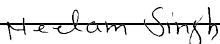


Semester-wise titles of the papers in BA (Psychology)

Semester I

Paper 1 Theory

Programme: BA	Year: First	Semester: First
Name of Faculty: Dr. Sunita & Ms. Chinky		
Course Title: Basic Psychological Processes	Credits: 4	
Course Code: A090101T	Core Compulsory	
Max. Marks: 25+75	Theory	
<p>Course Outcome: The students will learn about the fundamental processes and core psychological concepts models, classical theories, varied perspective and will be able to apply them in their own and in others lives. It will also give the learner a clear understanding of the concepts like Intelligence, Motivatio, emotion and personality. It will develop critical analytical skills regarding these individualistic traits.</p>		
Unit	Topics	No. of Lectures
I	Psychology: Nature, Scope and Applications; Psychodynamic, Behavioristic, Cognitive, Humanistic & Indigenous Indian Psychology (with special reference to Shrimad Bhagwad Gita).	8
II	Biological bases of behavior: Division of the nervous system; Neural conduction and synaptic transmission; Structure and functioning of the brain; Endocrine glands and their effects.	8
III	Attention Processes: Selective and sustained Attention: Nature and Determinants; Perceptual Processe: Nature and Determinants; Perceptual organization; Perceptual Illusion.	7
IV	Learning: Classical Conditioning, Operant Conditioning, Learning by insight, and Observational learning.	8
V	Memory and Forgetting: Stages of Memory: Encoding, Storage and Retrieval; Types of Memory: Sensory, Short Term, and Long Term Memory; Forgetting: Decay, Interference, and Cue- Dependent Forgetting.	8
VI	Intelligence: Nature and Definition; Concept of IQ; Theories of Intelligence: Spearman, Thurston, Guilford, Sternberg, Gardner.	6
VII	Personality: Definition and Determinants; Approaches to Personality: Trait approaches (Allport and Cattell); Psychodynamic (Freud); Humanistic (Rogers and Maslow).	8
VIII	Motivation: Nature and concepts (Needs, Drives, Instincts, Incentives); Types of Motives: Biological and Social Motives; Emotion: Nature and Types of Emotions; Expressions of Emotion: Universal Versus Culture Specific; Theories of Emotion: James-Lange, Cannon-Bard, Schachter-Singer.	7
<p>Suggested Readings:</p> <ul style="list-style-type: none"> • Baron, R., & Misra, G. (2016). Psychology (5th ed.). Pearson. • Ciccarelli, S. K., White, N. J., & Misra, G. (2017). Psychology (5th ed., South Asian Edition). Pearson Education. • Cornelissen, M., Mishra, G., & Verma, S. (2014). Foundations of Indian Psychology. Pearson Education. • Mishra, G. (Edited) (2019). Personality in Indigenous Tradition. In ICSSR Research Surveys & explorations Psychology (Vol.2): Individual and social Processes and Issues. Oxford Univesity Press. • Singh, A. K. (2006). Uchchar Samanya Manovigyan. Motilal Banarasi Das. • Tripathi, L. B. (2001). Adhunik Prayogik Manovigyan. Bhargav Book House. <p>Web links: http://heecontent.upsdc.gov.in/Home.aspx https://www.apa.org</p>		
This course can be opted as an elective: Open to all		

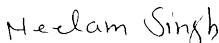

 Associate Professor & Head
 Dept. of Psychology
 R.G. (P.G.) College
 Meerut

Continuous Evaluation Methods:
Assignment/Seminar (10 Marks) Written Test (10 Marks) Attendance (5 Marks)

Semester I

Paper 2 Practical

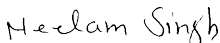
Programme: BA	Year: First	Semester: First
Name of Faculty: Dr. Anuradha, Dr. Kumkum Pareek, Ms. Chinky Upadhyaya & Dr. Sunita Singh		
Course Title: Lab Work	Credits: 2	
Course Code: A090102P	Core Compulsory	
Max. Marks: 25+75	Practical	
Course Outcome: Students will become aware of the many possible experiments in each area and will be imparted a variety of skills to design and conduct psychological experiments ensuring controlled conditions, interpretations of the data, and report writing in APA style.		
Unit	Topics	No. of Lectures
I	Familiarization with computers as tools in psychology experiments	5 (10 hrs)
II	Plan, conduct, and report an experiment based on Attention/ Perception.	7 (14 hrs)
III	Plan, conduct, and report an experiment based on Learning/ Memory.	7 (14 hrs)
IV	Plan, conduct, and report an experiment based on Emotions/ Motivation.	7 (14 hrs)
V	Report writing in APA Style for the practical conducted.	4 (8 hrs)
Suggested Readings:		
<ul style="list-style-type: none"> • Baron, R., & Misra, G. (2016). <i>Psychology</i> (5th ed.). Pearson. • Tripathi, L.B. (2001). <i>Adhunik Prayogik Manovigyan</i>. Bhargav Book House. 		
Web links: http://heecontent.upsdc.gov.in/Home.aspx https://www.psychopy.org/ https://www.egyankosh.ac.in/ https://www.uvm.edu/~statdhtx/methods8/ https://owl.purdue.edu/owl/research-and-citation/apa-style		
This course is for students who have opted for psychology as a major subject.		
Continuous Evaluation Methods: Presentation of Practical file (15 marks) Attendance (10 Marks)		


 Associate Professor & Head
 Dept. of Psychology
 R.G. (P.G.) College
 Meerut

Semester II

Paper 1 Theory

Programme: BA	Year: First	Semester: Second
Name of Faculty: Dr. Sunita & Ms. Chinky		
Course Title: Basic Research Methodology and Statistics	Credits: 4	
Course Code: A090201T	Core Compulsory	
Max. Marks: 25+75	Theory	
<p>Course Outcome: The students will learn about the fundamental processes and core psychological concepts models, classical theories, varied perspective and will be able to apply them in their own and in others lives. It will also give the learner a clear understanding of the concepts like Intelligence, Motivatio, emotion and personality. It will develop critical analytical skills regarding these individualistic traits.</p>		
Unit	Topics	No. of Lectures
I	Measurement: Nature and Scales of Psychology Measurement; Properties and Functions of Measurements.	6
II	Scientific Approach: Aim and Functions; Research Methods: Experimental, Correlational, and Observational; Variables: Concept and Types; Hypothesis: Types and Criteria; Sampling: Concept and Methods.	8
III	Psychological Statistics: Introduction; Descriptive Statistic: Measures of Central Tendency and Measures of Variability (Range, Quartile Deviation, Standard Deviation), Graphical Representation of data.	8
IV	The Normal Distribution: Meaning and uses, Significance of Statistics, t test for independent and correlated groups.	8
V	Correlation: Types, Calculation and interpretation of Product moment and Rank difference correlation; Chi-square tests using contingency tables.	8
VI	Tests: Concept and Types; Psychometric Properties of Tests: Validity and Reliability: Nature and Types.	7
VII	Intelligence Testing: Measurement of abilities: Stanford-Binet and Wechsler Tests of Intelligence, Culture Fair Tests: Structure and Application.	8
VIII	Personality Tests: Self Report Inventories (16-PF, NEO-PI R), Projective Techniques: Nature and Types.	7
<p>Suggested Readings:</p> <ul style="list-style-type: none"> • DeVellis, R.F. (2016). <i>Scale Development: Theory and Application</i> (4th ed.). Sage. • Garrett, H. E. (1966). <i>Statistics in Psychology and Education</i>. Paragon International. • Gregory, R. J. (2017). <i>Psychological Testing</i> (7th Ed.). Pearson Education . • Guilford, J. P. (1936). <i>Psychometric Methods</i>. London: McGraw Hill Publishing Company. • Howell, D.C. (2017). <i>Fundamental statistics for the behavioral sciences</i> (9th Ed.. USA: Cengage • Kerlinger, F. N. (1983). <i>Foundations of Behavioral Research</i>. New Delhi: Surjeet. • Lal, J.N. (1999). <i>Manovigyan evam Shiksha mein Sankhyaki</i>. Neelkamal. • Singh, A. K. (2019). <i>Tests, Measurement and Research Methods in Behavioral Sciences</i>. Bharti Bhavan. • Srivastava, D. N., & Mishra, A. (2020). <i>Maapan Evam Sankhyaki</i>. Agarwal. <p>Web links: http://heecontent.upsdc.gov.in/Home.aspx https://www.uvm.edu/~statdhtx/methods8/ https://www.egyankosh.ac.in/</p>		
This course can be opted as an elective: Open to all		
<p>Suggested Continuous Evaluation Methods:</p> <p>Assignment/ Seminar (10 Marks) Written Test (10 Marks) Attendance (5 Marks)</p>		


 Associate Professor & Head
 Dept. of Psychology
 R.G. (P.G.) College
 Meerut

Semester II

Paper 2 Practical

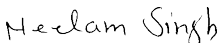
Programme: BA	Year: First	Semester: Second
Name of Faculty: Dr. Anuradha, Dr. Kumkum Pareek, Ms. Chinky Upadhyaya & Dr. Sunita Singh		
Course Title: Lb Work/ Psychological Testing	Credits: 2	
Course Code: A090202P	Core Compulsory	
Max. Marks: 25+75	Practical	
Course Outcome: Students will be aware of wide variety of possible experiments and tests and have an array of skills, such as designing and conducting psychological experiments ensuring controlled conditions, using psychological tests, and writing reports in APA Style.		
Unit	Topics	No. of Lectures
I	Plan, conduct, and report an experiment using experimental method.	8 (16 hrs)
II	Ascertain the reliability of any psychological test using any method of reliability and write a report.	7 (14 hrs)
III	Administer and score any one self-report inventory and write a report.	7 (14 hrs)
IV	Administer and score any one intelligence test and write a report.	8 (16 hrs)
Suggested Readings: <ul style="list-style-type: none">• Baron, R., & Misra, G. (2016). <i>Psychology</i> (5th ed.). Pearson.• Tripathi, L.B. (2001). <i>Adhunik Prayogik Manovigyan</i>. Bhargav Book House. Web links: http://heecontent.upsdc.gov.in/Home.aspx https://www.psychopy.org/ www.psytoolkit.org https://www.uvm.edu/~statdhtx/methods8/ https://owl.purdue.edu/owl/research-and-citation/apa-style		
This course is for students who have opted for psychology as a major subject.		
Continuous Evaluation Methods: Presentation of Practical file (15 marks) Attendance (10 Marks)		

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Semester III

Paper 1 Theory

Programme: BA	Year: Second	Semester: Three
Name of Faculty: Dr. Anuradha, Dr. Kumkum Pareek, Ms. Chinky Upadhyaya & Dr. Sunita		
Course Title: Psychology of Social Behavior	Credits: 4	
Course Code: A090301T	Core Compulsory	
Max. Marks: 25+75	Theory	
<p>Course Outcome: By the end of the course, students will be able to summarize general information, through in-class discussion and assignments, pertaining to social psychological theories and apply social psychological theories to their lives. They will be able to critically evaluate research to understand and explain distressing human social behavior and relate social psychological concepts and theories to historic and current world, national, and local events.</p>		
Unit	Topics	No. of Lectures
I	Social Psychology: Nature, and Scope; Methods of Studying Social Behavior.	8
II	Social Cognition: Schema, Schematic Processing. Attribution of Causality: Kelley and Weiner.	8
III	Attitude: Nature, Formation, and Measurement. Interpersonal Attraction: Concept and Determinants.	7
IV	Groups: Norms, Roles, Status, and Cohesiveness. Group Influence Processes: Social Facilitation; Social Loafing; De-Individuation.	7
V	Aggression: Concepts, Theories: Biological (Instinctive and Ethological), Frustration-Aggression Hypothesis, Social Learning Theory of Aggression, General Aggression Model.	8
VI	Pro Social Behavior: Motives to help; Bystander Effect; Determinants: Personal, Situational and Socio-cultural.	8
VII	Social Influence Processes: Conformity and Compliance. Intergroup Relations: Prejudice and Discrimination.	7
VIII	Leaders and leadership process: Types and functions of leader, Factor in effective leadership.	7
<p>Suggested Readings:</p> <ul style="list-style-type: none"> • Branscombe, N.R., & Baron, R.A. (2017). Social Psychology (14th ed.). USA: Pearson • Dalal, A.K., & Misra, G. (2001). (Eds.). Social Psychology. Sage. • Kassim, S., Fein, S., & Markus, H.R. (2016). Social Psychology. (10th ed.). USA: Cengage. • Singh, A.K. (2001). Samajik Manovigyan. Motilal Banarasi Das. • Singh, A.K. (2015). Social Psychology. Prentice Hall of India. • Tripathi, L.B. (2016). Adhunik Samajik Manovigyan. Harprasad Bhargav. <p>Web links: http://heecontent.upsdc.gov.in/Home.aspx https://www.egyankosh.ac.in/ https://www.apa.org</p>		
This course can be opted as an elective: Open to all		
<p>Suggested Continuous Evaluation Methods:</p> <p>Assignment/ Seminar (10 Marks) Written Test (10 Marks) Attendance (5 Marks)</p>		


 Associate Professor & Head
 Dept. of Psychology
 R.G. (P.G.) College
 Meerut

Semester III

Paper 2 Practical

Programme: BA	Year: Second	Semester: Third
Name of Faculty: Dr. Anuradha & Dr. Kumkum Pareek		
Course Title: Lab Work and Measurement of Social Behavior	Credits: 2	
Course Code: A090302P	Core Compulsory	
Max. Marks: 25+75	Practical	
Course Outcome: Students will be exposed to the mixture of several skills such as how to conduct an experiment for understanding social behavior as well as measurement and scientific reporting of the data in psychological studies.		
Unit	Topics	No. of Lectures
I	Construction of a scale of Attitude/ Interpersonal Attraction.	7 (14 hrs)
II	Measurement of Helping Behavior/ Prejudice.	7 (14 hrs)
III	Conduct an experiment on Attribution/ Aggression/ Impression- Formation.	8 (16 hrs)
IV	Conduct an experiment on Compliance/ Social Facilitation/ Conformity/	8 (16 hrs)
Suggested Readings: <ul style="list-style-type: none">• Dalal, A.K., & Misra, G. (2001). (Eds.). Social Psychology. Sage.• Tripathi, L.B. (2016). Adhunik Samajik Manovigyan. Harprasad Bhargav. Web links: http://heecontent.upsdc.gov.in/Home.aspx https://www.google.com/forms https://www.psychopy.org/ www.pytoolkit.org https://www.egyankosh.ac.in/ https://www.uvm.edu/~statdhtx/methods8/ https://owl.purdue.edu/owl/research-and-citation/apa-style		
This course is for students who have opted for psychology as a major subject.		
Continuous Evaluation Methods: Presentation of Practical file (15 marks) Attendance (10 Marks)		

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

B.A.II

Paper-1: Psychopathology

Marks-35

Programme: BA	Year: Second	
Name of Faculty: Dr. Kumkum Pareek, Ms. Priyanka Yadav, & Dr. Sunita Singh		
Course Title: Psychopathology	Credits:	
Course Code:	Core Compulsory	
Max. Marks: 25+75	Theory	
Course Outcome: To get the students acquainted with the nature of psychological disorders, classification of psychological disorders, Indian Perspectives on Sufferings and various psychological approaches to management.		
Unit	Topics	No. of Lectures
I	<ul style="list-style-type: none">• Introduction to Psychopathology: The concept of normality and abnormality; Classification of mental disorders (ICD X and DSM IV)• Mental Illness: Signs, symptoms and syndromes. Causes of abnormal behaviour: Biological, psychological, social and cultural factors.• Psychological Models of Psychopathology: Biological, psychodynamic, behavioural, cognitive-behavioural, humanistic, existential, socio-cultural.	
II	<ul style="list-style-type: none">• Stress: Nature sources and types; PTSD & Acute stress disorder. Coping with stress.• Psychosomatic Disorder: Symptoms, causes and treatment.	
III	<ul style="list-style-type: none">• Anxiety Disorders: Panic disorder, Phobia, Obsessive compulsive disorder, Generalized Anxiety disorder; their symptoms, types etiology and treatment.• Somatoform Disorders: Dissociative disorders.	
IV	<ul style="list-style-type: none">• Psychotic Disorders: Symptoms, types, etiology and treatments.<ul style="list-style-type: none">a) Schizophreniab) Delusional disorders.• Mood (Affective) Disorders: Manic episode, Depressive episode, Bipolar Affective disorders, Dysthymia.• Personality Disorders: (a) Dissociative (b) Impulsive (c) Anti Social (d) Borderline (e) Avoidance (f) Dependent Personalities	
Suggested Readings: <ol style="list-style-type: none">1. Buss, A.H. (1999). Psychopathology. New York: John Wiley.2. Carson, R.C.; Butcher, J.N. & Mineka, S. (2010). Abnormal Psychology and Modern life. Pearson Education, Inc. and DorlingKindersley publications Inc.3. Srason, G.I. and Sarason, R.V. (2007). Abnormal Psychology: The problem of Maladaptive Behaviour (11th Edition). Pearson Education Inc. and Dorling Kindersley Publishing Inc.4. Singh, A.K. Adhunik Asamanya Manovigyan. Patna: Moti Lal Banarsi Das.		

Meelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Paper-2: Social Psychology**Marks-35**

Programme: BA	Year: Second	
Name of Faculty: Dr. Anuradha, Ms. Priyanka Yadav, & Ms. Chink Upadhyaya		
Course Title: Social Psychology	Credits:	
Course Code:	Core Compulsory	
Max. Marks: 25+75	Theory	
Course Outcome: The aim is to create understanding among the students about social behaviour, social interaction, perception, aggression and violence.		
Unit	Topics	No. of Lectures
I	<ul style="list-style-type: none"> • Introduction Nature and Scope: Method of studying social behaviour. Observation, experimental, field study, survey, sociometry and cross cultural. • Socialization: Agents and mechanisms, socialization and deviation. • Perceiving Others: Forming impressions; Role of non- verbal cues, group stereotypes, central traits; primary and recency effects; Models of information integration; Attribution of causality: Biases and theories (Jones and Davis Kelley). 	
II	<ul style="list-style-type: none"> • Perceiving Groups: Prejudice, Stereotypes and Conflicts: Sources, dynamics and remedial techniques • Interpersonal Attraction: Nature, measurement and antecedent conditions of interpersonal attraction. • Attitudes: Nature, Formation and change of attitudes. Measurement of attitudes. 	
III	<ul style="list-style-type: none"> • Group Dynamics and Influence: Structure, function and types of the groups. Social facilitation, social loafing, individuation; Group cohesiveness, norms and decision making, conformity, obedience and social modeling. • Leadership: Definition and functions; Traits, situational, interactional, behavioural and contingency approaches to leadership effectiveness. 	
IV	<ul style="list-style-type: none"> • Communication: Verbal and non- verbal strategies. Language and social interaction. Barriers to communication. • Aggression: Determinants: Personal and social; Theoretical perspectives: Biological, trait, situational and social learning; Control of aggression. • Helping Behaviour: determinants: Personal, situational and socio-cultural determinants; Bystander Effect; Theoretical perspectives: Exchange and Normative. 	
Suggested Readings:		
<ol style="list-style-type: none"> 1. Alcock, J.E. Carment, D.W. Sadava, S.W. Collins, J.E., Green, J.M. (1997). A Text Book of Social Psychology. Scarborough, Ontario: Prentice Hall/ Allyn & Bacon. 2. Baron, R.A. Byrne, D. (2002). Social Psychology. New Delhi: Prentice Hall. 3. Feldman, R.S. (1985). Social Psychology: Theories, Research and Application. New York: McGraw Hill. 4. Myers, David, G (1994). Exploring Social Psychology. New York: McGraw Hill. 5. Singh, A. K. (1996). Adhunik Samajik Manovigyan ki Rooprekha (3rd edition). Varanasi: Motilal Banarsi Das. 6. Tripathi, L.B. (1992). Adhunik Samajik Manovigyan Agra: National Psychological Cooperation. 7. Worchel, S. & Cooper, J. (1983). Understanding Social Psychology. Illinois: Dorsey Press. 		
<p>Neelam Singh Associate Professor & Head Dept. of Psychology R.G. (P.G.) College Meerut</p>		

Paper-3: Practical**Marks-30**

Programme: BA	Year: Second	
Name of Faculty: Dr. Abha Rani, Dr. Anuradha & Dr. Neelam Singh		
Course Title: Practical	Credits:	
Course Code:	Core Compulsory	
Max. Marks:	Theory	
Any Six tests of the following should be performed.-		
Unit	Topics	No. of Lectures
1	Attitude Scale	
2	Test of Aggression.	
3	Sociometry	
4	Social Facilitation/ Conformity	
5	Anxiety	
6	S.S.C.T.	
7	EPI (Eysenck Personality Inventory	
8	Stress/ Coping	

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

B.A.III

Paper-1: Measurement and Statistics

Marks-40

Programme: BA	Year: Third	
Name of Faculty: Dr. Priyanka & Dr. Sunita Singh		
Course Title: Measurement and Statistic	Credits:	
Course Code:	Core Compulsory	
Max. Marks: 25+75	Theory	
Course Outcome: The Objective is to get the students acquainted with the statistical concepts and methods in Psychology.		
Unit	Topics	No. of Lectures
I	<ul style="list-style-type: none">Scaling techniques and Measurement: Scaling techniques: Paired comparison, rating and ranking.Level of Measurement: Nominal, interval, ordinal and ratio scales.Tests: Meaning and characteristics. Types of tests.	
II	<ul style="list-style-type: none">Test Construction: Test-construction and standarization of test; Norms-types. Item analysis. Concept and measurement of reliability and vaalidity.Error in Measurement: Examiner's variables, Testee's variables, Situational variables in psychological measurement.	
III	<ul style="list-style-type: none">Research Design: Meaning, characteristics and purpose of research design.Types of Design: Between Group and Within Group design, Factorial design, Ex- Post facto design.Normal Distribution: Concept of probability. Laws of probability. Characteristics of NPC. Deviation from NPC; Skewness and kurtosis. Applications of NPC.	
IV	<ul style="list-style-type: none">Hypothesis Testing and Making Inferences: Population and sample: Random sampling; Sampling distribution, Standard errors of mean, S.D. and r, df; nature and assumptions of t-distribution; computation of t values for independent and dependent samples; interpretation of t values- level of significance; type-I and type-II errors in inference making.ANOVA: Purpose and assumptions of ANOVA. One way ANOVA.Non- Parametric Statistics: Nature and assumptions, Chi-square, Median and sign test.	
Suggested Readings: <ol style="list-style-type: none">Anastasi, A.S. Urbina. S (1999) Psychologiactal Testing,(7th international Ed.).MacMillan Co.Broota, K.D. (1992). Experimental Design in Behavioural Research. New Delhi: Wiley Eastern.Garrett, H. (Eds) (1969). Statistics in Psychology and Education. Bombay: Vakils, Feffer and Simons Ltd.Kapil, H.K. (1980). Sankhyaki ke Mool Tatva Agra: Vinod Pustak Mandir.Kaplan, R.N. & Saccuzzo, D.P. (2001). Psychological Testing, Principles, Applications and Issues (5th Ed.) USA: Wadsworth Thomson learning.Minium, E.W. King. B.M. & Bear. G. (1993). Statistical Reasoning in Psychological and Education, New York: John Wiley.Singh, A.K. (2000). Test, Measurement and Research Methods. Patna: Bharti Bhawan.		

Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

8. Srivastav Ram Jee, Manovigyanic Evam Shaikshik Mapan, New Delhi: Motilal Banarsidas.

Paper-2: Counselling and Guidance

Marks-40

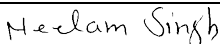
Programme: BA	Year: Third
Name of Faculty: Dr. Priyanka & Dr. Sunita Singh	
Course Title: Counseling and Guidance	Credits:
Course Code:	Core Compulsory
Max. Marks: 25+75	Theory

Course Outcome: This course is prepared with the view to gain the knowledge about the fundamentals of guidance and counselling, Methods of assessing the personality, Characteristics and purpose of various types of counselling.

Unit	Topics	No. of Lectures
I	<ul style="list-style-type: none"> • Introduction: Nature and goals of Counselling. Distinction between Guidance and Counselling. • Perspectives of counselling: Psychoanalytic, behavioural, cognitive and humanistic, • Types of Counselling: <ul style="list-style-type: none"> a) Directive, Non- directive and eclectic. • Individual and group counselling 	
II	<ul style="list-style-type: none"> • Counselling Process: Principles of Counselling. • Counselling Skills: Rapport, Empathy and Communication. • Phases of Counselling: Initial, Middle, Terminal and Follow up. • Special Areas of Counselling: Career counselling, Marital counselling, Personal counselling and Counselling of alcoholics and drug addicts. 	
III	<ul style="list-style-type: none"> • Introduction to Guidance: Need for guidance, Nature, goals and functions of guidance, • Areas of Guidance: Educational, Vocational and personal. 	
IV	<ul style="list-style-type: none"> • Testing Techniques in Guidance: <ul style="list-style-type: none"> Intelligence Personality Aptitude Interests Achievement tests 	

Suggested Readings:

1. Gelso, C.J. and Pretz. (1995). Counselling Psychology. Bangalore: Prism Books Pvt. Ltd.
2. Gibson, R.L. & Mitchell, M. H. (2005). Introduction to Counselling and Guidance (6th Ed.). Pearson Education.
3. Patri, V.R. (2008). Counselling Psychology. New Delhi: Authors Press.
4. Rao, S.N. (1991). Counselling and Guidance (28th Reprint 2008). New Delhi: Tata McGraw Hill.
5. Rai, A. and Asthana, M. (2003). Guidance and Counselling (Concepts, Areas and Approaches). New Delhi: Moti Lal Banarsi Das.
6. Woolfe, R., Dryden, W. & Strawbridge, S. (2003). Handbook of counselling Psychology (2nd Ed.). London: Sage Publication Ltd.


 Associate Professor & Head
 Dept. of Psychology
 R.G. (P.G.) College
 Meerut

Paper-3: Practical

Marks-30

Name of Faculty: Dr. Abha Rani, Dr. Neelam Singh, Dr. Anuradha & Dr. Kumkum Pareek

Field survey on a small sample ranging from 10-20. Report to be submitted along with the original certificate of the organization visited by the student/ students.

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

M.A. Semester-I

Paper-1

Programme: MA	Year: First	Semester: First
Name of Faculty: Dr. Neelam Singh		
Course Title: Research Methodology	Core Compulsory	
Course Code: Psy-G-1077	Theory	
Max Marks: 50+50		
Course Outcome: The aim is to familiarize the students with the meaning, objectives and significance of Research, the different methods and techniques used in data collection in research studies.		
Unit	Topics	No. of Lectures 60
I	Nature and Types of Psychological Research: Ex post facto, Experimental, Survey Research	10
II	Methodological strategies and issues: Problem-Hypothesis, sampling procedures	10
III	Qualitative Methods: Nature, Assumptions, Grounded Theory, Ethnography, Thematic analysis	10
IV	Interview, Questionnaire, Observation, Method of Data Collection	10
V	Writing Research Report: APA Style;	10
VI	Ethical issue in Psychological Research	10
Suggested Readings: 1) Hewitt, Dennis & Cramer, Dunccan (2005). Introduction to research methods in Psychology. New Delhi: Pearson 2) Gies, David C (2002). Advanced research methods in psychology. New York: Routledge. 3) Mohsin: Research Methods in Behavioural Sciences, New Delhi; Longman 4) Newman W.L. (1991): Social Research Methods: Qualitative and Quantitative, Boston; Allyn & Bacon 5) Denzin, N.K. & Lincoln, Y.S. (2005): Handbook of qualitative research, Thousand Oaks; Sage.		
Continuous Evaluation Methods:		

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Paper-2

Programme: MA	Year: First	Semester: First
Name of Faculty: Dr. Sunita Singh		
Course Title: Statistical Method & Experimental Designs		Core Compulsory
Course Code: Psy-G-1078		Theory
Max Marks: 50+50		
Course Outcome: The Objective is to get the students acquainted with the statistical concepts and methods in Psychology and to create understanding about different types of design employed in Psychological Researches.		
Unit	Topics	No. of Lectures 60
I	Normal Distribution: Properties & Application; Parametric and Nonparametric Statistics: Chi square (X) and sign test, Kruskal Wallis and Mann-Whitney Tests	12
II	Special Correlation Methods: Bi- Serial, Point Bi- Serial, Phi, Contingency	12
III	Test of Statistical Significance 't' and ANOVA One and Two way.	12
IV	Introduction to Experimental Designs: Randomised Group Designs, Block Designs, Factorial Design; within group design.	12
V	Regression and Prediction; Multiple and Partial Regression Analysis (no numerical on multiple and partial), Orientation to statistical softwares SPSS.	12
Suggested Readings:		
1) Broota, K.D. (1992): Experimental Design in Behavioral Research, New Delhi; Wiley Eastern Ltd.		
2) Edwards, A.K.: Experimental design in Behavioural Research, New Delhi; Wiley Eastern Ltd.		
3) Guilford J.P.: Psychometric Methods, Tokyo; Kogakusha co.		
4) McGuigan, M.J.: Experimental Psychology, New Delhi; Prentic hall of India Pvt Ltd.		
5) Kerlinger, F.N. (1996): Foundations of Behavioural Research, Bangalore; Prism India		
6) Winer, B.J. (1997): Statistical Principles in Experimental Design, New York; McGraw Hill		
Continuous Evaluation Methods:		

Meelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Paper-3

Programme: MA	Year: First	Semester: First
Name of Faculty: Dr. Abha Rani		
Course Title: Social Psychology		Core Compulsory
Course Code: Psy-G-1079		Theory
Max Marks: 50+50		
Course Outcome: The aim is to create understanding among the students about social behaviour, social interaction, perception, aggression and violence.		
Unit	Topics	No. of Lectures 60
I	Introduction, Nature, meaning, scope and methods of Social Psychology.	10
II	Theoretical Perspectives Social Construction, Social Exchange, Social Comparison.	10
III	Self and Identity: Organisation of Self Knowledge, Culture and Self Control.	10
IV	Person Perception, Self Perception, Social Cognition, Influence Processes and Conformity.	10
V	Social Relations and Group Processes: Attraction and Intimacy, Pro Social Behaviour.	10
VI	Aggression and Violence, Prejudice and Inter Group Conflicts, Psychology of Terrorism.	10
Suggested Readings:		
<ol style="list-style-type: none"> 1) Baron. R.A. and Byrne, D. (2000). Social Psychology, Prentice Hall of India. 2) Deaux Dane and Wrightsman (1993). Social Psychology in 90's Book Cole, Publishing Company, U.S.A. 3) Myers, D.G. (2008). Social Psychology, McGraw Hill Inc. 4) Shaw & Costanjo. Theories of Social Psychology 5) Brehm & Kassin (1990). Social Psychology. Houghton: Mifflin. 6) Shaver. K.G. (1987). Principles of Social Psychology, (3rd). Lawrence Erlbaum Associates, Ins., New Jersey. 7) Mohanty, A.K. & Misra, (2000): Psychology of poverty and disadvantages, Concept publishing company, New Delhi 8) Sinha, D. Tripathi, R.C. & Misra, G (1995): Deprivation: Its social roots and psychological consequences, Concept publishing company, New Delhi 9) Misra, G. (Ed.) (1990): Applied Social Psychology in India, N.D.: Saga J. (Ed) (1988). Psychology in India: The state- of – the – art 7) Pandey: Basic and Applied Social Psychology, vol 2. ND: Sage. 		
Continuous Evaluation Methods:		

Neelam Singh
 Associate Professor & Head
 Dept. of Psychology
 R.G. (P.G.) College
 Meerut

Paper-4

Programme: MA	Year: First	Semester: First
Name of Faculty: Dr. Kumkum Pareek		
Course Title: Biological Foundation of Behaviour	Core Compulsory	
Course Code: Psy-G-1080	Theory	
Max Marks: 50+50		
Course Outcome: The purpose of the course is to acquaint with the structure and function of Nervous System, relationship between brain and behaviour, internal mechanism of hunger, thirst, reproductive behaviour and mechanism of hormonal control.		
Unit	Topics	No. of Lectures 60
I	Introduction to Physiological Psychology: Nature and Scope, Methods of Research: Anatomic, Electrical and chemical, radiological and behaviour techniques.	12
II	Structure and functions of Brain Cells: Structure, types and functions of Neurons and supportive cells of Brain, Resting Potential, Propagation of action potential, Blood brain barrier, Synaptic transmission and neurotransmitters.	12
III	Anatomy of Nervous System: Types, structure and functions of Central Nervous system, and peripheral Nervous system. Reflex action.	12
IV	Brain and Behaviour: Mechanism of hormonal action, Reproductive behaviour, sleep and biological rhythm and maintaining homeostasis.	12
V	Recent advances in neurophysiology, Hemispheric specialization and localization, consciousness, altered status of consciousness biology of meditation, controversies in biological psychology.	12
Suggested Readings:		
1) Carlson, N.R. (1994): Physiological Psychology. (5 th Ed), Boston: Allyn Bacon		
2) Kalat, J. W (1995): Biological Psychology, (7 th Ed.) Wadworth/Thomson Learning, Belmont, CA, USA		
3) Levinthal, C.F.: Introduction to Physiological Psychology, Prentice Hall of India.		
4) Roserweig, M.R., Leiman, A.L. and breedlove, S.M. (1999), Biological Psychology: An Introduction to behaviour and Cognitive and Clinical neuroscience. Sinaure Associates, Inc. Publishres Sunderland, Mssachusatts.		
Continuous Evaluation Methods:		

Meelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Paper-5: Practicum

Programme: MA	Year: First	Semester: First
Name of Faculty: Dr. Neelam Singh		
Course Title: Practicum		Core Compulsory
Course Code: Psy-G-577		Practical
Max Marks: 50+50		
Any Five of the following Practicum (At least one practicum related with each theory paper)-		
Unit	Topics	No. of Lectures 60
1	Thematic Apperception Test (TAT)	
2	Prepare a case report using interview and other psychological tests/ questionnaires	
3	Stereotype test construction	
4	Set Shifting (Wisconsin Card Sorting Test)	
5	PGI Battery for Brain Dysfunction (PGIBBD)	
6	Biofeedback	
7	Home (family) adjustment inventory	
8	Conformity Behaviour/ Prejudice/ Aggression	
9	Interpersonal Attraction	
10	Problem Solving in Group and Individual Situation	
11	Experiment on Deprivation & Cognition	
12	Application of Qualitative Methods	
13	Approval Motive Inventory	
Note: Besides the above, the teacher can also design relevant practicum.		
Continuous Evaluation Methods:		

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

M.A. Semester-II

Paper-1

Programme: MA	Year: First	Semester: Second
Name of Faculty: Dr. Sunita Singh		
Course Title: Positive Psychology		Core Compulsory
Course Code: Psy-G-2077		Theory
Max Marks: 50+50		
Course Outcome: This course is aimed at presenting the positive outlook and approaches to behavioural aspects of people, basic concepts and criteria of positive health and happiness and emotional competence in human life.		
Unit	Topics	No of Lectures
I	Introduction: Nature of Positive Psychology, Assumptions and Goals.	12
II	Happiness: Basic concept, Subjective well- being, Measurement of Happiness, Correlates of Happiness	12
III	Positive Emotions and Well Being; Emotional Intelligence: Theoretical Models and Applications, Emotional Longevity, hope and optimise.	12
IV	Positive Traits: Big Five Personality Factors, Virtues and Strengths of Character, Implications and Controversies.	12
V	Positive health and Positive change: Meaning, criteria of positive health, Stages of change processes and implication.	12
Suggested Readings:		
1) Lopez and Seligman: Handbook of positive psychology oxford		
2) Carr: Positive Psychology		
3) Synder and Lopez: Positive Psychology.		
5) Baungardnes, S.R. & Crothers, M.K. (2009), Positive Psychology; Pearson		
Continuous Evaluation Methods:		

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Paper-2

Programme: MA	Year: First	Semester: Second
Name of Faculty: Dr. Neelam Singh		
Course Title: Fundamentals of Psychometry		Core Compulsory
Course Code: Psy-G-2078		Theory
Max Marks: 50+50		
Course Outcome: To gain familiarity with Psychometry and psychological measurement, nature, uses, criteria of psychological test, and the steps used in test construction, item analysis and application of the test is the main objective of this course.		
Unit	Topics	No. of Lectures 60
I	Fundamentals of Psychometry, Nature of Psychological Measurement, Measurement Scales, Errors in Measurement	10
II	Steps of Test Construction and Item Analysis	10
III	Types and Methods of Determining different types of Reliability and Validity	10
IV	Standardisation of Tests: Types of Norms, Specificity of Norms	10
V	Application of Tests and Ethical Issues.	10
VI	Introduction to Factor Analysis	10
Suggested Readings:		
1) Chadha, N.K. (2009). Applied Psychometry. New Delhi: Saga		
2) Guilford, J.P. (1989). Psychometric methods. NJ: John Wiley		
3) Guilksen, (1988). Theory of Mental Tests. California: Wiley		
4) Jackson, C. (2003) Understanding Psychological Testing. Mumbai: Jaico Pub. House		
6) Kline, T.J.B. (2005). Psychological Testing. New Delhi: Vistaar Publication.		
Continuous Evaluation Methods:		

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Paper-3

Programme: MA	Year: First	Semester: Second
Name of Faculty: Dr. Kumkum Pareek		
Course Title: Cognitive Psychology		Core Compulsory
Course Code: Psy-G-2079		Theory
Max Marks: 50+50		
Course Outcome: This course is aimed at creating understanding knowledge about cognitive aspects of behavior such as attention and perceptual process, memory, language and speech production, thinking problem solving and decision making.		
Unit	Topics	No. of Lecture 60
I	Attention and Perceptual Processes: Current Paradigms, Frontal Lobe and Executive Processes, Switching Attention, Attention Control and Attention Training; Perception: Perceptual Processes, Approaches to perception.	12
II	Memory: Memory Processes, Current Models, Organisation of sensory short term and long term, Eye Witness Memory, Enhancing Memory, Flash back memory, construction and reconstruction, Theories of Forgetting.	12
III	Language and Speech Production: Structure, Comprehension and Production, Sentence Comprehension, Whorfian Hypothesis.	12
IV	Thinking and Problem Solving: Meaning, Types and Theories of Thinking; Reasoning and Problem Solving: Types and Strategies of Problem Solving.	12
V	Creativity and Decision Making: Meaning and Nature, Factors Influencing Decision making and Judgement, improving Decision Making	12
Suggested Readings:		
1) Galotti, K.M. (1999): Cognitive Psychology in and outside laboratory, Mumbai; Thomson Asia		
2) Matlin, Margaret W. (1995): Cognition (II ed.), Prism Book Pvt. Ltd., Bull Temple Road, Basavasingud, Bangalore- 560019		
3) Michael G. Wessells 1982. Cognitive Psychology, Harper and Row, New York		
4) Snodgrass, Jone Gray et.al. (1985): Human Experimental Psychology, New York: Oxford University Press.		
5) Ronald. T. Kellog: Cognitive Psychology		
Continuous Evaluation Methods:		

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Paper-4

Programme: MA	Year: First	Semester: Second
Name of Faculty: Dr. Abha Rani		
Course Title: Theories of Personality		Core Compulsory
Course Code: Psy-G-2080		Theory
Max Marks: 50+50		
Course Outcome: This course is intended to present the knowledge about nature and issues of personality, different approaches such as cognitive, learning, triguna and to give acknowledge of recent advances in personality research.		
Unit	Topics	No. of Lectures 60
I	Approaches to the study of Personality: Trait, Type and Eclectic Approaches, Biological and Socio Cultural Determinants, Controversial Issues in Personality Researches	12
II	Theoretical Perspective: Allport, Cattell, Five Factor Model, Freud, Adler and Eric Erison Jung	12
III	Cognitive and Learning Approaches to Personality, Kelly, Lewin, Festinger, Dollard and Miller, Bandura and Skinner.	12
IV	Triguna Theory of Personality, Maslow's Need theory and Roger's Self Theory Constitutional Types.	12
V	Recent Advances in Personality Research: Human Strength and Virtues; Learned Helplessness	12
Suggested Readings: 1) Hall and Lindzey: Theories of Personality 2) Snyder and Lopez: Positive Psychology 3) Fadiman, J. & Frager, R. (2005) Personality & Personal Growth. (6 th Ed.), New York: Prentice Hall 4) Bayer, B. M. & Shotler, J.S. (1997). Reconstructing the psychological subject, London Sage		
Continuous Evaluation Methods:		

Meelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Paper-5: Practicum

Programme: MA	Year: First	Semester: Second
Name of Faculty: Dr. Neelam Singh	Credits:	
Course Title: Practicum	Core Compulsory	
Course Code: Psy-G-677	Practical	
Max Marks: 50+50		
Any four of the following Practicum-		
Unit	Topics	No. of Lectures 60
1	Creativity Test	
2	Well-Being	
3	Cognitive Assessment System of J.P.Das (PASS Model)	
4	Happiness	
5	Recognition Test (Computerised)	
6	Memory Process/ Zeigarnic Effect	
7	Depth/ Distance Perception	
8	Emotional Intelligence	
9	Substained Attention	
10	Verbal Comprehension Test (Token Test)	
11	MBTI	
12	Five Factor Inventory/ 16 PF	
13	Test For Problem Solving (Tower of Landon)	
14	Vedic Types and Triguna	
Note: Besides the above, the teacher can design other relevant pranicum.		
Continuous Evaluation Methods:		

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Semester-III

Paper-1

Programme: MA	Year: Second	Semester: Third
Name of Faculty: Dr. Anuradha		
Course Title: Health Psychology		Core Compulsory
Course Code: Psy-G-3077		Theory
Max Marks: 50+50		
Course Outcome: To gain familiarity with meaning of Health in Socio Cultural Context, Stress and Coping Behaviour, Behavioural Health, Resources Promoting and Maintaining Mental Health, Behaviour and Chronic Diseases, future of health psychology.		
Unit	Topics	No. of Lectures 60
I	Meaning of Health in Socio Cultural Context: Nature, Scope and Development, Psychosomatic Medicine, Behavioural Medicine, Behavioural Health; Models of Health.	10
II	Stress and Coping Behaviour: Models and Sources of Stress. Technique of coping, Stress Management.	10
III	Behavioural Health: Preventing Smoking, Health Consequences of Tobacco use, Interventions to Reduce Smoking; Preventing Alcohol and Other Drug, Effects of Alcohol, Drug Misuse, Abuse and Treatment.	10
IV	Resources of Promoting and Maintaining Mental Health: Biological, Socio Cultural, Economical and Spritual	10
V	Behaviour and Chronic Diseases: Identifying Behavioural Factors in Cardio Vascular Diseases, Cancer, Diabetes, HIV and Aids.	10
VI	Future Prospects of Health Psychology.	10
Suggested Readings:		
1) Aboud, F.E. (1998). Health Psychology in Global Perspective. Thousand Oaks, C.A. Sage. Brannon, L. & Feist J. (2000). Health Psychology, U.S.A. Brooks/ Cole.		
2) Bishop, G.D. (1994). Health Psychology: Integrating Mind and Body. Boston: Allyn & Bacon		
3) Brcome, A.K. & Llewellyn, S. (1995). Health Psychology London: Chapman & Hall		
4) Friedman, D.N. (1989). Health Psychology. New York: Prentice- Hall		
5) Sarafino, E.P. (1994). Health Psychology: Bio- Psychosocial Interactions. New York: Wiley.		
6) Taylor, S. (1986). Health Pschology. New York: Random House		
Continuous Evaluation Methods:		

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Paper-2

Programme: MA	Year: Second	Semester: Third
Name of Faculty: Dr. Priyanka Yadav		
Course Title: Guidance and Counselling	Core Compulsory	
Course Code: Psy-G-3078	Theory	
Max Marks: 50+50		
Course Outcome: This course is prepared with the view to gain the knowledge about: <ol style="list-style-type: none">1. Fundamentals of guidance and counselling.2. Methods of assessing the personality.3. Characteristics and purpose of various types of counselling.4. Importance of counselling in real life.		
Unit	Topics	No. of Lectures 60
I	Guidance and Counselling: Meaning, Nature, Characteristics and Basic Principles, Aims and Importance.	12
II	Methods of Assessment: Intelligence, Achievement, Aptitude, personality and Interest; Case Study, Autobiography, Home visits and Interview.	12
III	Characteristics of Counselee and Counsellor: Counsellor as Professional Functionary, Counselling Process and Skills, Ethical issues in Counselling.	12
IV	Guidance Services in Schools and Clinical Settings: Importance, Scope and Problems; Family, Marital and Health Counselling	12
V	The Future and Status of Counselling with special reference to India	12
Suggested Readings: <ol style="list-style-type: none">1) Harold, L. (1996). Counselling: The Professional Counsellor2) Corey, G. (2001). Theory and Practice of Counselling and Psychotherapy. Pacific Grove, California, Brooks/Cole3) Belking, G.S.: Introduction to Counselling W.G. Brown Publishing4) Nelson, J: The theory and practice of counselling Psychology; New York Holt5) Windy, D: Counselling in Action sage Publication		
Continuous Evaluation Methods:		

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Paper-3

Programme: MA	Year: Second	Semester: Third
Name of Faculty: Dr. Abha Rani		
Course Title: Schools of Psychology		Core Compulsory
Course Code: Psy-G-3079		Theory
Max Marks: 50+50		
Course Outcome: This course is prepared with the view to gain the knowledge about the systems in Psychology.		
Unit	Topics	No. of Lectures 60
I	Introduction: Systems in Psychology: Meaning and Types, Basic issues in Psychology, Reappearance of associationism.	10
II	Structuralism: Willium Wundt (1832-1910) contribution of Wundt as an experimentalist. Evaluation of Wundt's contribution warzburg School. Tichener's structuralism. Criticism of Structuralism.	10
III	Functionalism: William James and other American pioneer functionalists –G.S. Hall and J. M. Cattell. John Dewey, Angell, Harvey Carr, Columbia functional Psychology- Thorndike, J. M. Cattell and R. S. Woodworth.	10
IV	Modern Associationism: Association of stimulus – response: Ebbinghaus, Pavlov, Bakhterev and Thorndike.	10
V	Behaviourism: Watsonion Behaviourism as a system, secondary feature, experimental functionalism, Criticism of Watson's behaviourism, Edvin R. Guthrie, Hull, Skinner, Tolman and Bandura. Gestalt Psychology: Introduction only.	10
Suggested Readings:		
1) Singh, Arun Kumar (2010) The History and system of Psychology, Motilal Banarsi Das, Varansi.		
2) Marx and Hillix (2002) 'System and theories in Psychology' Tata McGraw-Hill Publishing Co. Ltd. New Delhi.		
Continuous Evaluation Methods:		

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Paper-4

Programme: MA	Year: Second	Semester: Third
Name of Faculty: Ms.Chinky		
Course Title: Indian Psychology		Core Compulsory
Course Code: Psy-G-3080		Theory
Max Marks: 50+50		
Course Outcome: To gain familiarity with Indian psychological concepts, the cope and context of Indian psychology, trends of research and Ontological and Epistemological premises of Indian Psychology.		
Unit	Topics	No. of Lectures 60
I	The core and context of Indian Psychology: Definition of Indian Psychology, Brief Historiacal Background, The Changing perception of Indian Psychology, The Disciplinary Contours, Distinguishing features of Indian Psychology.	12
II	Trends of Research: Indigenisation, Indigenous and Indian.	12
III	Indian Concepts and Perspectives: Indian Psychological thoughts- Vedant, Sankhya, Yoga, Jainism, and Buddhism, Integral Psychology of Shri Aurbbindo as an emerging system.	12
IV	Ontological and Epistemological Premises of Indian Psychology: Nishkam Karma, Anasakti Yoga of Bhagwat Gita, Kundalini Yoga.	12
V	Development of Specific Concepts: Jiva, Chit and Chatinya, Triguna, Manas/ Chitta, Antahkarna, Ahamkara, Purushartha, Santosh, Swadhyay, Krodha, Karma, Gyan, Vigyan and Vivek.	12
Suggested Readings:		
1) Rao, K.R., Paranjpe, A.C. & Dalal, A.K. (2008). Handbook of Indian Psychology; Foundation, Books Delhi; Cambridge University Press		
2) J.N. Sinha: Indian Psychology, New Delhi: Motilal Banarsi Das		
3) Paranjpe, A.C. (1998). Self and Identity in modern Psychology and Indian thought. New York: Springer.		
4) Kuppuswami, B. (1985). Elements of Indian Psychology. New Delhi: Vikas.		
5) Ramkrishnan, K.R. & Marwaha S.B. (Ed) Toward a spiritual psychology. New Delhi: Samwad		
6) Rao, R. (1962). Development of psychological thought in India. Mysore: Kaivalya		
7) Dalal Ajit K. and Misra Girishwar (2010). Psychology and developing societies; Sage publications New Delhi.		
Continuous Evaluation Methods:		

Meelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Paper-5: Practicum

Programme: MA	Year: Second	Semester: Third
Name of Faculty: Dr. Neelam Singh		
Course Title: Practicum		Core Compulsory
Course Code: Psy-G-777		Practical
Max Marks: 50+50		
Any Five of the following practicum-		
Unit	Topics	No. of Lectures 60
1	WAIS (Indian Adaptation)/ WISC (Indian Adaptation by Malin)/ Any non verbal test of intelligence	
2	Clinical Analysis Questionnaire	
3	Stress test	
4	Brahm Varchasya Guilt Feeling Test	
5	Rosen wig PF Study	
6	Any Verbal Intelligence Test	
7	Any Nonverbal Test	
8	Home(family) Adjustment Inventory	
9	Depression Scale	
10	Mental Health Test	
11	PGI Mental Health Questionnaire	
12	TAT	
13	Rorschach Ink Block Test	
14	MPI	
15	MMPI	
Note: Besides the above, the teacher can design other relevant pranicum.		
Continuous Evaluation Methods:		

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Semester-IV

Paper-1

Programme: MA	Year: Second	Semester: Forth
Name of Faculty: Dr. Anuradha		
Course Title: Clinical Psychology		Core Compulsory
Course Code: Psy-G-4077		Theory
Max Marks: 50+50		
Course Outcome: To get the students acquainted with: 1. Clinical Assessment 2. Meaning of Psycho- Diagnosis and prognosis 3. Techniques of Psycho- Diagnosis. 4. Clinical Psychology as a profession		
Unit	Topics	No. of Lectures 60
I	Clinical Psychology: Nature, Problems and methos of clinical psychology.	12
II	Meaning of Psycho- Diagnosis: Types & Importance, concept of Prognosis.	12
III	Techniques of Psycho Assessment, Neuro Psychological Assessment- Bender Gestalt, TAT, Rorschach WAIS and MMPI, Case Study, Diagnostic interview and Observation.	12
IV	The Profession of Clinical Psychology: Training, Roles and Responsibilities in Clinical Psychology. The future of clinical psychology, especially in India.	12
V	Therapies: Biological and Psycho Social therapies. Prevention.	12
Suggested Readings: 1) Hecker, J.E. & Thorpe G.L., 2007: Introduction to Clinical Psychology. 2) Thomas G. Plante (2004) Contemporaty Clinical Psychology 3) Robert J. Derubeis Donald K. Routh (1998) The Science of Clinical Psychology. American Psychological Association 4) Korchin S.J. Modern Clinical Psychology. 8) Henry Kellerman (2009) Handbook of Psychodiagnostic Testing: Analysis of Personality in the Psychological Report		
Continuous Evaluation Methods:		

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Paper-2

Programme: MA	Year: Second	Semester: Forth
Name of Faculty: Ms. Chinky Upadhyaya		
Course Title: Organizational Psychology	Core Compulsory	
Course Code: Psy-G-4078	Theory	
Max Marks: 50+50		
Course Outcome: The goal of this course is to create awareness and understanding about general concepts of organization behavior as well as the structure and dynamics of organization and its impact on human behavior.		
Unit	Topics	No. of Lectures 60
I	Foundation for organizational behavior: Historical context of organizational behavior defining organizational behavior, models of organizational behavior, scope and opportunities for organizational behavior.	12
II	Individual in organization: Early theories of work motivation, contemporary theories of work motivation. Motivation performance: employee involvement programs, variable pay program, skill-bases pay plan. Special issues in motivation: Motivation professionals, motivating professionals, motivating worker. Major personality attributes affecting OB. Matching personality and job, Skills involved in changing attitude.	12
III	Leadership: Nature of organizational leadership. Models of organizational leadership. Requirement of effective leadership. Power and politics: Distinction between power, authority and influence. Power tactics, Skills involved in managing politicking.	12
IV	Conflict: Types and management. Negotiation skills. Organizational stress and its management: role stress, occupational stress, burn out, rust out, coping strategies. Skills involved in managing stress. Counseling.	12
V	Decision making: Traditional model of decision making, approaches to decision making in organization, impediments to optimal decision, improving effectiveness of group decision.	12
Suggested Readings:		
1) Luthans, F. (9 th ed.): Organizational behaviour. New Delhi: Tata MCGraw- hill publishing companyLtd.		
2) Robbins (2009): Organizational Behaviour.		
3) Carrington D.J. (1989): Organizational Behaviour.		
4) Cumming and Denhom (1980): Introduction to Organizational Behaviour,		
5) Miner J.B. (1992): Industrial/ Organizational Psychology. N.Y., Mc Graw Hill		

Meekam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Continuous Evaluation Methods:

Paper-3

Programme: MA	Year: Second	Semester: Forth
Name of Faculty: Dr. Kumkum Pareek		
Course Title: Neuro-Developmental Psychology	Core Compulsory	
Course Code: Psy-G-8079	Theory	
Max Marks: 50+50		
Course Outcome: This course is aimed at Learning Disabilities, Attention Deficit Hyper Activity Disorder, Autistic Spectrum Disorders, Dementias.		
Unit	Topics	No. of Lectures 60
I	Learning Disabilities: Theoretical Framework, Types, Diagnostic Procedures.	15
II	Attention Deficit Hyper Activity Disorder: Theoretical Framework, Types, Diagnosis, Etiology.	15
III	Autistic Spectrum Disorders: Theoretical Framework, Levels, Etiology, Assessment and Interventions.	15
IV	Dementia: Types, and Classifications; Alzheimer Disease: Histological Markers, Neuropsychological Profile, Sub cortical Dementias with Special Reference to Parkinson's Disease.	15
Suggested Readings:		
1) Whitaker, H.A. (1988). Neuropsychological studies of non focal brain damage, New York: Springer- Verlag		
2) Walsh, K. (1994). Neuropsychology; Aclinical approach. New Delhi, Churchill Livingstone		
3) Heliman, K.M. & Valenstein, E. (1993). Clinical Neuropsychology, New York: Freeman, W.H.		
4) Ottoson, D. (1987). Duality and Unity of the brain. London: MacMillan		
5) Boller, F. & Grafman, J. (1988). Handbook of Neuropsychology. New York: Elsevier		
Continuous Evaluation Methods:		

Meelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Paper-4

Programme: MA	Year: Second	Semester: Forth
Name of Faculty: Dr. Neelam Singh		
Course Title: Psychopathology		Core Compulsory
Course Code: Psy-G-9080		Theory
Max Marks: 50+50		
Course Outcome: To get the students acquainted with the nature of psychological disorders, classification of psychological disorders, Indian Perspectives on Sufferings and various psychological approaches to management.		
Unit	Topics	No of Lectures 60
I	Classification Systems & Models: Overview of latest versions of Diagnostic and Statistical Manual (DSM); International Classification of Diseases (ICD 10); Biological, Psychodynamic, Behavioral and Cognitive Models of psychopathology.	10
II	Organic and Psychotic Disorders: Dementia; Schizophrenia (Disorganized, Paranoid and Catatonic Type) and Mood Disorders (Mania and Depression), Delusional Disorder.	10
III	Neurotic, Stress-related and Somatoform disorders: Phobia, Panic Disorder, Generalized Anxiety Disorder, Obsessive- Compulsive Disorder; Post-traumatic Stress Disorder, Suicide, Conversion Disorder, Dissociative Amnesia, Dissociative Convulsions, Trance and Possession Disorder.	10
IV	Substance Related Disorders: Alcohol Dependence, Short- term Effects of Cannabis.	10
V	Mental Retardation and Specific Developmental Disorders of Scholastic Skills: Mental Retardation, Specific Reading Disorder, Specific Disorder of Arithmetical Skills.	10
VI	Therapeutic Approaches: Psychotherapy and Behavior Therapy. Prevention Indian Perspective on Health, illness and healing.	10
Suggested Readings: 1) Richard R. Bootzin 2) Joan Ross Acolta 3) Lauren B. Alloy 4) J.C. Coleman		
Continuous Evaluation Methods:		

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut

Paper-5: Practicum

Programme: MA	Year: Second	Semester: Fourth
Name of Faculty: Dr. Neelam Singh		
Course Title: Practicum		Core Compulsory
Course Code: G877		Practical
Max Marks: 50+50		
Any Five of the following practicum-		
Unit	Topics	No. of Lectures 60
1		
2		
3		
4		
5		
6		
7		
8		
9	Depression Scale	
10	Mental Health Test	
11	PGI Mental Health Questionnaire	
12	TAT	
13	Rorschach Ink Block Test	
14	MPI	
15	MMPI	
Note: Besides the above, the teacher can design other relevant pranicum.		
Continuous Evaluation Methods:		

Neelam Singh
Associate Professor & Head
Dept. of Psychology
R.G. (P.G.) College
Meerut