

Curriculum vitae

- 1.Name: Dr.Upasana Singh
- 2.Designation: Assistant professor
- 3.Subject: Sanskrit
- 4.Academic Qualifications: M.A.NET,JRF,Ph.D
- 5.Areas of interest/Specialization: Sahitya
- 6.Date of Birth: 12/08/1989
- 7.Date of Joining: 01/11/2018
- 8.Experience: 04 Years 10 Months
- 9.Official Address: Dr.Upasana Singh, Assistant professor, Sanskrit Dep. ,Raghunath Girls Post Graduate College Meerut
- 10.Email: [-upasana312bhu@gmail.com](mailto:upasana312bhu@gmail.com)
- 11.Areas of research: Sahitya
- 12.Digital Profile, if any (Research Gate, LinkedIn, SSRN, Twitter, YouTube etc):



13.Membership of Professional Bodies

| <i>S.No.</i> | <i>Name of the Professional Body</i> | <i>Type of membership</i> | <i>Membership no.</i> |
|--------------|--------------------------------------|---------------------------|-----------------------|
| 01 | Muta | | 668 |

14.Research Papers published:-

| <i>S.No</i> | <i>Title of the paper published (with Page no.)</i> | <i>Research Journal (with Vol.no.)</i> | <i>Year</i> | <i>ISSN</i> | <i>Whether peer reviewed, UGC listed, Impact</i> | <i>Digital Link, if any</i> |
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| | | | | | <i>Factor if any</i> | |
| 01 | Natyabhinay me Aanandatirek | <i>Vedanjali</i> | <i>Jan-jun 2023</i> | <i>ISSN 2349-364X</i> | <i>Internation peer reviewed 7.109</i> | |
| 02 | Atharvved me varnit matridvay ka swaroop : Gou avm prithavi p.n.107-112 | Vangmayam | July–December 2022 | ISSN:2278-0084 RNI N.UPHIN/2013/5119 7 Ank-11 | <i>peer reviewed</i> | |
| 03 | Nasti Ganga sama Nadi | Shodh Manthan | 2020-21 | ISSN(P):0976-5255(e):2454-339X | <i>peer reviewed I.F.-8.354</i> | |
| 04 | Uttaramcharit me Varnitmanviy Mulyo ka Avlokan | Drishti | 2014 | 2250-2467 | | |
| 05 | Bhavbhooti ke dampatra-pranay ki vartman me upadeyata | Apurva | 2013-14 | 0975-5780 | | |
| 06 | Natyabhinay me lok jivan ka praman | Anushilan | 2014 | 0973-8762 | | |
| 07 | Utararamcharit ke vipralambh shringar avm karun ras ra tulnatmakavlokan | Paripreksya | 2014 | 2278-0602 | | |
| 08 | Abhigyanshakunta I me kaishiki vritti ka abhinav prayog | Anusilan | 2013 | 0973-8762 | | |
| 09 | Malvikagnimitra me satvati vritti ka pratibimb | Anusandhanv allari | 2012 | 2229-3388 | | |

15. Articles in Books/ Conference Proceedings Published:

| <i>S . No</i> | <i>Title of the Article published with page no.</i> | <i>Title of the Book/Conference Proceedings</i> | <i>Year</i> | <i>ISBN</i> | <i>Detail of the Publisher</i> | <i>Published by International/national/Local Publishers</i> | <i>Digital Link (if any)</i> |
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| 2022-23 | | | | | | | |
|---------|--|--|------------------------|-------------------|--------------------------------|----------|--|
| 01 | Shiksha ke badalate aayam avm Bhavbhooty ke Roopko me nihit gyan. p.n.95-102 | Sanskrit Roopko me shikshan vichar vimarsh | February 2023 National | 978-93-91214-66-1 | Shivalik prakashan, NE W Delhi | NATIONAL | |
| 2019-20 | | | | | | | |
| 02 | Sanskrit Natyabhinay me Saundaryabhi vyakti | Book Bhartiya Parampara me Saundarya | 19-2020 | 978-93-86491-25-1 | PRIME PUBLICING HOUSE MEERUT | NATIONAL | |
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16. Faculty Enrichment Programme Attended:

| <i>S.No</i> | <i>Detail of the FDP/FEP</i> | <i>Date(s) of the event</i> | <i>Organizer & Sponsor</i> | <i>International/National/ State/ University</i> |
|-------------|---|-----------------------------|---|--|
| 01 | Workshop (one Day) Enterprise architecture Adoption For Higher Education institute | 19 August 2023 | IQAC & Teacher Re-Skilling cell coll. With Union bank of india R.G.P.G. COLLEGE MEERUT | <i>University</i> |
| 02 | FDP (one Week) | 29 April-05 May 2023 | GAD TLC under PMMMNTT of Ministry of Education, SGTB Khalsa college DU | <i>National</i> |
| 03 | FDP (one Week) | 15 -21 April. 2023 | R.G.P.G. COLLEGE MEERUT | <i>National</i> |
| 04 | FDP (one Week) | 11-17 Feb.2023 | R.G.P.G. COLLEGE MEERUT | <i>National</i> |

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| 05 | Workshop (one Week) Online | 07-13 Feb.2023 | Shri Shankar shikshayatan Vaidic Shodh Sansthan | National (Virtual Mode) |
| 06 | 8th Refresher Course in Sanskrit | August 27 - 09 September 2021 | UGC-Human Resource Development Centre, Banaras Hindu University, Varanasi, | (Virtual mode) |
| 07 | Online Workshop (07 Days) | 17-23 June 2021 | Raghunath Girls Post Graduat College Meerut, CCSU Meerut | National |
| 08 | Online Short Turm Course (10 Days) | 24 May to 08 June 2021 | Department of Sanskrit Shri guru govind University, Godhara & Rashttriya Sanskrit Manch | National (Virtual Mode) |
| 09 | Orientation Programme | 01.Jan.2021-30.Jan.2021 | UGC HRDC University of Lucknow | (Virtual mode) |
| 10 | Faculty Development Program (One Week) | 08-14 August 2020 | Roorkee College of management & Computer Application, Roorkee, Uttarakhand | National (Virtual Mode) |
| | Faculty Development Programme | 27Dec.2019-02 Jan.2020 | Meerut College, Meerut | National |
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17. Seminar/ Workshop/ Conference Attended:

| S.N | Detail of the Conference/ | Organizer & | Date(s) of | Venue | International/Nation |
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| <i>o</i> | <i>Seminar</i> | <i>Sponsor</i> | <i>the event</i> | <i>of the event</i> | <i>al/ State/ University</i> |
|-----------------|---|--|----------------------------|---|---------------------------------|
| 2023-24 | | | | | |
| | Workshop (one Day) Enterprise architecture Adoption For Higher Education institute | IQAC & Teacher Re- Skilling cell coll. With Union bank of india R.G.P.G. COLLEGE MEERUT | 19 August 2023 | R.G.P.G. COLLEG E MEERU T | <i>University</i> |
| 2022 -23 | | | | | |
| | Symposium Role of Women in innovation and Start-up under india's G-20 Presidency | R.G.P.G. COLLEGE MEERUT | 13 Februry 2023 | R.G.P.G. COLLEG E MEERU T | <i>University</i> |
| | International Webinar Makar sankranti....Mahatva | Global Sanskrit Forum | 15 January 2023 | Global Sanskrit Forum | International (Virtual Mode) |
| | National Conference Teacher training in H.E.Is | R.G.P.G. COLLEGE MEERUT | 21-22 DECEMBE R 2022 | R.G.P.G. COLLEG E MEERU T | National |
| | International Seminar Anand-Tattva in Samskrit Vangmay | Dep. Of Sanskrit C.M.P. COLLEGE Prayagraj | 26-27 November 2022 | Dep. Of Sanskrit C.M.P. COLLEG E Prayagraj | International |
| | National Webinar Sanskrit sahitya me shravani purnima ka mahattva | Global Sanskrit Manch,vidushi samooH | 10 August ,2022 | | National |
| 2021 -22 | | | | | |
| | International Sanskrit Conference Sanskrit ka vaishvik paridrishya | DU,USA,MAU,L. KHIRI | 01-02 March 2022 | | International |
| 2020-21 | | | | | |
| | International Webinar Yog dvara Sharirik avm Mansik Svasthaya ka vikas | Global Sanskrit Manch(R.S.M.) & Jagat taran mahila P.G. College ,prayagraj | 21 June 2021 | | International |
| | International Webinar | Global Sanskrit Manch(R.S.M.) & | 23 March 2021 | | International |

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| | Sanskrit Roopko me shikshan vichar vimarsh | Smt.C.R.D.G. Arts collegeMunpur Mahasagar Gujrat | | | |
| | International Webinar Sanskrit vangmay me Nititattva vimarsh | K.S.Saket P.G. College,Ayodhya,Uttar Pradesh | 04-06 Dec. 2020 | | International |
| | International E-Research Conference Sanskrit vangmaye Arvachin kavinam Avdan | Department of Sanskrit Maitreyi College Univ. of Delhi & Dep.of Sanskrit Rambachan singh Gov.G.Degree college Mau U.P. | 28-30 Nov.2020 | | International |
| | National Webinar Rashtriya Shiksha Niti 2020: ak Samagya Drishti | Raghunath Girls Post Graduat College Meerut,CCSU Meerut | 25 September 2020 | | National |
| | International Webinar Science in Sanskrit Literature | Department of Sanskrit Shri guru govind University,Godhara & Rashttriya Sanskrit Manch | 30 July.2020 | | International |
| | International Webinar Human Embryology: Modern versus vedic Science | Rashttriya Sanskrit Manch,Assam prant& Dep. Of Sanskrit MDKG College ,Dibrugarh University | 25 July.2020 | | International |
| | National Webinar Sanskrit vangmaye Stri vimarsh | Mahatma Gandhi Central University Motihari Bihar | 20 July.2020 | | National |

2019-20

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| | International Webinar Vartaman paripekshya me Bharat ke Abhyuday me vedo ke vaigyanik avm aadhyatmik gyan ki Upadeyata | Kashi naresh Gov. P.G. College Gyanpur, Bhadohi | 22 June.2020 | | International |
| | International Webinar Spirituality and Science are Complementary: Science is incomplete without Spirituality | World Hindu Secretariat,Mauritius & Rashttriya Sanskrit Manch,India | 21 June.2020 | | International |

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| International Webinar Relevance of yoga in the Present Word crisis | Jagat taran mahila P.G. College ,prayagraj | 20-21 June.2020 | | International |
| International Webinar Vartaman vaishvik sankat me shiksha,adhyatma aur Yog ki prasangikta | Swami Shraddhanand college University of Delhi | 20 June.2020 | | International |
| International Webinar Vedic (Hindu) dharma & Science : Is India teaching Pseudoscience? | Sanskrit Studies Centre,Silpakorn University,Bangkok & Rashttriya Sanskrit Manch,India | 14 June. 2020 | | International |
| National Webinar Covid-19 ke daur me Digital Shiksha: chunauti avm samadhan | Uttarakhand Sanskrit Vishvavidyalay Haridvar | 13 June. 2020 | | National |
| International Webinar (e-Conference) Bhartiya Sanskritya तथा Sahitya santarbh : covid -19 | Dep. Of Hindi, Bareilly college Bareilly | 12 June. 2020 | | International |
| National Webinar Sanskrit vangmaye covid-19 coronadivishanujanyasamasya nam samadhanam | Gurukul-Kangari Vishvavidyalay Haridvar | 10 June. 2020 | | National |
| National Webinar Kalidas ki kavita aur bhartiya samaj | Sanskrit dep. Manveey avm bhasha sankay Mahatma Gandhi Central University Motihari Bihar | 08 June. 2020 | | National |
| International Webinar Inportance of Vedic principal of living in present scenario of covid-19 | Rashttriya Sanskrit Manch and R.D.and D.J. COLLEGE ,Munger | 07 June .2020 | | International |
| International Webinar The Relevance of Indian Scripture in Present Scenario | Sampurnanand Sanskrit University Varanasi | 06 June. 2020 | | International |
| National Webinar A Step towards Connecting people to Enviroment | Kalinga University ,Naya Raipur | 05 JUNE.2020 | | National |

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| | National Webinar Sanskrit vangmay aur Manviya Mulya | Acharya narendra deo PG College Babhnan Gonda u.p. | 04 JUNE.2020 | | National |
| | National Webinar Effective Progressive Life Style in Period of Covid-19 Pandemic | Dayanand Women training college ,Kanpur | 03-04 June.2020 | | National |
| | National Webinar 21 st Shatabdi me Achary Abhinav gup ki bhasha,dristi avm sahitya par punarvichar | Sanatan dharm college Lahore Ambala cant | 02 JUNE.2020 | | National |
| | National Webinar Corona purv avm pashchat ki shiksha vyavastha | Sanatan dharm college Lahore Ambala cant | 01 JUNE.2020 | | National |
| | National Webinar World order in a time of complex global crisis under Covid-19 | Sawatantra Sangram Senani Vishram Singh Gov. P.G. College Chunar Mirzapur u.p | 31 May.2020 | | National |
| | National Webinar Prashnopnishad vigyanbhshya vimarsh | Shri Shankar shikshayatan vedik sodh Kendra | 29 May.2020 | | National |
| | 3 days International Webinar Broplem,solutions,and possibilities in the commencement of online Edoc. In present scenario | Dep. Of education shri ranveer parisar ,kot-bhalawal Jammu,jammu and Kashmir | 29-31 May.2020 | | International |
| | National Webinar Bhartiya Bhashao ke liye online sikhane ki taknik: maulik avdharnaye aur vidhaye | Sanatan dharm college Lahore Ambala cant | 28 May.2020 | | National |
| | National Webinar Swadeshi and self-reliance to fight COVID-19 | K.S.Saket P.G. College,Ayodhya,Ut tar Pradesh | 23 May.2020 | | National |
| | National Webinar Technology and Methods for Online Sanskrit teaching | Janki Devi Memorial college University of Delhi | 22 May.2020 | | National |

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| | International Webinar Covid -19 Changing Research Scenario | Sawatantra Sangram Senani Vishram Singh Gov. P.G. College Chunar Mirzapur u.p. | 15.May.20 20 | | International |
| | National Symposium | Drawing and painting Department Raghunath Girls Post Graduate College meerut | 16 Sep.2019 | | National |
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18. Invited lectures/ Resource person/ Paper Presented in Conferences/ Seminar/ Workshops:

| <i>S. No</i> | <i>Title of the Invited Lecture/paper presented</i> | <i>Detail of the Conference/ Seminar(including organizer & Sponsor)</i> | <i>Date(s) of the event</i> | <i>Venue of the event</i> | <i>International/National/ State/ University</i> | <i>Role</i> |
|---|--|--|-----------------------------|---|--|-------------|
| <u>Paper Presented in Seminar/ Conferences</u> | | | | | | |
| 01 | Natyabhinay me Aanandatirek | Dep.Of Sanskrit C.M.P. COLLEGE Prayagraj | 26-27 November 2022 | Dep.Of Sanskrit C.M.P. COLLEGE Prayagraj | <i>International</i> | |
| 02 | Shiksha ke badalate aayam avm Bhavbhooti ke Roopko me nihit gyan | Global Sanskrit Manch(R.S.M.) & Smt.C.R.D.G. Arts college Munpur Mahasagar Gujrat | 23 March 2021 | (Virtual Mode) | International Webinar | |
| 03 | Adhunik Sanskrit Lghukatha sahitya me varnit Vartman striyo ki Samasyao ka Avlokan | Department of Sanskrit Maitreyi College Univ. of Delhi & Dep.of Sanskrit Rambachan singh Gov.G.Degree college Mau U.P. | 28-30 Nov.2020 | (Virtual Mode) | International Research Conference (2 days) | |
| 04 | Gramin Parivesh ke pichhade varg ke Vidyarthiyo ki Online padae: Ak Samasya | Dep. Of education shri ranveer parisar ,kot-bhalawal Jammu,jammu and Kashmir | 29-31 May.2020 | (Virtual Mode) | International Webinar(3 days) | |
| 05 | Bhavbhooti ke Roopko me Manviya Mulya | Gaya Prasad smarak Gov.Mahila P.G. College Ambari Azamgart U.P. | 21-22 Feb.2020 | Gaya Prasad smarak Gov.Mahila P.G. College Ambari | National Seminar | |

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| 06 | Purano me Tulsi Mahatmya | Botany Department, Raghunath Girls Post Graduate College Meerut | 29 Jan.2020 | Botany Department, Raghunath Girls Post Graduate College Meerut | National Seminar | |
| 07 | Nastiganga sana nadi | Vyas Samaroh CCS University, Meerut | 29 Oct.-04 Nov.2019 | CCS University, Meerut | National Seminar | |
| 08 | Bapu ka Geeta Darshan | Smile National girls P.G. College Meerut | 01-02 Oct.2019 | Smile National girls P.G. College Meerut | National Seminar | |
| 09 | Bhavbhooti ke Roopko me Auoshdhiy Tatva | Botany Department, Raghunath Girls Post Graduate College Meerut | 19 Sep.2019 | Botany Department, Raghunath Girls Post Graduate College Meerut | National Seminar | |

- Kindly give the information in descending order (Latest to oldest).
- All the Faculty members of a department are requested to mail their CV in one mail only.
- Kindly mail your CV on the mail I'd given below by

30th September,2023 positively

websitergpgcollegemrt@gmail.com