

PROGRAMME OUTCOMES: B.Voc Yogic Science

1. To combine philosophical understanding of Spirituality with the modern scientific advancement to unearth the science behind Indian traditional practices and performances, directed towards research and application.
2. Students will attain theoretical knowledge in the fields of Yoga and Spirituality
3. Students will be able to develop and be able to demonstrate a comprehensive understanding of Indian traditional practices and philosophies underlying the concept of Yoga.
4. Students will be able to demonstrate the Yoga practices in correct and authentic forms.
5. While reviving the ancient Indian Education system, the philosophy and practice of Yoga is carried forward by the student through Guru Parampara, establishing harmony between human beings and nature through eco-friendly life.
6. Students should develop proficiency in teaching skills of Yoga, being spiritually rooted. • Students will be trained to be Spiritually rooted, Socially productive, Intellectually Creative, Emotionally Balanced, Mentally Sound, and Physically Strong.
7. Students will have knowledge of classical and theoretical foundations of the field of Yoga therapy.
8. Students will also have the knowledge of biomedical systems from an integrative and holistic perspective, as needed for the practice of Yoga therapy.
9. They will be able to apply knowledge learned in this curriculum and in previous Yoga teacher trainings to assess the needs of patients, to design and implement effective patient- or ailment-specific Yoga modules, and to assess the effectiveness of those modules
10. Students will be aware and updated with the research advances and developments in the field of YOGA.