

## **ANNUAL TRAINING PROGRAMME - SENIOR WING 2024**

### **(AS PER THE NEW AMMENDMENT OF SNCCO SEP 2023) For Ist Year**

Ser No.	D Day	Ist Year		
		1st Period	2nd Period	3rd period
1	D Day	Drill Ki Aam Hidayaten aur Word of Command	Aims, Ojectives & Organsiation of NCC	Duties of NCC Cadets
2	D+1	Savdhan, Vishram , Aram se aur Murna	Savdhan, Vishram , Aram se aur Murna	Incentives
3	D+2	Kadwar Sizing, Teen Line Banana, Khuli Line aur nikat line	Kadwar Sizing, Teen Line Banana, Khuli Line aur nikat line	NCC Camps: Types & Conduct
4	D+3	Khade-Khade Salute Karna Parade par, Visarjan aur Line Thod	National Integration : Importance & Necessiaty	Factors affecting National Integration
5	D+4	Tejchal, Tham aur Dhire Chal Tham	Tejchal, Tham aur Dhire Chal Tham	Fire Service & Fire Fighting
6	D+5	Dahine, Baen, Aage aur Piche Kadam Lena	Personality Development Capsule	Leadership Development Capsule

7	D+6	Tejchal se Murdna	Tejchal se Murdna	Group Discussion
8	D+7	Tej Kadam Taa aur Tham	Public Speaking	Public Speaking
9	D+8	Drill Ki Aam Hidayaten aur Word of Command0	Drill Ki Aam Hidayaten aur Word of Command0	Hygiene & Sanitation
10	D+9	Rif ke saath savdhan, Vishram aur aarm se	Rif ke saath savdhan, Vishram aur aarm se	First Aid in Common Medical Emergencies
11	D+10	Rif ke saath parade par aursaj	Rif ke saath visarjan aur line thod	First Aid in Common Medical Emergencies
12	D+11	Bhumi Shastra aur uthao shastra	Bagal Shastra aur baju shastra	First Aid in Common Medical Emergencies
13	D+12	Introduction & Characteristics of .22 Riffle	Introduction & Characteristics of .22 Riffle	Handling of .22 Riffle

14	D+13	Handling of .22 Riffle	Range Procedure & Theory of Group	Introduction to YOGA & Exercises
15	D+14	Short Range Firing	Short Range Firing	Short Range Firing
16	D+15	Short Range Firing	Short Range Firing	Short Range Firing
17	D+16	Disaster Mgt Capsule	Disaster Mgt Capsule	Disaster Mgt Capsule
18	D+17	Initiative Trg, Organising Skills, Do's & Dont's	Initiative Trg, Organising Skills, Do's & Dont's	Initiative Trg, Organising Skills, Do's & Dont's
19	D+18	Introduction to Adventure Training	Social Service Capsule	Social Service Capsule
20	D+19	Obstacle Course	Obstacle Course	Obstacle Course
21	D+20	Swatch Bharat Abhiyan	Swatch Bharat Abhiyan	Swatch Bharat Abhiyan

22	D+21	Social Service Capsule	Social Service and Community Development Activities	Protection of Children & Women Safety
23	D+22	New Initiatives	Cyber & Mobile Security Awareness	Armed Forces, Army, CAPF, Police
24	D+23	Armed Forces, Army, CAPF, Police	Armed Forces, Army, CAPF, Police	Introduction Map Reading
25	D+24	Introduction Map Reading	Introduction Map Reading	Basic Communication Procedure
26	D+25	MHygiene & Sanitation	MHygiene & Sanitation	MHygiene & Sanitation
27	D+26	Introduction to Field Craft	Introduction to Field Craft	Introduction to Field Craft
28	D+27	MIntroduction to YOGA & Exercises	MIntroduction to YOGA & Exercises	Organisation of Infantry Battalion & in Weapons

29	D+28	Observation Camouflage & Concealment	Observation Camouflage & Concealment	Observation Camouflage & Concealment
30	D+29	Basic Communication Procedure	Basic Communication Procedure	Organisation of Infantry Battalion & in Weapons
31	D+30	War Movies	War Movies	Organisation of Infantry Battalion & in Weapons
32	D+31	Conduct of MR Google & Tourist Maps and Apps	Conduct of MR Google & Tourist Maps and Apps	Conduct of MR Google & Tourist Maps and Apps
33	D+32	Conduct of MR Google & Tourist Maps and Apps	Conduct of MR Google & Tourist Maps and Apps	Conduct of MR Google & Tourist Maps and Apps
34	D+33	BCA	BCA	-
35	D+34	Case Studies	Case Studies	-

1 & 3/22 OF GIRLS BN. NCC,

Raghunath Girls' Post Graduate  
College, Meerut

## ANNUAL TRAINING PROGRAMME - SENIOR WING 2024 (AS PER THE NEW AMMENDMENT OF SNCCO SEP 2023) For IInd Year

2nd Year		
1st Period	2nd Period	3rd period
Tejchal, Tham aur Dhire Chal Tham	Threats to National Security	Introduction to YOGA & Exercises
Tejchal, Tham aur Dhire Chal Tham	Communication Skills	Communication Skills
Tejchal, Tham aur Dhire Chal Tham	Communication Skills	Group Discussion
Tejchal se Salute Karna	Group Discussion	Group Discussion
Tejchal se Salute Karna	Public Speaking	Public Speaking
Tejchal se Salute Karna	Case Studies	Case Studies

Drill Ki Aam Hidayaten aur Word of Command1	Case Studies	Case Studies
Drill Ki Aam Hidayaten aur Word of Command1	Initiative Trg, Organising Skills, Do's & Dont's	Initiative Trg, Organising Skills, Do's & Dont's
Drill Ki Aam Hidayaten aur Word of Command1	Initiative Trg, Organising Skills, Do's & Dont's	Road / Rail Travel Safety
Salami Shastra	First Aid in Common Medical Emergencies	New Initiatives
Salami Shastra	Conduct of MR Google & Tourist Maps and Apps	First Aid in Common Medical Emergencies
Salami Shastra	Group Discussion	First Aid in Common Medical Emergencies
Guard Monitoring	Guard of Honour	Cyber & Mobile Security Awareness

Social Service and Community Development Activities	Social Service and Community Development Activities	Social Service and Community Development Activities
Short Range Firing	Short Range Firing	Short Range Firing
Short Range Firing	Short Range Firing	Short Range Firing
Social Service and Community Development Activities	Social Service and Community Development Activities	Social Service and Community Development Activities
Social Service and Community Development Activities	Social Service and Community Development Activities	Social Service and Community Development Activities
Social Service and Community Development Activities	Social Service and Community Development Activities	Social Service and Community Development Activities
BCA	BCA	Protection of Children & Women Safety



Swatch Bharat Abhiyan	Swatch Bharat Abhiyan	Swatch Bharat Abhiyan
Obstacle Course	Obstacle Course	Obstacle Course
Conduct of MR Google & Tourist Maps and Apps	Conduct of MR Google & Tourist Maps and Apps	Conduct of MR Google & Tourist Maps and Apps
Conduct of MR Google & Tourist Maps and Apps	Conduct of MR Google & Tourist Maps and Apps	Conduct of MR Google & Tourist Maps and Apps
Conduct of MR Google & Tourist Maps and Apps	Conduct of MR Google & Tourist Maps and Apps	Basic Communication Procedure
MFirst Aid in Common Medical Emergencies	MFirst Aid in Common Medical Emergencies	MFirst Aid in Common Medical Emergencies
Fire & Move Capsule	Fire & Move Capsule	Fire & Move Capsule

MIIntroduction to YOGA & Exercises	MIIntroduction to YOGA & Exercises	Introduction to YOGA & Exercises
Observation Camouflage & Concealment	Observation Camouflage & Concealment	Observation Camouflage & Concealment
Basic Communication Procedure	Basic Communication Procedure	Organisation of Infantry Battalion & in Weapons
War Movies	War Movies	War Movies
Armed Forces, Army, CAPF, Police	Armed Forces, Army, CAPF, Police	Armed Forces, Army, CAPF, Police
Conduct of MR Google & Tourist Maps and Apps	Conduct of MR Google & Tourist Maps and Apps	Organisation of Infantry Battalion & in Weapons
Group Discussion	Group Discussion	-
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## ANNUAL TRAINING PROGRAMME - SENIOR WING 2024 (AS PER THE NEW AMMENDMENT OF SNCCO SEP 2023) For IIIrd Year

<b>3rd Year</b>		
<b>1st Period</b>	<b>2nd Period</b>	<b>3rd period</b>
Case Studies	Case Studies	Introduction to YOGA & Exercises
Case Studies	Communication Skills	Communication Skills
Case Studies	Communication Skills	Group Discussion
Case Studies	Group Discussion	Group Discussion
Public Speaking	Public Speaking	Public Speaking
Career Counselling, SSB Procedure & Interview Skills	Career Counselling, SSB Procedure & Interview Skills	Career Counselling, SSB Procedure & Interview Skills
Environmental Awareness & Conservation Capsule	Environmental Awareness & Conservation Capsule	Environmental Awareness & Conservation Capsule

Initiative Trg, Organising Skills, Do's & Dont's	Initiative Trg, Organising Skills, Do's & Dont's	Initiative Trg, Organising Skills, Do's & Dont's
Obstacle Course	Obstacle Course	Obstacle Course
Salami Shastra	Squad Drill	New Initiatives
Salami Shastra	Squad Drill	Gourd Mounting
Salami Shastra	Squad Drill	Gourd Mounting
Guard of Honour	Guard of Honour	Cyber & Mobile Security Awareness
Social Service and Community Development Activities	Social Service and Community Development Activities	Social Service and Community Development Activities
Short Range Firing	Short Range Firing	Short Range Firing
Short Range Firing	Short Range Firing	Short Range Firing
Social Service and Community Development Activities	Social Service and Community Development Activities	Social Service and Community Development Activities

Social Service and Community Development Activities	Social Service and Community Development Activities	Social Service and Community Development Activities
Social Service and Community Development Activities	Social Service and Community Development Activities	Social Service and Community Development Activities
BCA	BCA	Protection of Children & Women Safety
Swatch Bharat Abhiyan	Swatch Bharat Abhiyan	Swatch Bharat Abhiyan
Modes of Entry to Army, CAPF, Police	Modes of Entry to Army, CAPF, Police	Modes of Entry to Army, CAPF, Police
Conduct of MR Google & Tourist Maps and Apps	Conduct of MR Google & Tourist Maps and Apps	Conduct of MR Google & Tourist Maps and Apps
Conduct of MR Google & Tourist Maps and Apps	Conduct of MR Google & Tourist Maps and Apps	Conduct of MR Google & Tourist Maps and Apps
Introduction to Communication & Latest Trends	Introduction to Communication & Latest Trends	Basic Communication Procedure

MHygiene & Sanitation	MHygiene & Sanitation	MHygiene & Sanitation
Fire & Move Capsule	Fire & Move Capsule	Fire & Move Capsule
MIntroduction to YOGA & Exercises	MIntroduction to YOGA & Exercises	Knots, Lashings & Stretchers
Organisation of Infantry Battalion & in Weapons	Logical & Analytical Reasoning	Logical & Analytical Reasoning
Basic Communication Procedure	Basic Communication Procedure	Organisation of Infantry Battalion & in Weapons
War Movies	War Movies	War Movies
Group Discussion	Group Discussion	Group Discussion
General Knowledge	General Knowledge	-
-	-	-
-	-	-

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