12
VII	Environmental ethics: Homocentric values and Cosmocentric values, Save the earth- Air, Water, Soil, Forest, Living species through sustainable development. Deep ecology by Arne Naess, Biospherical egalitarianism, Chipko movement by Sundarlal Bahuguna, theory of Wantlessness by J.K.Mehta, effective Altruism of Peter Singer	12
VIII	Ethics in governance: Information sharing and transparency in government and private institutions, Probity, impartiality and accountability in public administration, Right to information (RTI)	12

**Suggested Readings:**

1. Coady, David, Brownlee Kimberley and Rasmussen, Kasper Lippert "A Companion to Applied Philosophy" (ed.), John Wiley and Sons Ltd., UK, 2017.
2. Frankl, Victor E., "Man's Search for Meaning", Rider, Great Britain, 2008.
3. Frankl, Victor E., "Jeevan ke Arth ki Talash me Manushya", Wow Publishing Pvt. Ltd., Pune, Maharashtra, 2020.
4. Frey, R. G. and Wellman, Christopher Heath, "A Companion to Applied Ethics" (ed.), Blackwell Publishing Ltd, Germany, 2003.
5. Guha, Debashis, "Practical and Professional Ethics (Vol. 2): Environmental Ethics", Concept Publishing Co., New Delhi, 2007.
6. Jatashankar, "Naitik Darshan ke Vividh Ayam", Shri Bhuvaneshvari Vidya Pratishthan, Allahabad, 2003.
7. Naagarazan, R.S., "A Textbook on Professional Ethics and Human Values", New Age International (P) Limited Publishers, New Delhi, 2006.
8. Subramanian, R., "Professional Ethics", Oxford University Press, USA, 2013.
9. Dixit, Rajiv, "Paryavaran Darshan" Nikhil Publishers and Distributors, Agra, first edition, 2020
10. Vinod kumari (Editor), "Issues in Applied Philosophy" Satyam Publishing House, New Delhi, 2009
11. Pandey, A.K., "Bharatiya Darshan me Paryavarana Chetana", Hindustani Academy, Allahabad

Suggestive digital platforms web

links-

II

<http://heecontent.upsdc.gov.in/Home.aspx>

This course can be opted as minor paper by the students of following subjects: Open to All

Suggested Continuous Evaluation Methods:

Course prerequisites: Open to All.

Suggested equivalent online courses:

Coursera, SWAYAM

Further Suggestions:

**Minor  
Paper 2  
(Theory)**

Programme/Class: Graduation	Year:	Semester:
Subject: Philosophy		
Course Code:	Course Title: <u>Applied Yoga</u>	
Course outcomes: By studying this course a student will learn to resolve various physical, mental issues for a peaceful and better quality life.		
Credits: 6		
Max. Marks:		Min. Passing Marks:
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 6-0-0		
Unit	Topics	No. of Lectures
I	Nature and relevance of Yoga, Chitta (ahankara, mana, buddhi), Chitta-vritti-Sankhya-Yoga, Bhagvadgita, Vedanta	08
II	Kinds of Yoga- Karma, Bhakti, Jnana and Rajyoga with the reference of ancient and modern yogis, Role of God in Yoga	11
III	Concept of Panch yama- Veda, Sankhya-Yoga, Jaina, Buddha, Panch niyama- Veda, Sankhya-Yoga, various Asanas	11



IV	Concept of meditation (Dhyana)- Sankhya-Yoga, Vipasyana, Preksha, Kundallini, Hathayoga sadhana, Kriya yoga, Dyanamic meditation, Isha kriya	12
V	Concept of Pranayama: Anuloma-viloma, Suryabhedha, Sheetli, Sheetkari, Bhastrika, Ujjai, Bhramari. Impact of pranayama	12
VI	Physical-mental diseases- Anxiety, Stress, Depression and Schizophrenia and its cure through Yoga therapy and Philosophical counselling	12
VII	Samadhi as a form of peace, Stages of samadhi	12
VIII	International acceptance of Yoga, Yoga and world peace, Yoga as an indicator of healthy mankind	12
<p><b>Suggested Readings:</b></p> <ol style="list-style-type: none"> <li>1. Adityanath, Yogi, "Hathyoga: Swaroop and Sadhna", Gorakhnath Mandir Math Trust, Gorakhpur, 2015.</li> <li>2. Gheranda Samhita</li> <li>3. Patanjali Yogasutra</li> <li>4. Ramdev, Swami, "Yoga Sadhna evam Yoga Chikitsa Rahasya", Divya Prakashan, Haridwar, 2004.</li> <li>5. Saraswati, Swami Satyananda, "Asana Pranayama Mudra Bandh", Bihar School of Yoga, Bihar, 2013.</li> <li>6. Yogananda, Paramhansa, "Autobiography of a Yogi", Yogoda Satsanga Society of India, Ranchi, 1998</li> <li>7. Yogananda, Paramhansa, "Yogi Kathamrit", Yogoda Satsanga Society of India, Ranchi, 2005.</li> <li>8. Raabe, Peter B., "Issues in Philosophical Counselling", Praeger Publishers Inc, USA, 2002</li> <li>9. Cheema, Pooja Lamba, "Vipassana", Prabhat Prakashan, New Delhi, 2017.</li> <li>10. Iyengar, B. K. S., "Yoga for Everyone", Dorling Kindersley, Noida, 2018.</li> <li>11. Vivekananda, Swami, "The Complete Book of Yoga: Karma Yoga, Bhakti Yoga, Raja Yoga, Jnana Yoga", Fingerprint Publishing, New Delhi, 2019</li> <li>12. Sadguru, "Adiyogi: The Source of Yoga", Harper Collins Publishers, India, 2017</li> <li>13. Osho, "Yoga: The Path to Liberation", Penguin India, 2005</li> <li>14. Osho, "Yoga: The Science of the Soul", St. Martins Publishing Group, 2002</li> <li>15. Suggestive digital platforms web links- <a href="http://heecontent.upsdc.gov.in/Home.aspx">http://heecontent.upsdc.gov.in/Home.aspx</a></li> </ol>		
This course can be opted as an elective by the students of following subjects: Open to All		
Suggested Continuous Evaluation Methods. Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)		
Course prerequisites: Open to All.		

Suggested equivalent online courses:  
Coursera, SWAYAM

Further Suggestions: