



RAGHUNATH GIRLS' POST GRADUATE COLLEGE

Western Kutchery Road, Meerut-250001

Re-Accredited 'B+' Grade by NAAC (CPE Status since 2006)

College of Excellence 2014

AISHE Code: C-28817



Principal - 9520886032
IQAC - 9520886033
Chief Adm. - 9520886031

E-mail : rgpgcollegemrt@gmail.com
Website : <https://rgcollege.ac.in>
Facebook ID : Raghunandini Rgpg Meerut
You Tube Channel : RGPG COLLEGE

ACTIVITY CLUB

Raghunath Girls' Post Graduate College, Meerut



REPORT (2023-24)



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A BRIEF VIEW OF ACTIVITY CLUB

HISTORY:-

Activity Club was initiated in 2021. The club was formed under NEP and is actively organising various programmes and activities since its inception. The aim of the club is to bring out the best in students.

MOTTO: - Teams Build Dreams

OBJECTIVES OF CLUB: -

- ❖ To boost the innovative spirit of students by giving them an opportunity to participate in various programmes.
- ❖ Facilitate overall development of students
- ❖ To instil a quest of learning
- ❖ to create awareness about environmental issues



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Prof. Nivedita Kumari
Principal

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Ref. No. IQAC 002 AJ/2023-24

ACTIVITY CLUB

सत्र 2023-2024

Session 2023 - 24

Dated : 31.07.2023

अपर मुख्य सचिव उ०प्र० शासन के पत्र संख्या 142/सत्तर-3-2021-08(35)/2020 टी.सी.-1 दिनांक 15.01.2021 के अनुपालन में शैक्षिक सत्र 2023-24 के लिये महाविद्यालय में एक्टिविटी क्लब का गठन किया जा रहा है। उपरोक्त प्रकोष्ठ में छात्राओं को सदस्य के रूप में कुल सदस्य संख्या का कम से कम 50 प्रतिशत सम्मिलित किया गया है।

Under the 142/सत्तर-3-2021-08(35)/2020 टी.सी.-1 दिनांक 15.01.2021 in carrying out the orders in the session 2023-24, **Activity Club** is being formed. In this cell the number of students participation is in the ratio of at least 50% of the faculty members.

Incharge : Dr. Anu Rastogi
Member : Dr. Manju Lata
Dr. Rajani Srivastava
Dr. Anuradha
Dr. Amita Sharma
Mrs. Manisha Singhal
Dr. Garima Malik
Ms. Chinky Upadhyay
Dr. Shweta Tyagi

Copy to :

1. IQAC
2. All Faculty Members
3. Mrs. Anju Yadav, Guard File
4. Staff Notice Board


IQAC Coordinator
Raghunath Girls' Post Graduate College
Meerut


Principal
Raghunath Girls' Post Graduate College
Meerut



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Raghunath Girls' Post Graduate College

Activity Club (Student Representatives)

Session 2023-2024

S.NO.	Student's Name	CLASS	Univ. Id	E-mail	Contact No.
1	Soni Jainer	B.A I Year	23GC043050	Harshgurjar161@gmail.com	9639196181
2	Muskan	B.A I Year	23GC000063	Priyanath7409@gmail.com	9760131550
3	Khushi	B.A I Year	23GC040761	Sarita8755148078@gmail.com	9758026702
4	Ashna	B.A II Year	22G0030364	Ashnaabbasi398@gmail.com	9634223661
5	Priya Singh	M.A I Year	23PC0169416	Priya62825@gmail.com	6397951624
6	Anushka Tyagi	M.A I Year	23PC005898	tyagianushka@gmail.com	8279514797
7	Rishika Garg	M.A I Year	23PC011782	Rishikag208@gmail.com	7668384736
8	Aditi	B.A II Year	22G00104466	Sonkaraditi0320@gmail.com	7668552671
9	Samra Nafees	B.A II Year	22G0098075	Samranafees144@gmail.com	7302036393
10	Priya Malik	M.A II Year	23PC007790	Rahulb63@gmail.com	6395240244
11	Surbhi Baliyan	M.A II Year	22PO134350	baliyangargii@gmail.com	7310824737
12	Shivani Moral	M.A II Year	22PO162026	Shaivanigujjar80@gmail.com	9368238213
13	Kanika Bhardawaj	M.A II Year	22PO173400	Kanikabhardawaj0612@gmail.com	9045105620
14	Garima Gaur	B.A III Year	21F0205257	Gaugarima45@gmail.com	8439730079
15	Yeshu Panwar	B.A III Year	21G0205766	Yeshupanwar139@gmail.com	9639405457
16	Ritu	B.A III Year	21G0097932	Rr802107@gmail.com	9058408543
17	Sara Alam	B.A II Year	22G0062008	Sarak9927127@gmail.com	9368620034
18	Gauri Sahani	B.A III Year	21G0011669	Gaurisahani29@gmail.com	8879802198
19	Aaliya	B.a III	21G0069605	Aliyaansari1603@gmail.com	7300635727



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	Ansari	Year			
20	Akansha	M.A II Year	22PO136813	Akanshajata4@gmail.com	9456091918
21	Muskan	M.A I Year	23PC016161	Gurmeetdhama36@gmail.com	7248419409
22	Yeshab	M.A I Year	23PC006240	Yeshabkhan902@gmail.com	8532825632
23	Khushboo	M.A I Year	23PC00395	Beenaranikh578@gmail.com	7417312109
24	Samistha	B.SC II Year	22G0001025	samisthabhadana@gmail.com	8535004483
25	Isha Singh	B.SC II Year	22G0140624	Ishanu3112@gmail.com	7900781744
26	Aysha Khaton	B.SC I Year	23GC005306	Ayshasabri786@gmail.com	8864826640
27	Aakriti	B.SC I Year	23GC082638	Aakiritichadhary005@gmail.com	8630234469
28	Niyati	B.A I Year	23GC017335	Peehukashyap0@gmail.com	7455819736
29	Nashra	B.A I Year	23GC017084	zaidfareddi@gmail.com	9634290120
30	Ritika Kanojia	B.A I Year	23GC012008	Kanojia686@gmail.com	9761845055



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MINUTES OF MEETINGS HELD

25/09/2023

PAGE No. _____
DATE: 1/2023

Meeting regarding Street Plays
Mukkaal Natak Jan 'Swachha Hae
Sewa Hai' 30.09.23

Agenda: To create awareness among students
* To celebrate Swachha Diwas

ACTION TAKEN: Mukkaal Natak on theme
"Swachha Hae Sewa Hai"

Duties Assigned

Preparation of Notice & Flyer - Dr. Garima
Photographs - Dr. Shweta
Press Report - Dr. Anita Sharma

Attended

1) Prof. Anu Rastogi
2) Dr. Garima Malik
3) Dr. Shweta Tyagi
4) Dr. Manjilata
5) Dr. Shweta Tyagi
6) Ms. Chinky Upadhyaya
7) Prof. Anita Sharma
8) Mrs. Manisha Singhal
9) Prof. Rajni Srivastava



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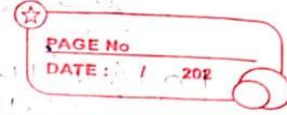
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28.11.2023



Meeting regarding "NUKKAR NATAK" on
"MOTA ANAAS, POSHIT ANAAS". The Nukkar
Natak will be organised in Mohindpur
Village on 28.11.2023.

AGENDA :- To spread awareness among
rural women regarding the utility
of MOTA ANAAS in contemporary
times.

ACTION TAKEN :- The NUKKAR NATAK was
successfully organized.

DUTIES ASSIGNED :- The assigned duties were
fulfilled by the members.

Prof. ANU RASTOGI.
Dr. Prof. RAJANI SRIVASTAVA.
Prof. MANJULATA
Prof. ANURADHA.
Prof. ANITA SHARMA.
Ms. MANISHA SINGHAL.
Dr. GARIMA MALIK.
Ms. CHINKI UPADHYAY.
Dr. SHWETA TYAGI.

Anu

Manjula

Anita

Manisha

Garima

Chinki

Shweta



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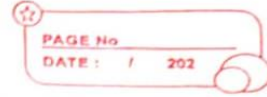
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01/12/2023



Meeting regarding Three Day Workshop
(06/12/2023 - 08/12/2023) on preparation of
different recipes for the women of
Mehinuddinpur village.

AGENDA: To enlighten them about different
recipes (millet, pickle)

ACTION Taken :- Activities Conducted:-

Demonstration of Millet Recipes;
Preparation of Pickle Recipes; Dry Spices
Campus Visit

Duties Assigned:- Press Report: Dr. Anusadra
Plenifier: Dr. Amita Sharma
Banner: Dr. Garima Malik

Attendees:

Dr. Anu Rastogi

Dr. Anusadra

Dr. Amita

Dr. Manisha Singhal

Dr. Garima Malik

Ms. Chinky Upadhyay

Dr. Shweta Tyagi

Prof. Kajari

Prof. Manjita Lata



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10.01.2024

PAGE No
DATE: / / 202

Meeting regarding organising student
competition on the occasion of National
Youth Day (10/01/2024).

Agenda: To promote creative and innovative
spirit among youth. To give youth a
platform for showcasing their talent.

Action taken: A slogan competition

Duties assigned: ~~---~~ PRESS REPORT - Dr. Anuradha
PHOTOGRAPHS - Ms. Chinki
FEEDBACK FORM - Dr. Shweta

Prof. Anu Partho

Prof. Anuradha

Prof. Rajani Srivastava

Prof. Manju Lata

Prof. Anita

Dr. Shweta Tyagi

Ms. Chinki Upadhyay

Dr. Manisha Singh

Dr. Garima Malik



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15.01.2024

PAGE No
 DATE: / / 202

Meeting regarding celebration of National Girl Child Day on "Meri Beti Mera Abhiman".

Agenda: To raise awareness about gender equality rights of girls and emphasize the significance of their education, health and nutrition.
 * To create an environment that values girl child

Action taken: A Mukhad Watah was organized on 24/01/2024. Meri Beti Mera Abhiman was the theme.

duties assigned:

II MEETING: Meeting regarding celebration on "NATIONAL VOTERS DAY".

AGENDA: To spread awareness among the people of LAL KURTI, BABUR WALI KOTHI regarding their voting rights.

ACTION TAKEN: The program was a success.

Prof. Anu Koushik ✓
 Prof. Bajani ✓
 P. of Anusalka ✓
 Mr. Manish Singhal ✓
 Prof. Manjusha ✓
 Ms. Chinki Upadhyay ✓
 Dr. Garima Khatun ✓



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11.03.2024.

PAGE No
DATE : / / 202

Meeting regarding one day WORKSHOP on "EMERGENCY HANDLING" to be organised in Mohiuddinpur village on 14.03.2024.

AGENDA :- To spread awareness among the women of MOHIUDDINPUR VILLAGE regarding treatment techniques and pressure points to be applied during Emergency situations.

ACTION TAKEN :- Workshop was successfully conducted.

Prof. Anu Rastogi

Prof. Rajani Srivastava

Dr. Anshu Yadav

Dr. Manisha Singh

Dr. Garima Malik

Prof. Anju Saha

Prof. Amrita Sharma



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Events /Talks by eminent personnel/ organized/ attended in the academic year (in the chronological order): -

Name of the Event	Date of the Event (DD-MM- YYYY)	Number of students participated	Number of Faculty Members participated
Nukkad Natak on the theme "Swachhta Hi Seva Hai"	30 TH SEPTEMBER 2023	15	12
NUKKAD NATAK on "MOTA ANAAJ POSHIT ANAAJ" in Mohiuddinpur village	28 NOVEMBER 2023	12	03
Three-day workshop on preparation of different recipes for the women of Mohiuddinpur village	6 th December 2023- 8 th December 2023	08 village women H.Sc. Deptt. Students	12
Slogan writing competition on "YOUTH-THE PRIDE OF NATION" in collaboration with Anti Ragging Cell	12 January 2024	45	15
Nukkad Natak on "MERI BETI, MERA ABHIMAN" in collaboration with PWFSC & Anti Ragging and Anti Sexual Harassment Cell	24 th January 2024	15	14
NATIONAL VOTER'S DAY, A VOTING AWARENESS PROGRAM WAS ORGANISED AT LAL KURTI in collaboration with N.S.S & Pol. Sc. Association	24 th January 2024	15	06
One day workshop on "EMERGENCY HANDLING" ORGANISED IN Mohiuddinpur village	14 TH MARCH 2024	12	04



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Report of Activity

(Title of Activity): Nukkar Natak on "SWACHHTA HI SEVA"

(Date of Activity): 30.09.2023

(Venue of Activity): R.G.(P.G.) College

(Total No. of Participants): 40

(Name of coordinator/Convenor/Org. Secretary): Prof. Anu Rastogi

(Name of Department/Committee/Cell) : Activity Club in collaboration with Deptt. Of Home Science

(Purpose/Objective of Event): The aim of the Nukkar Natak was to educate youngsters on the importance of sanitation and to encourage them to practice the same in their homes, locality, city and college. The students were also taught about the waste segregation.

(Outcome of Activity): The Nukkar Natak not only created awareness among the students about sanitation and cleanliness but also enlightened them on waste segregation.



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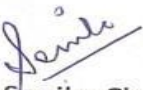
Notice/Permission:


INVITATION

We are glad to inform you that Nagar Nigam Meerut, Activity Club and Dept. Of Home Science are Jointly Organising a Nukkar Natak On. "Swachhata Hi Seva" Dated On 30/09/2023 At. 12:15pm infront of College Library.

You Are cordially Invited to grace the Occasion.


Prof. Anu Rastogi
Cordinator
Activity Club


Prof. Sonika Chaudhary
H.O.D. Home Science


Dr. Shweta Tyagi
Orgnising Secretary



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(Collage of geotag & non geotag pics)





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(Press release/Media coverage/Social Media):

मेरठ:- स्वच्छता ही सेवा विषय पर नुक्कड़ नाटक का आयोजन



एमटीवी:- आरजीपीजी कॉलेज में नगर निगम, एक्टिविटी क्लब तथा गृह विज्ञान विभाग के संयुक्त तत्वावधान में "स्वच्छता ही सेवा" विषय पर एक नुक्कड़ नाटक आयोजित किया गया। कॉलेज की छात्राओं ने नाटक के माध्यम से अपने शहर तथा देश को स्वच्छ रखने का संदेश दिया। कॉलेज की प्राचार्या प्रो.मिथेदिता मलिक ने सभी को अपने महाविद्यालय में साफ-सफाई रखने और गांधी जी के संदेशों पर चलने के लिए प्रेरित किया। एक्टिविटी क्लब कॉर्डिनेटर प्रो.अनु रस्तोगी ने छात्राओं को गीला कपड़ा तथा सूखा कपड़ा अलग-अलग रखने की जानकारी दी। संयोजिका डॉ.श्वेता त्यागी ने सरकार द्वारा चलाए गए स्वच्छता पखवाड़े के अन्तर्गत किए जाने वाले श्रमदान के बारे में बताया। कार्यक्रम के सफल आयोजन में डीन ऑफ साइंस प्रो.कल्पना चौधरी, प्रो.सोनिका चौधरी, प्रो.रजनी श्रीवास्तव, प्रो.मंजुलता, ममता कुमारी, कु.हिमानी विशनोई, हिमाक्षी कौशिक, कु.छाया मलिक, कु.शीबा उपस्थित आदि का सहयोग रहा।



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(List of Participants with Sr no., Univ Id, Class, Sign):

S.No	Students Name	Class	University ID	Contact No.	Email ID	Sign
1	Soni Jainam	B.A. Ist Sem	2361009305	9639196181	hanish.gunjar161@gmail.com	Soni Jainam
2	BHOOMI	B.A. Ist Sem	2361012084	9756907677	Salak Ji Salak ji@gmail.com	BHOOMI
3	Khushi mastogi	B.A. Ist Sem	236102824	9548370664	mastogi.khushi.khushi@gmail.com	Khushi
4	Dakshita Kelli	B.A. Ist year	UG123529	9012458824	Kehlidimple683@gmail.com	Dakshita
5	Shivani	B.A Ist year	2361066688	9456973662	himanshi.kumar7363@gmail.com	Shivani
6	Nida Rehman	B.A. Ist year	2361046133	9927901087	sumanichalasi@gmail.com	Nida
7	Mantasha	B.A Ist year	2361013636	9273365727	Mantasha.ali.634@gmail.com	Mantasha
8	Priya meena	Bsc Ist year	23610	8126846814	vijay Singh Priya meena@gmail.com	Priya
9	Bhena Sankar	B.A Ist year	23610052271	7077522507	Bhena.sankar.997@gmail.com	Bhena
10	Rupali Govesi	B.A 2nd year	2210012660	9027828783	bravekoushali990@gmail.com	Rupali
11	Upasna	B.A 2nd year	2240077029	7454022477	shakuniparna17@gmail.com	Upasna
12	Inzy Kauran	B.A 2nd year	2240077029	8791940507	inzy.kauran7@gmail.com	Inzy
13	Nagmatiستا	B.A III year	21610087784	9557334021	Pardhanali72@gmail.com	Nagmati
14	Nagmatiستا	B.A III year	21610087784	8755040468	ayushisingh8755@gmail.com	Nagmati
15	Aaryushi	B.A Ist year	23610063661	7500456436	my.sc.3911@gmail.com	Aaryushi
16	Kamarylei	B.A Ist year	23610020415	9756896651	anjali.90002@gmail.com	Kamarylei
17	Manjul	B.A Ist year	2361006463	82182012878	anjali.90002@gmail.com	Manjul
18	Anjali	B.A Ist year	UG1236100836	8449453371	vijay Singh Anjali@gmail.com	Anjali
19	AKANSH	B.A Ist year	UG1A.23483	8449453371	vijay Singh Anjali@gmail.com	AKANSH
20	Aarohi	B.A Ist year	UG1A.525	8630823914	Purnia Priya29@gmail.com	Aarohi
21	Priya	B.A Ist year	UG1A.562	8630823914	Purnia Priya29@gmail.com	Priya
22	Anshu Kumari	B.A Ist year	UG1A-23910	7505952029	Sekiyathan63961@gmail.com	Anshu
23	Malena	B.Com Ist year	23610023198	92972813874	choudharykanishka12@gmail.com	Malena
24	Seena	B.Com Ist year	23610023198	92972813874	choudharykanishka12@gmail.com	Seena
25	Kanishka Chaudhary	M.Com Ist year	-	8755040468	choudharykanishka12@gmail.com	Kanishka
26	Shaniya Salmani	M.Com Ist year	-	7662333274	choudharykanishka12@gmail.com	Shaniya
27	Sania Kaur	B.A Ist year	UG1A-391	7302036393	manuana.fuss141@gmail.com	Sania

S.No	Name of the Students	Class	University ID	Contact No.	Email ID	Sign
27	Sara	B.A Ist year	2361038762	9258150710	milita.RC.830@gmail.com	Sara
28	Iqra	B.A Ist year	2361012064	95282944171	iqracascifi318@gmail.com	Iqra
29	Jwan Chaudhary	B.A Ist year	2361016273	7455962719	Jwan.chaudhary29@gmail.com	Jwan
30	Rishu Thakur	B.A Ist year	2361021379	8595437077	Rishu.Thakur@gmail.com	Rishu
31	Dakshita Kelli	B.A Ist Sem	236123529	9012458824	Kehlidimple683@gmail.com	Dakshita
32	Himanshi Kashyap	B.A Ist Sem	2361024535	9058041292	Kashyaphimanshi@gmail.com	Himanshi
33	Kamarylei	B.A Ist Sem	23610020415	9500458928	choudharykanishka12@gmail.com	Kamarylei
34	Kavita	B.A Ist Sem	2361013623	8791602586	vital28022003@gmail.com	Kavita
35	Bhoomi	B.A Ist Sem	2361012084	9756907677	Salak Ji Salak Ji@gmail.com	Bhoomi
36	Hiba	B.A Ist Sem	2361019934	9675209403	hibaabbaai94178401@gmail.com	Hiba
37	Anjali Mishra	B.A Ist Sem	23610081370	8057989961	ajaymishra7575@gmail.com	Anjali
38	Manjula	B.A Ist Sem	2361016117	9915814125	sanjaysharma862@gmail.com	Manjula
39	Manjula	B.A Ist Sem	23610048530	7559270093	Raj.K.851575@gmail.com	Manjula
40	Kanchan	B.A Ist Sem	2361027203	7078258276	K7603227@gmail.com	Kanchan
	Paiza ali	B.A Ist Sem	2361014125	8630823914	Amaali-Amaali.benteng@gmail.com	Paiza



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IQAC - 9520886033
Chief Adm. - 9520886031

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Website : <https://rgcollege.ac.in>
Facebook ID : Raghunandini Rpgg Meerut
You Tube Channel : RGPG COLLEGE

Feedback taken:

Activity Club
NUKARNATAK
30.09.2023

1- NAME OF PARTICIPANT - Sara

2- HOW DID YOU FIND THE PROGRAMME- very good

3- YOUR RATING ABOUT THE RESOURCE PERSON - -

4- YOUR RATING ABOUT THE PROGRAMME- 9/10

5- ANY SUGGESTION- -

SIGNATURE- Sara

NAME- Sara

PHONE NO- 9258150710

Activity Club
NUKARNATAK
30.09.2023

1- NAME OF PARTICIPANT - Sapna

2- HOW DID YOU FIND THE PROGRAMME- Good

3- YOUR RATING ABOUT THE RESOURCE PERSON - -

4- YOUR RATING ABOUT THE PROGRAMME- 10/10

5- ANY SUGGESTION- NO

SIGNATURE- Sapna

NAME- Sapna

PHONE NO- 9807813874



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Report of Activity

(Title of Activity): Nukkar Natak on “MOTA ANAAJ POSHIT ANAAJ”

(Date of Activity): 28.11.2023

(Venue of Activity): Mohinuddinpur Village (Adopted Village)

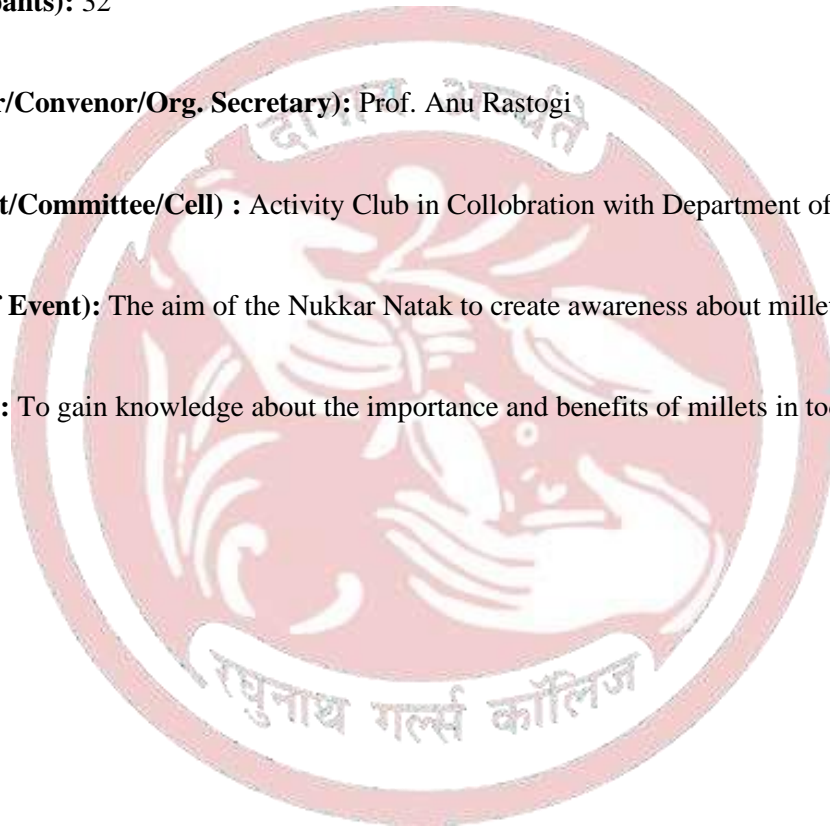
(Total No. of Participants): 32

(Name of coordinator/Convenor/Org. Secretary): Prof. Anu Rastogi

(Name of Department/Committee/Cell) : Activity Club in Collobration with Department of Home Science.

(Purpose/Objective of Event): The aim of the Nukkar Natak to create awareness about millets among villagers.

(Outcome of Activity): To gain knowledge about the importance and benefits of millets in today's lifestyle.





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Notice/Permission Letter:

TO

The Principal,

Raghunath Girls' Post Graduated College,
Meerut.

Sub: Permission to take P.G students to Mohiuddinpur Village
for awareness programme.

Respected madam ,

This is to request you to kindly permit our 12 P.G students (Home Science) for performing Nukkad Natak on awareness of health benefits of millets in collaboration with activity club on 28th November 2023 in Mohiuddinpur village , Meerut.

I will be highly obliged if you would do so.

Thanking you

Yours faithfully

Date : 28 Nov. 2023

Time: 11:00 A.M.

Forwarded
Jainu
23/11/2023

Home Science Department
Raghunath Girls' Post Graduate College
Meerut

Permitted
Jy
23/11/23

Principal
Raghunath Girls' Post Graduate College
Meerut



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(Collage of geotag & non geotag pics):



Instagram : <https://www.instagram.com/rgpg58?igsh=aGpveDZ4OGxxaGFu>



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(Press release/Media coverage/Social Media links):

Mtv 28/11/2023
LIVE UPDATES
LIVE NEWS
For Advertisement
9761140893
9520651070
Web Portal News Channel & Hindi Newspaper

मेरठ:- आरजीपीजी कॉलेज के एकटिविटी क्लब द्वारा "मोटा अनाज पोषित अनाज" विषय पर नुक्कड़ नाटक का आयोजन

एमटीवी:- आरजीपीजी कॉलेज के एकटिविटी क्लब द्वारा मंगलवार को ग्राम मोहिउद्दीनपुर में "मोटा अनाज पोषित अनाज" विषय पर एक नुक्कड़ नाटक का प्रस्तुतिकरण किया गया। जिसमें गांव की महिलाओं तथा बच्चों को मोटे अनाज की उपयोगिता के बारे में जानकारी दी गई। इस दौरान गृहविज्ञान विभाग की शिक्षिका डॉ. श्वेता त्यागी ने बताया कि वर्तमान समय में भागदौड़ की जिन्दगी में महिलाएं अपने खान-पान के बारे में लापरवाह हो जाती हैं, जिससे उनका स्वास्थ्य बिगड़ जाता है। अतः मोटे अनाज तथा पोषित अनाज का उपयोग में लाकर वह अपना तथा अपने स्वास्थ्य का ध्यान रख सकती हैं। एकटिविटी क्लब की कर्निनेटर प्रो. अनु रस्तोगी ने भी इस अवसर पर ग्रामीण महिलाओं को जागरूक किया। इस अवसर पर ग्राम प्रधान विजय कुमार भी उपस्थित रहे। इस मौके पर छात्राओं में युगांशी, शिवानी, नेहा, शिवांशी, सोनम, लायबा, मीनाक्षी तथा ग्रामीण महिलाओं में विधि, अनीता, आशा, शशिवाला, पूनम, रीता, सुनीता, निशि, छाया, सोनू आदि उपस्थित रहीं।

Mtv Live
मेरठ का नंबर 1 पोर्टल चैनल
खबरों के लिए 9520651070
पर OK भेजें
लाखों दर्शक

Instagram : <https://www.instagram.com/rgpg58?igsh=aGpveDZ4OGxxaGFu>



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(List of Participants with Sr no., Univ Id, Class, Sign):

M.A IIIrd SEMESTER
(HOME SCIENCE)

S.No.	Names	University ID
1	Yuganshi Maheshwari	22P0137257
2	Fariya	22P01361000
3	Sonam	22P0166407
4	Shivanshi	22P0110429
5	Raziya	22P0128222
6	Tanu	22P0144228
7	Sujata	22P0184361
8	Ishika	22P0169498
9	Aysha	22P0172158
10	Lyaba	22P0135996
11	Meenakshi	22P0158428
12	Shivani	22P0188293

श्रीमती अश्विनी देवी उपाध्यायिका - 28-11-23
जी

1.	विधि	अतुल	9760460305	
2.	अनिता	अंकित	8800173431	
3.	आशा सैनी	धर्मेन्द्र सैनी	7310751503	आशा
4.	नीलम	कमल सिंह	9756628394	नीलम
5.	रेखा	संजीव	7310751503	मीनिका
6.	मीनिका	राजीव	7310751503	रेखा
7.	लता	महेश	9897759018	
8.	समता	उदीप	8439071300	लता
9.	अनिता	अनिल	989794732	समता
10.	शशीबला		8979973874	अनिता
11.	पुनम	सोहित	9084944601	पुनम
12.	रीना	अमनिवास	8882331949	रीना
13.	प्रेमलता	प्रेमनिवास	8882331949	प्रेमलता
14.	निशा	अनिल	8882331949	
15.	सुमन	चरणसिंह	9084944601	
16.	गीता		8273680036	
17.	सुनीता		9756827752	
18.	जिज्ञा		8218629412	
19.	दाया	आदेश कुमार	9259958416	
20.	सोनी	संजय सिंह	8266072740	सोनी



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(Feedback taken):

Activity Club
NUKKAR NATAK
20.11.2023

1- NAME OF PARTICIPANT - अना
2- HOW DID YOU FIND THE PROGRAMME- अच्छा
3- YOUR RATING ABOUT THE RESOURCE PERSON - 10
4- YOUR RATING ABOUT THE PROGRAMME- अच्छा
5- ANY SUGGESTION- X
SIGNATURE- अना
NAME-
PHONE NO- 9897759018

Activity Club
NUKKAR NATAK
20.11.2023

1- NAME OF PARTICIPANT - सीना
2- HOW DID YOU FIND THE PROGRAMME- बहुत अच्छा
3- YOUR RATING ABOUT THE RESOURCE PERSON -
4- YOUR RATING ABOUT THE PROGRAMME- 10
5- ANY SUGGESTION-
SIGNATURE- अना
NAME-
PHONE NO- 8882331949



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Report of activity

- **Title of Activity:** Three Days Workshop for Women of Mohiuddinpur village
- **Date of Activity:** 06.12.2023--08.12.2023
- **Venue of Activity:** Department of Home Science
- **Total No. of Participants:** 109
- **Name of coordinator/Convenor/Org. Secretary:** Coordinator: Prof. Anu Rostogi ,
Convenor : Prof. Sonika Choudhary,
Co-Convenor: Dr. Sweta Tyagi
- **Name of Department/Committee/Cell:** Activity Club in collaboration with Home Science department.
- **Purpose/Objective of Event :** To spread awareness about Health and Enviromental benefits of Millets, consuming pattern and development of recipes .
- **Outcome of Activity:** 1. To learn how to make different types of Home made pickles, masala, millets cake and cookies etc.
2.To empowered the villagers to start their own business and give financial aid their families.



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➤ PermissionNotice//Invitations:

To,
The Principal
Raghunath Girls' P.G. College,
Meerut.

Date: 1st December 2023

SUBJECT: - Permission Letter to Conduct Outreach Activity for the Women of Mohiuddinpur Village.

Respected Madam,

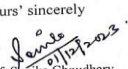
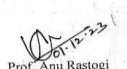

This is to bring to your kind notice that the Department of Home Science and Activity Club of R.G.P.G. College, Meerut are planning to conduct the following activities from 10:30 am onwards.

Demonstration of Millets Recipes: 06-12-23
Preparation of Pickle Recipes : 07-12-23
Dry Spices and Campus Visit: 08-12-23

We'll be highly grateful if you would kindly permit us to do so.

Thanking you

Yours' sincerely

 Prof. Sbnika Choudhary Incharge Home Science Department	 Prof. Anu Rastogi Convener (Activity Club)	 Dr. Shweta Tyagi Co-Convener (Activity Club) Association Incharge Home Science Department
--	---	--

Permitted
Raghunath Girls' Post Graduate College
Meerut




INVITATION

We are glad to inform you that the Department of Home Science and Activity club, Raghunath Girls' Post Graduate College, Meerut are jointly organising three days Outreach Activity for Swayam Sahayata Samuh (SHG's) of the women of Mohiuddinpur Village. The schedules of the activities are as follows-

Demonstration of Millets Recipes: 06-12-23
Preparation of Pickle Recipes: 07-12-23
Preparation of Dry Spices and Campus Visit: 08-12-23

Time: 10:30- 12:30 PM
Venue: Room no. - Cooking lab

You are cordially invited to grace the occasion with your benign presence.

 Prof. Sbnika Choudhary Incharge Home Science Department	 Prof. Anu Rastogi Convener (Activity Club)	 Dr. Shweta Tyagi Co-Convener (Activity Club) Association Incharge Home Science Department
---	---	--

Organising committee
Prof. Anuradha, Prof. Manjulata, Prof. Rajni, Prof. Amita Sharma,
Dr. Manisha Singhal, Dr. Garima Malik, Ms. Chinki
&
Mrs. Mamta Kumari, Mrs. Himakshi Kaushtik, Ms. Chhaya Malik



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➤ Collage of geotag & non geotag pics:



Mohiuddinpur, Uttar Pradesh, India
VJQ8+PQ, Mohiuddinpur, Uttar Pradesh 250205, India
Lat 28.889426°
Long 77.617164°
28/11/23 12:57 PM GMT +05:30



Mohiuddinpur, Uttar Pradesh, India
VJQ8+PQ, Mohiuddinpur, Uttar Pradesh 250205, India
Lat 28.889422°
Long 77.617195°
28/11/23 12:42 PM GMT +05:30



Mohiuddinpur, Uttar Pradesh, India
VJQ8+PQ, Mohiuddinpur, Uttar Pradesh 250205, India
Lat 28.889387°
Long 77.617202°
28/11/23 12:38 PM GMT +05:30



Mohiuddinpur, Uttar Pradesh, India
VJQ8+PQ, Mohiuddinpur, Uttar Pradesh 250205, India
Lat 28.889387°
Long 77.617202°
28/11/23 12:38 PM GMT +05:30



Mohiuddinpur, Uttar Pradesh, India
VJQ8+PQ, Mohiuddinpur, Uttar Pradesh 250205, India
Lat 28.88957°
Long 77.617072°
28/11/23 01:06 PM GMT +05:30



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➤ Press release/Media coverage/Social Media links:

आरजी गर्ल्स पीजी कॉलेज व एक्टिविटी क्लब की ओर से आयोजित हुई एक्टिविटी

meerut@inext.co.in

MEERUT (7 Dec): आरजी गर्ल्स पीजी कॉलेज के गृह विज्ञान विभाग व एक्टिविटी क्लब द्वारा तीन दिवसीय आउटरीच एक्टिविटी आयोजित की गई। इसमें ग्राम मोहिउद्दीनपुर की स्वयं सहायता समूह की महिलाओं के लिए विभिन्न प्रकार के अचार जैसे नींबू का अचार, मिक्स अचार तथा आंवला चटनी आदि बनाने का प्रशिक्षण दिया गया।

चौधरी, डॉ. श्वेता त्यागी तथा विभागीय छात्राओं के द्वारा दिया गया। किस प्रकार महिलाएं इन अचारों को बहुत ही सुगमता से अपने घरों पर तैयार कर सकती हैं तथा उन्हें पूरे वर्ष के लिए सुरक्षित रख सकती हैं, इन सभी बातों को ग्रामीण महिलाओं को बताया गया। कार्यक्रम कॉलेज की प्रिंसिपल प्रो. निवेदिता

तथा संयोजन कोर्डिनेटर डॉ.श्वेता त्यागी तथा प्रो. सोनिका चौधरी, ईचार्ज गृह विज्ञान विभाग के द्वारा किया गया।

ये रही मौजूद

इस अवसर पर स्वयं सहायता समूह की नीरज, पुनम, रेनु, रीना, अंजली, निशा, बबली,

समाले बनाने का लिया प्रशिक्षण : आरजी पीजी कॉलेज के गृहविज्ञान विभाग में

रघुनाथ गर्ल्स पीजी कॉलेज में कार्यक्रम आयोजित

● जनवाणी संवाददाता, मेरठ

रघुनाथ गर्ल्स पीजी कॉलेज में प्राचार्या प्रोफेसर निवेदिता मलिक के दिशा निर्देशन में छात्र कल्याण परिषद के तत्वावधान में वाणिज्य विभाग की छात्राओं के लिए एक इंडक्शन कार्यक्रम का आयोजन किया। जिसके अंतर्गत प्राचार्या ने बीकॉम और

मेरठ रि आ प्रा रहे रि की कि ज

मेरठ। आरजी पीजी कॉलेज के गृह विज्ञान विभाग व एक्टिविटी क्लब के संयुक्त तत्वावधान में ग्राम मोहिउद्दीनपुर की स्वयं सहायता समूह की महिलाओं के लिए तीन दिवसीय कार्यशाला का आयोजन किया गया। पहले दिन ग्रामीण महिलाओं को मोटे अनाज से व्यंजन बनाने का प्रशिक्षण दिया गया। प्रो. सोनिका चौधरी ने मोटे अनाज पर व्याख्यान किया। प्रो. निवेदिता, प्रो. अनु रस्तोगी, डॉ. श्वेता त्यागी, प्राधान विजय कुमार, रेड क्रॉस सोसाइटी के सुभाष गुप्ता, धर्मद्र रहें।

महिलाओं को सिखाया अचार बनाना

महिलाओं को अचार बनाने का प्रशिक्षण देती अतिथि। संवाद

मेरठ। आरजी डिग्री कॉलेज के गृह विज्ञान विभाग एवं एक्टिविटी क्लब के संयुक्त तत्वावधान में तीन दिवसीय कार्यशाला आयोजित की गई।



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Website : <https://rgcollege.ac.in>
Facebook ID : Raghunandini Rpgg Meerut
You Tube Channel : RGPG COLLEGE

Attendance of Participants:

06-12-2023 Day-1		classmate		classmate	
S.No	Name of the Participants	Contact No	Designation	Address	Sign
1	रीना	8882331977	गृहणी	मोहिउद्दीनपुर	रीना
2	पूनम	9084944601	गृहणी	मोहिउद्दीनपुर मोहिउद्दीनपुर	पूनम
3	निशा	7060151030	गृहणी	मोहिउद्दीनपुर	निशा
4	बबली	9012672334	गृहणी	मोहिउद्दीनपुर	बबली
5	पूजा	9045328459	गृहणी	मोहिउद्दीनपुर	पूजा
6	नीरज	8439194077	गृहणी	"	नीरज

Student Attendance				मोटा अनाज के व्यंजन		
06-12-23 Day-1				उदरनि		
S.No	Name of the Student	Class	University Id	Contact No.	Email-ID	Sign
1	Pooja	B.A I	2362031609	7028959261	Sumit Kumar 70289592@gmail.com	Pooja
2	Nisha	B.A I	2362054753	7818926891	Shivanand Kashyap 512@gmail.com	Nisha
3	Himanshi Sharma	B.A I	2362069712	956814062	Himanshu 9761662389@gmail.com	Himanshi
4	Sapna	B.A I	2362005408	9260854435	Vipin Kumar 1998@gmail.com	Sapna
5	Moni Ka	B.A I	2362025944	01894645888	adiljakar258@gmail.com	Moni Ka
6	Prachi	B.A I	2362067525	7983399703	Prachisharma252549@gmail.com	Prachi
7	Poojanka	B.A I	2362043332	789097075	Rushmita kumar@gmail.com	Poojanka
8	Khushi Srastogi	B.A I	2362030100	9548370664	srastogi khushi khushi@gmail.com	Khushi
9	Sheetal	B.A I	2362031488	9410278575	Kumarisheetal987@gmail.com	Sheetal
10	Aleeba	B.A I	2362028662	9339315762		Aleeba
11	Gungun	B.A I	2362030337	8630271039	Nabiyakassar 845@gmail.com	Gungun
12	Mehwish	B.A I	2362052020	8979896054	mehwishkhan001100@gmail.com	Mehwish
13	Madiha	B.A I	2362005922	8979186985	Madiha saifi 160@gmail.com	Madiha
14	Mahaji	B.A I	2362007267	9927605034	Mahajichauhan 706@gmail.com	Mahaji
15	Adiba	B.A I	2362000178	7417536344	Adibagazi B@gmail.com	Adiba
16	Saniya	B.A I	2362008619	8865025207	Shakloak@gmail.com	Saniya
17	Aayushi	B.A I	2362063661	8755040468	aayushisingh14720@gmail.com	Aayushi
18	Aksha	B.A I	2362006562	9719723515	Kaahal 507@gmail.com	Aksha
19	Zoya Rahman	B.A I	2362017842	6396822409	04_Rahmanzoya@gmail.com	Zoya
20	Rishi	B.A I	2362003409	7455885682	Rishi Sharma@gmail.com	Rishi
21	Shobhi	B.A I	2362004743	7620942591	shobhi Faruqi@gmail.com	Shobhi
22	Shaina	B.A Ist	2362016895	9458772903	Shaina ijtikhaz 7@gmail.com	Shaina
23	Riya	B.A Ist	2362039753	7500015094	riyavermana 15890@gmail.com	Riya
24	Kumkum	B.A Ist	2362033744	6397682347	Kumkum 05072005@gmail.com	Kumkum
25	Neha	B.A Ist	2362028459	9794931003	Neha Kumar 967080@gmail.com	Neha
26	Sakshi	B.A Ist	2362026729	6398241891	Pardeep Kumar Kumarjay 415@gmail.com	Sakshi



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Facebook ID : Raghunandini Rpgg Meerut
You Tube Channel : RGPG COLLEGE

S.No.	Name of the Students	Class	University ID	Contact No	Email-ID	Sign
27	Sara	B.A 2 nd year	236638762	9158150710	malikaRC.830@gmail.com	Sara
28	Tara	B.A 1 st year	236C112064	9528294471	iqrcasaiji318@gmail.com	Tara
29	Jaan Chaudhary	B.A 1 st year	236C016773	7455962719	JaanChaudhary390@gmail.com	Jaan
30	Rishu Thakur	B.A 1 st year	236C016773	85595437022	RishuThakur@gmail.com	Rishu
31	Dakshita Khatli	B.A 1 st Sem	23623529	9012458824	KhatliDimple683@gmail.com	Dakshita
32	Himanshi Kashyap	B.A 1 st Sem	236024535	9058041292	Kashyaphimanshi@gmail.com	Himanshi
33	Kamrajha	B.A 1 st Sem	236C02015	95000457928	ChaitaliChaitali@gmail.com	Kamrajha
34	Kavita	B.A 1 st Sem	236C013623	8791602586	vital2808203@gmail.com	Kavita
35	Bhomi	B.A 1 st Sem	236C012089	9756907677	Schalak Ji Salek Ji@gmail.com	Bhomi
36	Hiba	B.A 1 st Sem	236C019934	9675209403	hibabhai074178401@gmail.com	Hiba
37	Anjali Mishra	B.A 1 st Sem	236C031370	8057989961	anjaliMishra7575@gmail.com	Anjali
38	Manshika	B.A 1 st Sem	236C016117	99119814851	Sanshikaran862@gmail.com	Manshika
39	Madhurika	B.A 1 st Sem	236C048530	75599270993	Rajk.351375@gmail.com	Madhurika
40	Kanchan	B.A 1 st Sem	236C027203	7078258276	K7603227@gmail.com	Kanchan
	Paiza ali	B.A 1 st Sem	2361014105	8630061568	Amaanali Amaanali bentene@gmail.com	Paiza

S.No.	Name of the Student	Class	University Id	Contact No	Email-ID	Sign
1	Mansi Sharma	B.A 1 st year 1 st Sem	2160132969	7818951669	orli32037@gmail.com	Mansi
2	Sajna	B.A 1 st year 1 st Sem	2160144481	9720752042	SajnaSajna40@gmail.com	Sajna
3	Anamika Ansari	B.A 1 st year 1 st Sem	2160049442	7520069126	anamikaansari45200@gmail.com	Anamika
4	Ritu	B.A 1 st year 1 st Sem	21600617927	8058488543	24180207@gmail.com	Ritu
5	Jyoti	B.A 1 st year 1 st Sem	2160037431	7217359421	jjelumatubuan88@gmail.com	Jyoti
6	Rajal	B.A 1 st year	236C075740	8266927095	RajalSingh836620@gmail.com	Rajal
7	Rajal	B.A 1 st year	236C014740	3351849523	KajalSinghaa53@gmail.com	Rajal
8	Anjali	B.A 1 st year	236C051656	8218241278	AnjaliRana19457@gmail.com	Anjali
9	Akansha	B.A 1 st year	236C074060	8449753371	Vibulverma8449@gmail.com	Akansha
10	Phiya	B.A 1 st year	236C086693	8630683914	PhiyaAnia29@gmail.com	Phiya
11	Mansi	B.A 1 st year	236C008463	9256296651	mk.503641@gmail.com	Mansi
12	Soni	B.A 1 st year	236C019961	9991135337	04773173@gmail.com	Soni
13	Anshu Kumari	B.A 1 st year	236C051656	9069143629	sampyPatel69125@gmail.com	Anshu
14	Shikha	B.A 1 st year	2160028787	721749646	akshithaliyan@gmail.com	Shikha
15	Riya Rani	B.A 1 st year	2160057813	817165944	RiyaTrafan8939@gmail.com	Riya
16	Shivanshi	M.A 1 st year		9911907044	Shivanshi0802@gmail.com	Shivanshi
17	Neha	B.A 1 st year	236C028459	9690803093	NehaKumari@gmail.com	Neha
18	Sara Kavita	B.A 1 st year	236C013623	8791602586	vital2808203@gmail.com	Kavita
19	Bhoomi	B.A 1 st year	236C012089	9756907677	Salakji Salekji@gmail.com	Bhoomi
20	Sapna	B.A 1 st year	236C005403	7760851435	Vijaykumar1998@gmail.com	Sapna
21	Sara Sara	B.A 1 st year	236C038762	923800710	malikaC.830@gmail.com	Sara
22	Mahak Naam	B.A 1 st year	236C021624	8171522632	karanaam123@gmail.com	Mahak
23	Bushra	B.A 1 st year	236C022647	9548120648	BushraSaiji1008@gmail.com	Bushra
24	Aksha	B.A 1 st year	236C006562	9719722515	Kashad507@gmail.com	Aksha
25	Zoya Rahman	B.A 1 st year	236C017442	8296822449	O4_Rahmanzoya@gmail.com	Zoya
26	Soni Jain	B.A 1 st year	236C043650	963918131	Harshijain161@gmail.com	Soni



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 You Tube Channel : RGPG COLLEGE

S.No.	Name of the student	Class	University ID	Contact No.	Email ID	Sign
27	Suati	B.A. I sem	2361026471	750518316	suatinimran5@gmail.com	Suati
28	Priyanshi	B.A. I sem	2361025868	745289183	priyanshichadiga@gmail.com	Priyanshi
29	Sanjya	B.A. Ist sem	2361018619	8865025207	Shakalbak@gmail.com	Sanjya
30	Adiba	B.A. Ist sem	2361000178	7417536344	AdibaGhazi@gmail.com	Adiba
31	Mahajki	B.A. Ist sem	2361000726	9227604034	MahajkiChauhan@gmail.com	Mahajki
32	Alish	B.A. Ist sem	2361006932	9252010858		Alish
33	Heerakshi Goswami	B.A. Ist sem	2280158428	9520457253	mccanpshigswami42@gmail.com	Heerakshi
34	Sakshi	B.A. Ist sem	2361026779	839824891	ParidaxiKumarKumarroy415@gmail.com	Sakshi
35	Anika Kyall	B.A. Ist sem	2361017210	9455999577	annikaelyall3012@gmail.com	Anika
36	Chinki Gautam	MA Ist sem		7478993966	chinkigautam07@gmail.com	Chinki
37	Neelam	B.A. Ist sem	2361048572	9068967742	mmeatlaunde@gmail.com	Neelam
38	Anu Lal	B.A. Ist sem				Anu Lal
39	Himanshi Kashyap	B.A. Ist sem	2361024535	9058911992	Kashyaphimanshi2007@gmail.com	Himanshi
40	Yeshu Parmar	B.A. Ist sem	2140205766	9039405447	yeshuparmar.839@gmail.com	Yeshu
S.No.	Name of the participant	Contact no.	Designation	Address	Sign	
	पुत्र	8923909208	House wife		पुत्र	
	बयली	9011092334	"		बयली	
	पूजा	9045328159	House wife	Amthioudinpur	पूजा	
	रुपवती	8429791180	"	"	रुपवती	
	रिना	9760695614	"	"	रिना	
	निशा	8882331949	"	"	निशा	
	निशा	7060751030	"	"	निशा	
	Suman	8791500676	Student	mohidempure	Suman	

Day-3 classmate

सूखे मसाने बनाने के पस दौरा

S.No.	Name of the student	Class	University ID	Contact No.	Email ID	Sign
1	Anchi Rao	B.A. I sem	2361060290	8478665930	ajeetgunman@gmail.com	Anchi Rao
2	Suati	B.A. I sem	2361026471	750518316	suatinimran5@gmail.com	Suati
3	Priyanshi	B.A. I sem	2361025868	745289183	priyanshichadiga@gmail.com	Priyanshi
4	Sone	B.A. I sem	2361019961	9997795337	quill3173@gmail.com	Sone
5	Anshu Kumari	B.A. I sem	2361051686	7066183627	SanjayPatel69125@gmail.com	Anshu
6	Anjali Upadhyay	B.A. I sem	2361048572	9068967742	irishash11046@gmail.com	Anjali
7	Kumkam	B.A. I sem	2361066035	6395112539	Kumkamsonis@gmail.com	Kumkam
8	Kavita	B.A. I sem	2361015623	8791602586	vikal28022003@gmail.com	Kavita
9	Bhoorni	B.A. I sem	2361012084	9756907677	SalakjiSalakji@gmail.com	Bhoorni
10	Neelam	B.A. I sem	2361048572	9068967742		Neelam
11	Anu Lal	B.A. I sem		9081198730	Anu42422@gmail.com	Anu Lal
12	Madhurat	B.A. I sem	2361048530	7599790993	Rajk.35155@gmail.com	Madhurat
13	Pooja ali	B.A. I sem	2361014185	8630061568	Amaanabibenten@gmail.com	Pooja ali
14	Himanshi Kashyap	B.A. I sem	2361024535	9058911992	Kashyaphimanshi2007@gmail.com	Himanshi
15	Heerakshi Goswami	B.A. I sem		9520457253	mccanpshigswami42@gmail.com	Heerakshi
16	रुपवती			8429791180		रुपवती
17	बयली			9760695614		बयली
18	बयली			9012662334		बयली
19	Pooja			9045328159		Pooja
20	Suman			8791500676	Csitanjali Singh263@gmail.com	Suman
21	रिना			9911008042		रिना
22	पुनम			9084944601		पुनम
23	निशा			7895751030		निशा
24						
25						
26						



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(Feedback taken):

गृह विज्ञान विभाग
रघुनाथ गर्ल्स पी.जी. कॉलेज, मेरठ.
आयोजन का नाम:-मोहिउद्दीनपुर गांव की महिलाओं के लिए तीन दिवसीय आउटरीच गतिविधि।
दिन- 1: मोटा अनाज के व्यंजनों का प्रदर्शन प्रतिपुष्ठी फार्म
दिनांक:-06/12/2023

1. प्रतिभागी का नाम- सुजा
2. पदनाम- सृष्टि
3. यूनिवर्सिटी आईडी\क्लास-
4. कॉलेज/यूनिवर्सिटी/गाँव -
5. संपर्क नंबर- 9045328459
6. ई-मेल आईडी-
7. पता- मोहिउद्दीनपुर
8. आप कार्यक्रम को कैसे आंकते हैं-
सामान्य () अच्छा () बहुत अच्छा (✓)
9. कोई सुझाव- क्या भी प्रोग्राम हुआ वी बहुत अच्छा लगा और हमें इससे बहुत कुछ बनाने की जानकारी मिली और बनाने की भी सीखा।

गृह विज्ञान विभाग
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दिन- 1: मोटा अनाज के व्यंजनों का प्रदर्शन प्रतिपुष्ठी फार्म
दिनांक:-06/12/2023

1. प्रतिभागी का नाम- सपना
2. पदनाम- गृह विज्ञान
3. यूनिवर्सिटी आईडी\क्लास- 2360005408 B.A.II Year
4. कॉलेज/यूनिवर्सिटी/ गाँव- R.G.P.G. College
5. संपर्क नंबर- 9760854435
6. ई-मेल आईडी- ~~विक्रम~~ Vikram Kumar 1498 aybhuil.com
7. पता- बुठरा कैंस वाहिदपुर हापुर रोड (मेरठ)
8. आप कार्यक्रम को कैसे आंकते हैं-1 2 3 4 5
9. कोई सुझाव- बहुत अच्छा

गृह विज्ञान विभाग
रघुनाथ गर्ल्स पी.जी. कॉलेज, मेरठ.
आयोजन का नाम:-मोहिउद्दीनपुर गांव की महिलाओं के लिए तीन दिवसीय आउटरीच गतिविधि।
दिन- 1: मोटा अनाज के व्यंजनों का प्रदर्शन प्रतिपुष्ठी फार्म
दिनांक:-06/12/2023

1. प्रतिभागी का नाम- Kavita
2. पदनाम- Home - Science
3. यूनिवर्सिटी आईडी\क्लास-2360013623 (B.A.II year)
4. कॉलेज/यूनिवर्सिटी/ गाँव- R.G.P.G. College Meerut
5. संपर्क नंबर- 8791602586
6. ई-मेल आईडी- vikal28022003@qmail.in
7. पता-Subash Nagar Meerut
8. आप कार्यक्रम को कैसे आंकते हैं-1 2 3 4 5
9. कोई सुझाव- बहुत अच्छा

गृह विज्ञान विभाग
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दिन- 1: मोटा अनाज के व्यंजनों का प्रदर्शन प्रतिपुष्ठी फार्म
दिनांक:-06/12/2023

1. प्रतिभागी का नाम- Soni Jaiwar
2. पदनाम- Home - Science
3. यूनिवर्सिटी आईडी\क्लास- 2360043050
4. कॉलेज/यूनिवर्सिटी/ गाँव- R.G.P.G. College (Meerut)
5. संपर्क नंबर- 9635196181
6. ई-मेल आईडी- hanish.gujarati161@gmail.com
7. पता- जगम कंठपुर हापुर बड़भूम (मेरठ)
8. आप कार्यक्रम को कैसे आंकते हैं-1 2 3 4 5
9. कोई सुझाव- हमें इस कार्यक्रम के अंतर्गत बहुत-सी जानकारीयों मिली थी और यह बात हमें कि हमें जो भी महिलाओं के शैक्षणिक विकास के लिए आत्मनिर्भर बननी है। वे किम प्रकार-



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IQAC - 9520886033
Chief Adm. - 9520886031

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You Tube Channel : RGPG COLLEGE

Report of Activity

(Title of Activity): One day workshop on Emergency Handling.

(Date of Activity): 14.03.2024

(Venue of Activity): Mohiuddinpur Village (adopted)

(Total No. of Participants): 64

(Name of coordinator/Convenor/Org. Secretary): Prof. Anu Rastogi

(Name of Department/Committee/Cell) : Activity Club

(Purpose/Objective of Event): The aim of workshop was to equip the village community with essential skills to respond effectively to emergencies. It fosters preparedness and resilience, ensuring the safety and well being of the villagers.

(Details of Resource person/Guest/Speaker): Dr. Gitika Singhal (Naturopath and Accupressurist) Vardan Institute of Alternative Medicine and Healing Sciences.

(Outcome of Activity): The workshop empowered village people with practical knowledge to manage emergencies confidently, reducing the impact of potential crisis.



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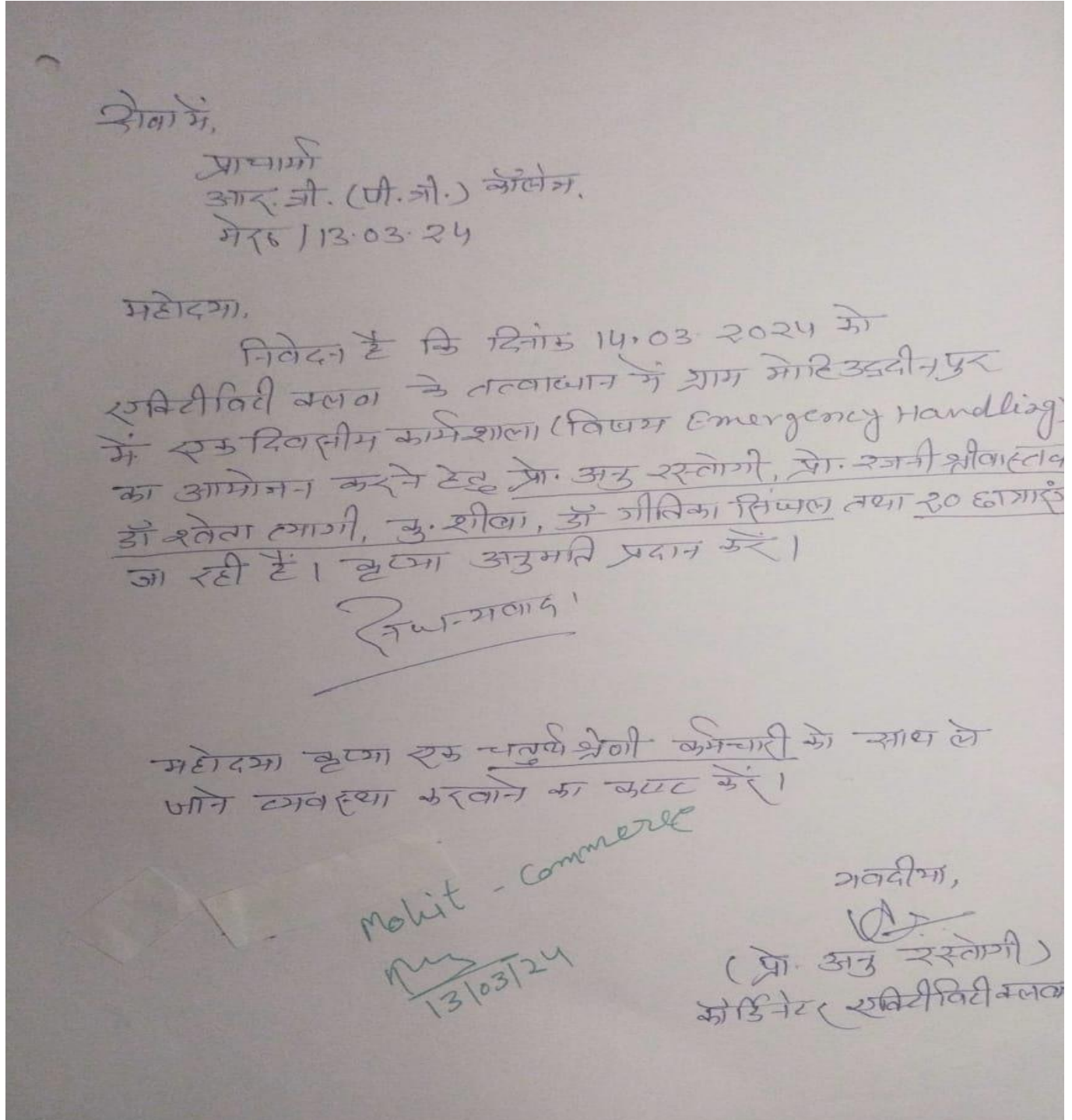
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Notice/Permission Letter:



श्रीमान्,
प्राचार्य
आर.जी. (पी.जी.) कॉलेज,
मेरठ | 13.03.24

महोदया,
निवेदन है कि दिनांक 14.03.2024 को
एक्टिविटी क्लब के तत्वाधान में प्राग मोहिउद्दीनपुर
में एक दिवसीय कार्यशाला (विषय Emergency Handling)
का आयोजन करने हेतु प्रो. अनु रस्तोगी, प्रो. रजनी श्रीवास्तव
डॉ. श्रेया त्यागी, कु. शीला, डॉ. गीतिका सिंघल तथा 20 छात्राएँ
जा रही हैं। कृपया अनुमति प्रदान करें।

विषय-माला

महोदया कृपया एक चतुर्थ श्रेणी कर्मचारी को साथ ले
जाने व्यवस्था करवाने का कष्ट करें।

Mohit - Commerce
ms
13/03/24

प्रवर्दीया,
(प्रो. अनु रस्तोगी)
कोडिनेटर एक्टिविटी क्लब



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(Collage of geotag & non geotag pics):





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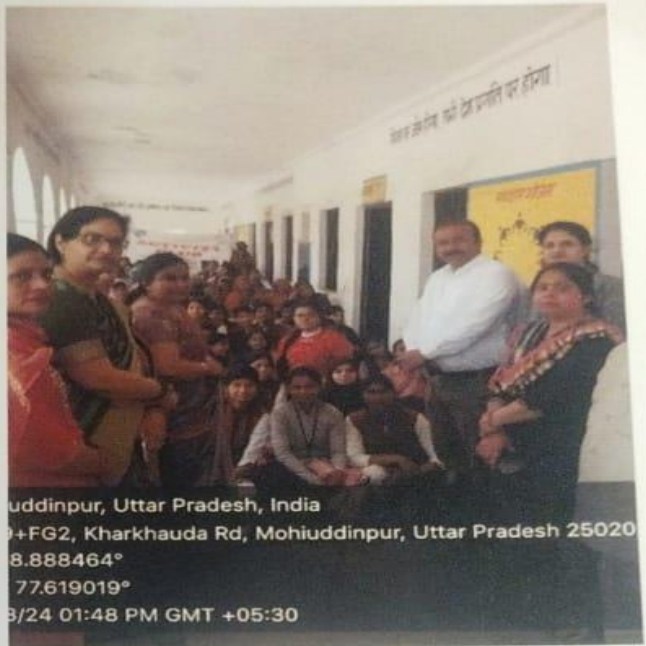


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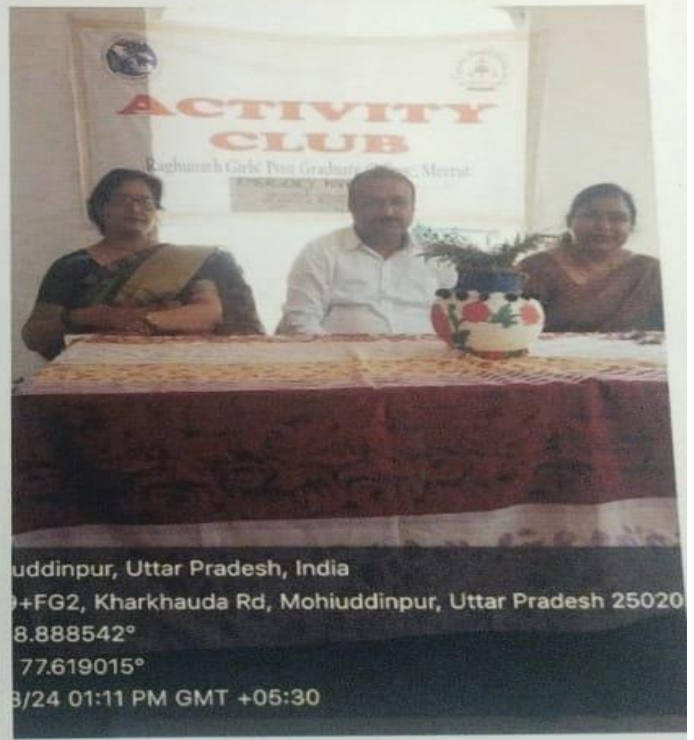
Mohiuddinpur, Uttar Pradesh, India
JQB+PQ, Mohiuddinpur, Uttar Pradesh 250205, India
lat 28.889392°
long 77.617208°
03/24 11:40 AM GMT +05:30



Mohiuddinpur, Uttar Pradesh, India
JQB+FG2, Kharkhauda Rd, Mohiuddinpur, Uttar Pradesh 250205, India
lat 28.888464°
long 77.619019°
03/24 01:48 PM GMT +05:30



Mohiuddinpur, Uttar Pradesh, India
JQB+HHV, Kharkhauda Rd, Mohiuddinpur, Uttar Pradesh 250205, India
lat 28.888694°
long 77.619223°
03/24 12:51 PM GMT +05:30



Mohiuddinpur, Uttar Pradesh, India
JQB+FG2, Kharkhauda Rd, Mohiuddinpur, Uttar Pradesh 250205, India
lat 28.888542°
long 77.619015°
03/24 01:11 PM GMT +05:30



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Instagram : <https://www.instagram.com/rgpg58?igsh=aGpveDZ4OGxxaGFu>



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(Press release/Media coverage/Social Media links):



स्वास्थ्य संबंधी समस्याओं की जानकारी दी

मेरठ। रघुनाथ गर्ल्स पोस्ट ग्रेजुएट कॉलेज, मेरठ के एक्टिविटी क्लब के तत्वाधान में तथा महाविद्यालय की प्राचार्या प्रोफेसर निवेदिता कुमारी के निर्देशन में मो. हिउद्दीनपुर (दत्तक गांव) में एमरज. सी हैंडलिंग विषय पर एक दिवसीय कार्यशाला का आयोजन किया गया। कार्यक्रम का संचालन प्रो. अनु रस्तोगी द्वारा किया गया। उन्होंने बताया कि किस प्रकार महिलाएं छोटी-मोटी तकनीक को सीख कर बहुत सरलता पूर्वक आपातकाल में अपने परिवार तथा समाज की स्वास्थ्य संबंधी समस्याओं का निवारण कर सकती हैं। इस अवसर पर डॉ. गीतिका सिंघल (नेचुरोपैथ एंड एक्यूप्रेशर विशेषज्ञ, वरदान इंस्टीट्यूट ऑफ ऑल्टरनेटिव

आरजी कालेज में एक दिवसीय कार्यशाला का हुआ आयोजन

मेडिसिन एंड हीलिंग साइंस)के द्वारा गांव की महिलाओं को इमरजेंसी प्वाइंट व ट्रीटमेंट टेक्निकस सिखाई।

डॉ. सिंघल के मार्गदर्शन में विद्यालय की इस विषय में प्रशिक्षित छात्राओं ने महिलाओं की समस्याओं का निवारण भी किया। ग्राम प्रधान विजय नामदेव के द्वारा कार्यक्रम की सफल प्रस्तुति पर एक्टिविटी क्लब की को ऑर्डिनेटर तथा सदस्याओं एवं डॉक्टर सिंघल की भूरि भूरि प्रशंसा की गई।

कार्यक्रम को सफल बनाने में प्रो. रजनी श्रीवास्तव, कु. शीबा का



विशेष सहयोग रहा।

छात्राओं में निष्ठा, स्वेता, सुभा, कनिका, नितिका, आंचल, दीपांशी, आस्था, लायाबा, अफशा, नेहा, सिमरन, अंजली इत्यादि का विशेष सहयोग रहा।



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You Tube Channel : RGPG COLLEGE

(List of Participants with Sr no., Univ Id, Class, Sign):

Sr. No.	Reg. No.	Name	Class	Univ ID	Contact No.	E-mail ID
1	310	ASHTHA	B.A. II Year	2260007878	9058088152	Anupmasharma310@gmail.com
2	558	Nishtha	B.A II Year	2260006451	8077955953	13nishthasharma2006@gmail.com
3	696	chaiti	B. A II Year	2290007817	7252092325	(+91)31133@gmail.com
4	387	Swetasharma	B. A II Year	2260008276	7906890972	Swetasharma510@gmail.com
5	880	Kanika	B. A III Year	2160045561	9756314512	Kanikabhadani29@gmail.com
6	462	Nikita	B. A III Year	21640118183	7906158268	nikita043963@gmail.com
7	464	Aparna	B. A II Year	2443417009	7302553937	SinghAparna7967@gmail.com
8	950	Simran	B. A II Year	2260007817	7906890972	SimranNikita@gmail.com
9	04	Anchal	M. A I Year	23PC007066	9368093519	anchal.singh.123477@gmail.com
10	55	Neha	M. A I Year	23PC008943	7302633743	neha.gargwal40@gmail.com
11	77	Neha	M. A I Year	23PC007866	8171474306	nehapinki85@gmail.com
12	481	Deeptanshi choudhary	B. A II Year	2260025383	9997939998	omnit.deeptanshi000@gmail.com
13	273	Sweta	B. A II Year	2260022116	9917129299	NehaSingh945781@gmail.com
14	27	Kaushal	B.Sc I Sem	2360016235	7455933099	singhhappy46716@gmail.com
		Arijali	M. A I Year	22P0154419	7668410217	Hakwarsarijali961@gmail.com

Sr. No.	Reg. No.	Name	Class	Univ ID	Contact No.	E-mail ID
16	159	Kavita	M. A I Year	22P0130716	7466942531	Kavita194hi102806@gmail.com
17	68	Neha	M. A II Year	22P0180709	9149196662	nehagupta895543@gmail.com
18	894	Meenakshi	B. A II Year	22600336038	7983708731	m.18.12.5397@gmail.com
19	11	Mishra	B. Sc I Sem	2360094966	7454828715	Umecchouhan079@gmail.com
20	895	Tanu	B. A III Sem	2260066266	8865044305	TanuGouthan@gmail.com
21	632	Sheeti	BA III Sem		9548635113	Sheeti@5gmail.com
22	381	Shubha	M. A II Year	22P0188165	9389630613	subhamoet888@gmail.com
23	118	Khushboo	M. A I Year	23PC003956	7417318889	beenuwani1578@gmail.com
24	485	Neha Saini	B. A III Sem	2260120149	9368328334	achalraj.singh.ncc@gmail.com
25	319	Laiba	M. A I Year	22P0191800	1819942776	laibalchizi@gmail.com
26	337	Akshara	BA III	21670107161	7817932760	akshara631085@gmail.com
27	419	Riya Rani	B. A III Year	21610057893	8171625944	RiyaRani8939@gmail.com
28	582	Afshar	B. A. 2 Year		9837619169	Islamicgirl0012@gmail.com



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रघुनथ गिरल गरी शाला (दत्तक ग्राह्य मोडिस्ट्रीस पुस्तक)
आपातकालीन प्रबंधन (Emergency Handling)
14.03.2024

SN	Name	class	Contact no
1	सिद्धि	VIII th	7895503099
2	soni	VIII th	7060902633
3	Naiha	VIII th	9548225517
4	Naina	VIII th	9368064667
5	Shradha	VIII th	9997045155
6	Anshika	VIII th	9289575940
7	Khuski	VIII th	7310814970
8	Anshika	VIII th	7452985244
9	Shivi	VIII th	9917264514
10	vanshi Saini	VIII th	9012312101
11	Arika	VIII th	7300977851
12	Rachika	VIII th	9520739056
13	Divya Saini	VIII th	7310814504
14	Deeba Singh	VIII th	9027951430
15	Mohini Gaudam	VIII th	8923291715
16	Akshita	VIII th	9786220902
17	Chirag	VIII th	7690854464
18	Lakshya	VIII th	8265858470
19	Shra Saiji	VIII th	8171502667
20	Prince	VIII th	8868933858
21	Aadesh	VIII th	8057425844
22	Bittu	VIII th	8791062434
23	Rishabh	VIII th	9927472795
24	Prashant Saini	VIII th	9837114404

रघुनथ गिरल गरी शाला (दत्तक ग्राह्य मोडिस्ट्रीस पुस्तक)
आपातकालीन प्रबंधन (Emergency Handling)
14.03.2024

SN	Name	Contact No.
1	साला देवी	8923291715
2	चाँनी	9119789136
3	पद्मा	8270208275
4	दोन्नेकोर	607060291164
5	नीरज	84397990
6	आसना	
7	चाँनी	
8	बबली	7088493529
9	MISHA	9997002586
10	बबली	9012682334
11	बबली	9568684019
12	अद्या	93194408658
13	मुदिश	



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(Feedback taken):

ACTIVITY CLUB
RAGHUNATHGIRLS'POSTGRADUATECOLLEGE, MEERUT
2023-2024
EVENT- ONE DAY WORKSHOP ON EMERGENCY HANDLING
DATE- 14.03 2024

1- NAME OF PARTICIPANT - कल्पा देवी

2- HOW DID YOU FIND THE PROGRAMME- अच्छा

3- YOUR RATING ABOUT THE RESOURCE PERSON - 10/10

4- YOUR RATING ABOUT THE PROGRAMME- 10/10

5- ANY SUGGESTION-

SIGNATURE- कल्पा देवी

NAME- कल्पा

PHONE NO- 8923291715

ACTIVITY CLUB
RAGHUNATHGIRLS'POSTGRADUATECOLLEGE, MEERUT
2023-2024
EVENT- ONE DAY WORKSHOP ON EMERGENCY HANDLING
DATE- 14.03 2024

1- NAME OF PARTICIPANT - कानो

2- HOW DID YOU FIND THE PROGRAMME- आर०जी० पी०जी कॉलेज

3- YOUR RATING ABOUT THE RESOURCE PERSON - 10/10

4- YOUR RATING ABOUT THE PROGRAMME- 10/10

5- ANY SUGGESTION-

SIGNATURE- कानो

NAME- कानो

PHONE NO-