

**Course outcomes**

<i>B.Voc (Applied Clinical Psychology)</i>	<i>Ist year</i>	<i>Ist Sem</i>
<i>Course title: Introduction of ACP</i>		
<p><i>Course Outcome:</i></p> <ul style="list-style-type: none"> <li>● <i>Students will be able to demonstrate conceptual understanding and proficiency in clinical psychology and counseling at the level required to contribute to the discipline.</i></li> <li>● <i>Students will be able to conceptualize therapeutic cases in a theoretical framework.</i></li> <li>● <i>Students will be able to develop and use appropriate research methods and techniques to apply knowledge or create new knowledge aimed at significant questions in clinical psychology</i></li> </ul>		
<i>Course title: Basic Psychological Process</i>		
<p><i>Course Outcome:</i></p> <ul style="list-style-type: none"> <li>● <i>The students will learn about the fundamental processes and core psychological concepts, models, classical theories, varied perspectives, and will be able to apply them in their own and in others lives.</i></li> <li>● <i>It will also give the learner a clear understanding of the concepts like intelligence, learning, attention, thinking. It will develop critical analytical skills regarding Environmental Psychology</i></li> <li>● <i>Understanding the role of Psychological processes (People's attitude, beliefs) in people's responses to environmental problems. Understanding the processes related to environmental degradation and their impact on human life.</i></li> </ul>		



<i>Course title: Biological Foundation of Behavior</i>	
<p><i>Course Outcome:</i></p> <ul style="list-style-type: none"> <li>● <i>Analyze constraints of chance and selection on behavior.</i></li> <li>● <i>Apply biological analysis to real life behaviors.</i></li> <li>● <i>Discuss the application of abstract biological concepts.</i></li> </ul>	
<i>Course title: Language &amp; Communication skills</i>	
<p><i>Course Outcome:</i></p> <ul style="list-style-type: none"> <li>● <i>Understand and apply communication theory.</i></li> <li>● <i>Critically think about communication processes and messages.</i></li> <li>● <i>Write effectively for a variety of contexts and audiences.</i></li> <li>● <i>Interact skillfully and ethically.</i></li> <li>● <i>Develop and deliver professional presentations.</i></li> </ul>	

<i>B.Voc (Applied Clinical Psychology)</i>	<i>Ist year</i>	<i>Second Sem</i>
<i>Course title: Health Psychology</i>		
<p><i>Course Outcome:</i></p> <ul style="list-style-type: none"> <li>● <i>Describe the biopsychosocial model of health and other specific but related psychological theories.</i></li> <li>● <i>Develop an understanding of basic human biology such as the functioning of the endocrine, immune and nervous systems.</i></li> <li>● <i>Appreciate how a person's health can be affected by their behavior, given certain social factors, environments, and biological factors.</i></li> <li>● <i>Understand the effects of stress on a person's health and role played by stress buffering factors.</i></li> <li>● <i>Understanding how stress, affective distress (e.g. Anxiety, depression), and other psychological and physical symptoms are assessed, and the potential problems with this measurement.</i></li> <li>● <i>Understand the effects of health status and changes in health on a person's emotions, thinking, and behavior.</i></li> <li>● <i>Identify the research methods used to conduct health psychology studies, and the ethical issues that pertain to this research.</i></li> </ul>		



Course title: <i>Personality Psychology</i>	
<p>Course Outcome: • <i>Illustrate various theories of personality.</i></p> <ul style="list-style-type: none"> <li>• <i>Develop capability to apply knowledge of personality theories for self and societal growth.</i></li> <li>• <i>It enables students to become familiar with the major theories and traditions related to the study of personality and personal growth.</i></li> <li>• <i>It further enables the student to articulate the underlined themes, methodology and assumption of each theory to enhance understanding of personality and behavior.</i></li> </ul>	
Course title: <i>Motivation &amp; Emotion</i>	
<p>Course Outcome: • <i>Understand and critique major theoretical perspectives within the fields of motivation and emotion.</i></p> <ul style="list-style-type: none"> <li>• <i>Evaluate and analyze theories of motivation and emotion.</i></li> <li>• <i>Describe the dynamics relationships between motivation, emotion, and human behavior.</i></li> </ul>	
Course title: <i>Soft Skill Training</i>	
<p>Course Outcome: • <i>Effectively communicate through verbal/ or al communication and improve the listening skills.</i></p> <ul style="list-style-type: none"> <li>• <i>Write precise briefs or report and technical documents.</i></li> <li>• <i>Actively participate in group discussion/ meetings/ interviews and prepare &amp; deliver presentations.</i></li> <li>• <i>Become more effective individual through goal/target setting, self motivation and practicing creative thinking.</i></li> <li>• <i>Function effectively in multi-disciplinary and heterogeneous teams through the knowledge of teamwork, inter-personal relationship, conflict management and leadership quality.</i></li> </ul>	

<i>B.Voc (Applied Clinical Psychology)</i>	<i>IIInd year</i>	<i>Third Sem</i>
Course title: <i>Classification of Mental Disorders</i>		
<p>Course Outcome: • <i>Identify different types of anxiety and mood disorders, their clinical picture and management.</i></p>		



- *Analyse impact of socio-occupational & personal functioning.*
- *Plan Therapeutic programs for management based on goals of therapy.*
- *The students will understand signs and symptoms of Mental Disorder.*
- *They will be able to assess the symptoms, nature,, causes and Dysfunctions associatedwith these disorders.*
- *They will be able to understand the intervention programs with regard to the goals oftherapy.*
- *Develop an understanding of etiology of various mental health symptoms and illness.*
- *Develop familiarity with the usual clinical course of each specific mental illness.*

*Course title: Psychopathology*

*Course Outcome: ● Formulate the case with the help of psychological testing.*

- *The students will understand signs and symptoms of Psychopathology.*
- *They will be able to assess the symptoms, nature,, causes and Dysfunctions associatedwith these disorders*

*Course title: Stress & Coping*

*Cour se Outcome: ● Descr ibe the relationship between stress, human health, behavior s, andper ceptions.*

- *Recognize signs and symptoms of stress.*
- *Summarize the physiological response to stress and how it impacts human health.*
- *Identify stressors and possible root causes using health models.*
- *Evaluate the effectiveness of stress management strategies and relaxation technique on a personal level.*
- *Explore information from credible research on stress and health.*

*Course title: Value Education*

*Course Outcome: ● Students will understand the importance of value based living.*



- *Students will gain deeper understanding about the purpose of their life.*
- *Realize the value of human life.*
- *Recognize the essential steps to become good leaders.*
- *Set realistic goals in life and start working towards them.*
- *Students will become value based professionals.*
- *Students will contribute in building a healthy nation.*

<i>B.Voc (Applied Clinical Psychology)</i>	<i>IIInd year</i>	<i>Fourth Sem</i>
<i>Course title: Counseling Psychology</i>		
<p><i>Course Outcome:</i></p> <ul style="list-style-type: none"> <li>● <i>Identify systemic clinical concerns based on both client presentations as well as consider issues like trauma, crises, substance abuse as motivators to begin marriage and family therapy treatment.</i></li> <li>● <i>Utilize a relational understanding of psychopathological and incorporate relational assessment to develop an accurate diagnostic framework upon which to base marriage and family therapy treatment.</i></li> <li>● <i>Treatment planning &amp; case Management</i></li> <li>● <i>Therapy and models of interventions</i></li> <li>● <i>Legal and ethical issues and standards</i></li> </ul>		
<i>Course title: Methods of Behavioral Research &amp; Measurement</i>		
<p><i>Course Outcome:</i></p> <ul style="list-style-type: none"> <li>● <i>Analyze and apply the understanding of psychological testing.</i></li> <li>● <i>Interpret and assess the role of psychological testing in various settings.</i></li> <li>● <i>Effectively synthesize and apply the variations in scales and tests.</i></li> <li>● <i>Recognize the various types of psychological tests.</i></li> <li>● <i>Organize the various steps in construction of a psychological test</i></li> <li>● <i>Review the ethical issues surrounding psychometric evaluation, testing and interpretation</i></li> </ul>		



<i>in day to day life.</i>	
<i>Course title: Social Psychology</i>	
<p><i>Course Outcome: ● Develop insight and analyze the contribution of social psychologists to the understanding of human society.</i></p> <ul style="list-style-type: none"> <li>● <i>Evaluate effective strategies in socialization, group processes (both inter and intra-group) and helping behavior.</i></li> <li>● <i>Ability to register the progression of theories in major areas in social psychology.</i></li> <li>● <i>Interpret attitude formation and variation methods to be used to change the attitude.</i></li> <li>● <i>Understand aspects related to social psychology.</i></li> </ul>	
<i>Course title: Environmental</i>	
<p><i>Course Outcome: ● Articulate the interconnected and interdisciplinary nature of environmental studies.</i></p> <ul style="list-style-type: none"> <li>● <i>Demonstrate an integrative approach to environmental issues with a focus on sustainability.</i></li> <li>● <i>Use critical thinking, problem-solving, and the methodological approaches of the social sciences, natural sciences, and humanities in environmental problem solving.</i></li> <li>● <i>Communicate complex environmental information to both technical and non-technical audiences.</i></li> <li>● <i>Understand and evaluate the global scale of environmental problems.</i></li> <li>● <i>Reflect critically on their roles, responsibilities, and identities as citizens, consumers and environmental actors in a complex, interconnected world.</i></li> </ul>	

<i>B.Voc (Applied Clinical Psychology)</i>	<i>IIIrd year</i>	<i>Fifth Sem</i>
<i>Course title: Psychotherapy</i>		
<p><i>Course outcome: ● Plan therapeutic programs for management based on goals of therapy.</i></p> <ul style="list-style-type: none"> <li>● <i>Students understand good characteristics of psychotherapists.</i></li> <li>● <i>They will be able to understand the intervention programs with regard to the goals of</i></li> </ul>		



<i>therapy</i>	
<i>Course title: Community mental health</i>	
<p><i>Course outcome:</i></p> <ul style="list-style-type: none"> <li>● <i>Involve students and organizations/ state holders in health program planning.</i></li> <li>● <i>Incorporate data analysis and principles of culturally competent community mental health interventions.</i></li> <li>● <i>Existing theoretical framework to develop, implements, and assess mental health promotion interventions.</i></li> <li>● <i>Mental health promotion and disease prevention.</i></li> <li>● <i>Understand the problem of Indian context: population, unemployment etc.</i></li> </ul>	
<i>Course title: Childhood Disorders and its interventions</i>	
<p><i>Course outcome:</i></p> <ul style="list-style-type: none"> <li>● <i>Student will have relevant knowledge and information related to the causative factors.</i></li> <li>● <i>Students will be able to understand measures involved in minimizing childhood disorders.</i></li> <li>● <i>Students will be able to diagnose the childhood disorders.</i></li> <li>● <i>Students understand etiology, prevalence of childhood disorders.</i></li> </ul>	
<i>Course title: Computer Application</i>	
<p><i>Course Outcome:</i></p> <ul style="list-style-type: none"> <li>● <i>Work effectively with a range of current, standard, office productivity software applications.</i></li> <li>● <i>Evaluate, select and use office productivity software appropriate to a given situation.</i></li> <li>● <i>Apply basic adult learning and assessment principles in the design, development, and presentation of material produced by office productivity applications.</i></li> <li>● <i>Demonstrate employability skills and a commitment to professionalism.</i></li> <li>● <i>Operate a variety of advanced spreadsheet, operating system and word processing functions.</i></li> <li>● <i>Solve a range of problems using office productivity applications, and adapt quickly to new software releases.</i></li> </ul>	



- *Maintain quality assurance through critically evaluating procedures and results.*

<i>B.Voc (Applied Clinical Psychology)</i>	<i>IIIrd year</i>	<i>Sixth Sem</i>
<i>Course title: Supervised Training &amp; Internship in Clinical Setting</i>		
<i>Course outcomes: From verbal communication to problem-solving and even empathy, a variety of transferrable or soft skills can quickly be developed through student's internship program.</i>		
<i>Course title: Supervised Training &amp; Internship in School Setting</i>		
<i>Course Outcomes: Students will learn a great deal in a classroom environment, but this knowledge will prove far more valuable if they are able to apply it within a professional setting.</i>		
<i>Course title: Project Based on Case Studies</i>		
<i>Course Outcome: The students will be able to learn to collect data and research. It will enhance the ability to see a relationship between phenomena, context, and people. Flexibility to collect data through various means. Ability to capture the context and lived reality of participants. Flexibility to be used at various points in a research project, including pilot research.</i>		
<i>Course title: Application of Computer in Behavioral Assessment</i>		
<i>Course Outcomes: It will give the opportunity to incorporate standardized assessments into a wider range of services and settings to complement and enhance clinical judgment, particularly to those who have not traditionally used standardized assessments in their practice</i>		

Course Details:

<i>S.No</i>	<i>Name of the Program</i>	<i>Year &amp; Semester</i>	<i>Name of the paper taught (Theory/Practical)</i>	<i>Code</i>





1.	UG	2023-2024	<i>Paper 1: Introduction of ACP</i>	1101
		I Sem	<i>Paper 2: Basic Psychological Process</i>	1102
			<i>Paper 3: Biological Foundation of</i>	
			<i>Behavior</i>	1103
			<i>Paper 4: Language &amp; Communication</i>	
			<i>Skills</i>	
			<i>Practicals: 1</i>	1104



			<i>Practicals: 2</i>	1105
			<i>Practicals: 3</i>	1106
				1107
2.	UG	2023-2024	<i>Paper 1: Health Psychology</i>	2101
		II Sem	<i>Paper 2: Personality Psychology</i>	2102
			<i>Paper 3: Motivation &amp; Emotion</i>	2103
			<i>Paper 4: Soft Skill Training</i>	2104



			<i>Practical: 1</i>	2105
			<i>Practical: 2</i>	2106
			<i>Practical: 3</i>	2107
3.	UG	2023-2024  <i>III Sem</i>	<i>Paper 1: Classification of Mental Disorders</i>	3101
			<i>Paper 2: Psychopathology</i>	3102
			<i>Paper 3: Stress &amp; Coping</i>	3103
			<i>Paper 4: Value Education</i>	3104
			<i>Practical: 1</i>	3105
			<i>Practical: 2</i>	3106
			<i>Practical: 3</i>	3107
4.	UG	2023-2024  <i>IV Sem</i>	<i>Paper 1: Counseling Psychology</i>	4101
			<i>Paper 2: Methods of Behavioral Research &amp; Measurement</i>	4102
			<i>Paper 3: Social Psychology</i>	4103
			<i>Paper 4: Environmental</i>	4104
			<i>Practical: 1</i>	4105
			<i>Practical: 2</i>	4106
			<i>Practical: 3</i>	4107
5.	UG	2023-2024  <i>V Sem</i>	<i>Paper 1: Psychotherapy</i>	5101
			<i>Paper 2: Community Mental Health</i>	5102



			<i>Paper 3: Childhood Disorders and Its</i>	
			<i>Interventions</i>	5103
			<i>Paper 4: Computer Application</i>	5104
			<i>Practical: 1</i>	5105
			<i>Practical: 2</i>	5106
			<i>Practical: 3</i>	5107
6.	UG	2023-2024	<i>Paper 1: Supervised Training &amp;</i>	6101
		<i>VI Sem</i>	<i>Internship in Clinical Setting</i>	
			<i>Paper 2: Supervised Training &amp; Internship in School Setting</i>	6102
				6103
			<i>Paper 3: Project Based on Case Studies</i>	
				6104
			<i>Paper 4: Application of Computer in Behavioral Assessment</i>	

