

**DEPARTMENT OF HOME SCIENCE**  
**RAGHUNATH GIRLS' POST GRADUATE COLLEGE**

**U.G. Course Outcome**

**I Semester**

**Fundamentals of Nutrition and Human Development (A130101T)**

**Course outcomes:**

The student at the completion of the course will be able to:

- Acquaint students with practical knowledge of nutrient rich foods
- Explain the need and importance of studying human growth and development across life span
- Identify the biological and environmental factors affecting human development.
- Learn about the characteristics, needs and developmental tasks of infancy & early childhood years.
- Students will get familiar with different methods of cooking
- Prepare the students to understand physiology based courses

**Cooking skills and healthy recipe development (A130102P)**

**Course outcomes:**

- Acquaint students with practical knowledge of nutrient rich foods.
- Students will get familiar with different methods of cooking.

**II Semester**

**Introduction to Clothing & Textiles & Family Resource Management (A130201T)**

**Course outcomes:**

- Learn about scope of textile and clothing
- Understanding why fabrics are different
- Learn how fabrics can be manufactured
- Understand basic clothing concepts and garment making
- Learn the family resource management as a whole.
- Understand the Decision making and use of resources throughout the Family life cycle.
- Gain knowledge about Time, Money & Energy as a Resource.
- Appreciate Household Equipments for work simplification.

## **Clothing & Textiles (A130202P)**

### **Course outcomes:**

- Ability to identify fibres and fabrics
- Understanding why fabrics are different
- Learning basic Sewing skills
- Learn how garments are stitched

## **III Semester**

### **Advance Nutrition and Human Development (A130301T)**

#### **Course outcomes:**

- Create an awareness about importance of healthy meal at various stages of life cycle
- Inculcate healthy eating practices among students
- Develop skill of meal planning for different physiological groups
- Explain the Physical & Psychological changes during middle childhood, adolescent and adulthood stage.
- Identify the biological and environmental factors affecting personality.
- Learn about the characteristics, needs and developmental tasks of Middle childhood years, Adolescent & Adulthood stage.

### **Human Development (A130302P)**

#### **Course outcomes:**

- Learn to cope up with adolescent and adulthood problems.
- Understand and handle development related issues more efficiently.
- Able to know human behaviour.
- Understand individual differences.

## **IV Semester**

### **Housing & Extension Education (A130401T)**

#### **Course outcomes:**

- Grasp knowledge of Housing need & selection of site in real life situations.
- Comprehending Housing plans for residential purpose.
- Appreciate principles of design and the contributing factors to refine personal aesthetic senses.
- Learn the widening concepts of Extension Education.
- Develop understanding for Effective teaching and learning.

- Comprehend the various effective communication methods.
- Gain skills to use technologically advanced Audio-visual aids.

### **Resource Planning & Decoration (A130402P)**

#### **Course outcomes:**

- Developing skills for making time plan for effective balance of work & leisure.
- Plan & prepare budget for the family.
- Incorporate appropriate work simplification in using household equipments.
- Develop understanding for house planning & decoration.

## **V Semester**

### **Surface Ornamentation of fabrics (A130501T)**

#### **Course outcomes:**

- Knowing why fabrics look differently
- Identify the different techniques of fabric from surface
- Learn about finishes done on fabrics
- Knowing about dyeing fabrics
- Learn how printing on fabrics is carried
- Knowing the traditional embroideries of India
- Identifying traditional textiles of different states
- Knowing the importance of appropriate laundry method

### **Community Development & Programme Planning (A130502T)**

#### **Course outcomes:**

- Understand the Community Development dynamics & organizing system for Development.
- Create awareness about the various development programmes.
- Identify the leadership pattern in the community.
- Impart skills to implement, monitor & evaluate programmes

### **Community Transforming change (A130503P)**

#### **Course outcomes:**

- Address & resolve women & family related issues.
- Make use of Audio-visual aids in planning & conducting group communication
- Understand the role of Government bodies in development of the community.
- Organizing people for their own development.

## **Research Project**

### **Course outcomes:**

- Learns to communicate with community around
- Learns to prepare a survey/interview schedule
- Becomes sensitized to problems being faced in community Increases awareness of candidate.

## **VI Semester**

### **Therapeutic Nutrition (A130601T)**

#### **Course outcomes:**

- Gain knowledge of principles of diet therapy
- Develop and understand modification of the normal diet for therapeutic purposes
- Practical knowledge of dietary management in some common disorders.

### **Research Methodology and Gender Development (A130602T)**

The student at the completion of the course will be able to:

- Concept and use of Research.
- Develop a research proposal.
- Learn about the data, sample and report writing.
- Conduct survey.
- To develop insight into the General issues of women.
- To understand strategies for empowerment of women.

### **Therapeutic Diet Preparation and Nutrient Evaluation (A130603P)**

#### **Course outcomes:**

- Gain knowledge of principles of diet therapy
- Develop and understand modification of the normal diet for therapeutic purposes
- Practical knowledge of dietary management in some common disorders

### **Research Project (A130604R)**

#### **Course outcomes:**

- Learns to communicate with community around
- Becomes sensitive to needs of the society where she lives
- Tries with some intervention plan for problems faced in community
- Improves writing and presentation abilities of the candidate.