

Curriculum vitae



1. Name: Prof. Neelam Singh
2. Designation: Professor
3. Subject: Psychology
4. Academic Qualifications: M.Phil, Ph.d
5. Areas of interest/Specialization: Research Method, Psychopathology, Psychometry
6. Date of Birth: 10.09.1971
7. Date of Joining: 12.04.2001
8. Experience: 21 Years
9. Official Address: Raghunath Girl's Post Graduate College, W. K. Road, Meerut
10. Contact no. : 9897055562; 9368354595
11. Email: neelamrgcollege@gmail.com
12. Areas of research: Organizational psychology
13. Digital Profile, if any (Research Gate, LinkedIn, SSRN, Twitter, YouTube etc)

14. Fellowships & Awards:

<i>S.No.</i>	<i>Name of Fellowships/Awards</i>	<i>Awarding Agency</i>
1.	Award of Excellence for Best counsellor 2014-2015	Janhit Foundation
2.	Excellent Counsellor in SAVE 2015-2016	SAVE Sustainable Advancement of Village Economy
3.	Award of Excellence for the Best Teacher	Akhil Bhartya Rashtriya Snatak Sangh
4.	Certificate of Appreciation 2022	Boond Foundation of India

15. Membership of Professional Bodies

<i>S.No.</i>	<i>Name of the Professional Body</i>	<i>Type of membership</i>	<i>Membership no.</i>
1.	Indian Science congress	Life Time	-
2.	Delhi Clinical Psychology Association	Life Time	-
3.	Applied Clinical Psychology	Life Time	-

16. Research Papers published:-

<i>S.No</i>	<i>Title of the paper published (with Page no.)</i>	<i>Research Journal (with Vol.no.)</i>	<i>Year</i>	<i>ISSN</i>	<i>Whether peer reviewed ,UGC listed, Impact Factor if any</i>
1.	A study of Stress in the caregivers of corona patients By Dr. Neelam Singh	International Journal of All Research Education and Scientific Methods (IJARESM). Vol.9(9): 67-70	September 2021	2455-6211	Peer Reviewed Journal
2.	Gender work experience and Emotional stability as Moderation of job satisfaction among technical professionals By Dr. Neelam Singh & Dr. Manju Khokhar	International Journal of All Research Education and Scientific Methods (IJARESM). Vol.9(9): 62-66	September 2021	2455-6211	Peer Reviewed Journal
3.	Adaptive & Maladaptive emotion regulation strategies associated with psychological well-being By Dr. Neelam Singh, Dr. Kumkum Pareek & Ms. Ayushi Gupta	ECONSPEAK: A Journal of Advances in Management IT& Social Sciences. Vol.08(03): 156-167	March 2018	2231-4571	Peer Reviewed Journal
4.	General Well Being and Life style of Educationists: A	International Journal of research in Economics and Social Science. Vol.7(2):	February 2017	2249-7382	UGC Approved Journal No 48858 & Refereed

	Correlational Study By Dr. Kumkum Pareek & Dr. Neelam Singh				
5.	Effect of Sprituality Gender on Adolescents' Locus of Control Orientaton By Dr. Neelam Singh & Mrs Ayushi Gupta	International Journal of research in Economics and Social Science. Vol.6(10): 243-253	October 2016	2249-7382	Peer Reviewed & Refereed Journal
6.	A Study of the effect of Gender and Age on Aggression By Dr. Neelam Singh & Dr. Kumkum Pareek	International Journal of research in Economics and Social Science. Vol.6(03): 459-466	March 2016	2249-7382	Peer Reviewed & Refereed Journal
7.	Socio-demographic Correlates of Life Satisfaction among Elderly People By Dr. Neelam Singh	ECONSPEAK: A Journal of Advances in Management IT& Social Sciences. Vol.05(11): 77-85	November 2015	2231-4571	Peer Reviewed & Refereed Journal
8.	Spirituality and Optimism among Perspective Teachers: A Correlational Study By Dr. Neealm Singh	International Journal in Management and Social Science (IJMSS) Vol.03(04): 669-679	April 2015	2321-1784	Peer Reviewed & Refereed Journal
9.	A Comparative Study of N Ach of Player and Non Player College going Students By Dr. Neelam Singh	International Journal of research in Economics and Social Science. Vol.4(11): 92-100	November 2014	2249-7382	Peer Reviewed & Refereed Journal
10.	A Study of Left Handed and Right Handed Behavior among Air Force personnel By Dr. Neelam Singh & Dr. Manju Khokar	ECONSPEAK: A Journal of Advances in Management IT& Social Sciences. Vol.04(7): 26-30	July 2014	2231-4571	Peer Reviewed Journal
11.	A Study of relationship	International Journal of research in Social	May 2014	2249-2496	Peer Reviewed & Refereed Journal

	between Job Satisfaction, Self Motivation and Demographic Variables By Dr. Neelam Singh & Dr. Manju Khokhar	Sciences. Vol.04(2): 735-743			
12.	Psychological Well Being among Private Teachers in Relation to Locus of Control Orientation By Dr. Neelam Singh	International Journal of Multidisciplinary Research Academy. Vol.4(1): 501-506	February 2014	2249-2496	Peer Reviewed & Refereed Journal
13.	Personality Traits and Mental Health among Doctors By Dr. Manju Khokhar, Dr. Neelam Singh & Dr. Vibha Nagar	International Journal of research in Economics and Social Science. Vol.3(10): 113-116	October 2013	2249-7382	Peer Reviewed & Refereed Journal
14.	Job Satisfaction status of senior secondary school teachers in Delhi by Neelam Singh	Indian Journal of physical education and yogic sciences. Vol.03(01)	2012	2229-3191	Peer Reviewed Journal
15.	Role of Yoga in Stress Management by Neelam Singh	Indian Journal of physical education and yogic sciences. Vol.03(01)	2012	2229-3191	Peer Reviewed Journal

17. Development of New Curricula and Courses :

<i>S.No.</i>	<i>Name of New Curricula & Courses</i>	<i>Hyperlink of Curricula or course</i>	<i>Role in Development</i>
1.	M A & B A Psychology	-	-
2.	M A & B A Psychology	-	-

18. Faculty Enrichment Programme Attended:

<i>S.No</i>	<i>Detail of the FDP/FEP</i>	<i>Date(s) of the event</i>	<i>Organizer & Sponsor</i>	<i>International/National/ State/ University</i>
1.	Research Methodology & Environment Sustainable Development	27Dec,2019to2, Jan.2020	ARIDSS	National workshop
2.	Research methodology for sciences and social sciences	10june to 30 june,2017	UGC, Organized by Meerut College, Meerut	National
3.	Research methodology in sciences and social sciences	12 june to 18 june 2015	USI organized by dep.of defence studies meerut college, meerut	National workshop
4.	Rural employment programme special reference to nrega	12 December,2009	UGC	National seminar
5.	Enhancement of life skills through sound body, sound Mind and self realization	1&2 December,2009	UGC organized by Department of Psychology Vidyawati mukandlal P.G Girls College,Ghazi abad	National workshop
6.	Application of Psychophysiological Techniques	25&26 March2007	UGC Organised by Dep .of psychology R.G.P.G college, Meerut	National workshop

19. Seminar/ Workshop/ Conference Attended:

<i>S.No</i>	<i>Detail of the Conference/ Seminar</i>	<i>Organizer & Sponsor</i>	<i>Date(s) of the event</i>	<i>Venue of the event</i>	<i>International/National/ State/ University</i>
1.	Gender discrimination at work place in india	Dept. of higher Education, U.P	30,31 March, 2022	Dept.of Drawing & painting Shaheed mangal pandey govt.girls PG College, Madhavpuram, Meerut	National seminar
2.	Roadmap to internal security in india; challenges and dilemmas	Advance research institute for development of social sciences, Meerut	14&15 May, 2022	Department of anthropology & Department of political science Avadh girls degree college, Lucknow	
3.	Lord Ram in the context of Global culture		18 April 2021	E Seminar	International seminar
4.	Equality for women is progress for all	Mahila Adhyayan Kendra	26 june 2021	Department of Zoology C.C.S University meerut	conference
5.	Skikking and nature based opportunities: Trekking and sustainable tourism	NEEV A social Educational Initiative of IIT Alimni	26 june 2021	E webinar	
6.	Mental health and virtual world	Department of psychology in association with society for psychological assessment and guidance (SPAG), Chandigarh	10 October 2020	Post Graduate Government college, Sector 46, Chandigarh	National Webinar
7.	New Education Policy 2020		20 september 2020	Gokul Das Hindu Girls College Moradabad	National
8.	Sustainable peace & well being: Integration Across Generations	National Association of psychological Science India	18,19,20 october 2019	Punjab university, Chandigarh India	6 th International & 8 th Indian Psychological Science congress
9.	Psycho yogic Therapiess		22 to 28 March 2017	Dep.of Psychology c.c.s university .meerut	National workshop

10.	Indo Canadian coand Futurference of psychological: past, Present	Society of management and behavioural sciences India & Canada	29&30May, 2017	Le Grand Hotel Haridwar, India	-
11.	Ethical issues in the practice of psychology	Society of management and behavioural sciences India & Canada	30 May,2017		-
12.	Gst in present Scenario Impact and challenges	Under faculty en Enrichment Programme og UGC CE	28&29 October 2017	R.G P.G College,meerut	National seminar
13.	Climate change and biodiversity conservation	Botany Academic and cultural society	21 december 2016	Department of Botany R.G.P.G. college, Meeruts	International seminar
14.	Abolition of caste System in india is required for national integrity	Faculty of Law	26 november20 16	Swami vivekanand subharti university	National seminar
15.	Tribal Issues and strategies for emprowerment	Sponsered ICSSR	21.&22 october 2016	Department of political science, B.S.M. P.G. College, Roorkee (Haridwar) Uttarkhand	National Seminar
16.	Psychological science congress	National Association of Psychological science India	28&30 September 2016	Department of psychology P.G government College,sector 46 Chandigarh	3 rd International&5th Indian
17.	Water conservation, challenges and opportunities	Jaladhikar Foundation, New Delhi	30&31 August,2016	Ginni Devi Modi Girls P.G College, Modinagar	National Seminar
18.	Buddhist Perspective on Peace	YSSSR foundation	30 May,2016	Faculty of Law, swami vivekanand subharti university,Mee rut	International Seminar
19.	Violence Against Girl Child and women:Issues and concern	ICSSR	12&13 March,2016	Faculty of Law, swami vivekanand subharti university,Mee rut	International Conference
20	Drug Addiction among Adolescents in India	ICSSR	13&14 march 2016	Department of psychology Meerut College, meerut	National Seminar
21	NAAC and college with potential for excellence Philosophy: Its Dimensions and		20November 2015	Department of philosophy R.G P.G	National seminar

	relevance.			College, meerut	
22.	India China Bilateral Relations	Sponsored By ICSSR	01&02 March,2015	Department of defence studies Meerut college meerut.	National Seminar
23.	Indo Canadian International conference of business and behavioural Sciences	Society of management and behavioural sciences India & Canada	3 &4 july,2015	Vivanta by taj hotel panaji, Goa ,India	International
24.	Psychological problems Diagnosis and management	UGC	24to30 March 2014	Dep.of psychology Ismail national Mahila P.G College	National workshop
25.	Mental Health Challenges & Remedial Approaches	ICSSR	15&16Febru ary 2014	Department of psychology Gurukul Kangri University, haridwar	National Seminar
26	Bilateral Strategic and economic cooperation between india and Thailand	ICSSR	13&14 April,2013	Department of defence studies Meerut college, meerut	International Seminar
27	Senior citizens:Problem and perspectives a multidisciplinary approaches	ICSSR	22&23 november 2012	Department of psychology R.G P.G College,Meeru t	National seminar
28	Psychological intervention for social well being	ICSSR	27&28Septe mber, 2012	Department of psychology Digambar jain college, baraut	National Seminar
29	Indian Society in 21 century: Challenges and Responses	UGC,New Delhi	7&8April,20 12	Dep. Pf sociology R.G.P.G.Colle ge,Meerut	National seminar
30	Environment and social issues	UGC	25&26 Feb.2012	Dep. Of education , Gokul Das Hindu Girls College, Moradabad,	National seminar
31	Corruption,Society and good Governance:Problems and Prospects	UGC	17&18 Feb,2012	Ismail National Mahila P.G Colleges	National seminar
32	NAAC and college with potential for excellence		2 february 2012	R.G P.G college, Meerut	International seminar
33.	Right to Health: Needs Law& Policy	ICSSR	29september ,2012	Subharti law College, swami vivekanand subharti university, Meerut	National Seminar
34	Human Rights Protection:State obligation vs.Public participation	National Human Rights	06May,2013	Sardar patel subharti	National Seminar

		Commission		Institute of law	
35..	Senior Citizens:Problems and Perspectives A Multi Disciplinary Approach	Sponsored by ICSSR	22&23November,2012	Department of psychology R.G.P.G. college, Meerut	National Seminar
36.	Jainism: Different Dimensions and relevances		13 december, 2011	Dep.of philosophy R.G P.G college meerut	National seminar
37.	India's Internal Security challenges	UGC	12&13 March 2011	Dep. Of Defence Studies, Meerut college, meerut	National seminar
38.	Problems of adolescents: A current perperspective	ICSSR	11&12November,2011	Dep. Of Psychology Meerut college meerut	National Seminar
39.	India's Internal Security challenges	ICSSR	13&14 February, 2010	Dep. Of Defence Studies, Meerut college, meerut	National seminar
40	Advancing Social sciences research in Hiv &AIDS	UNESCO	05&06 December,2009	Dep.of Sociology N.A.S P.G College, Meerut	National workshop
41.	Society and Media		20 August 2009	Dep.of Sociology R.G.P.G. college, Meerut	National seminar
42.	Mental health and current scenario	ICSSR	20&21March 2009	Dep.of psychology Gurukul Kangri University haridwar	National seminars
43.	Issues And Status of Child labour in india	Department of Sociology	12&13february,2009	R.G.P.G College,Meerut	National seminar
44.	Dimensions of psycho analysis and its impact on literature	Department of English	8 March 2008	Dep. Of English R.G P.G College, Meerut	workshop
45.	Hypnotherapy and past life Regression	UGC	11 March 2007	Dep.of Psychology, R.G P.G College	National seminar
46.	Youth Violence and role of psychologists as counselor	UGC	10 october 2007	Dep.of Psychology V.M.L Girls college, Ghaziabad	National workshop
47.	Media exploitation of women	UGC	23&24 September 2006	Dep.of sociology N.A.S P.G.	National seminar

				College, Meerut	
48	Psychotherapy, yoga and spirituality	Yoga and psychotherapy Association of India	27,28,29 November 2005	Haridwar, Uttaranchal, India	International Conference
49.	Mental health: Problems and Interventions	Gurukul kangri	27&28 March, 2004	Dep. of Psychology, Gurukul kangri University, Haridwar	National seminar
50.	Tests of Normalities: Comparative Methods and parametric and non-parametric	R.G P.G College	21 Nov 2001	Dep. of psychology, R.G P.G College, Meerut	National seminar

20. Invited lectures/ Resource person/ Paper Presented in Conferences/ Seminar/ Workshops:

<i>S.No</i>	<i>Title of the Invited Lecture/ paper presented</i>	<i>Detail of the Conference/ Seminar(including organizer & Sponsor)</i>	<i>Date(s) of the event</i>	<i>Venue of the event</i>	<i>International/ National/ State/ University</i>	<i>Role</i>
1.	Gender problem: Issues & Challenges	Dept. of higher Education, U.P	30,31 March, 2022	Dept. of Drawing & painting Shaheed mangal pandey govt. girls PG College, Madhav puram, Meerut	National seminar	Paper Presented
2.	Mental Health awareness in Indian; special context in WHO	Advance research institute for development of social sciences, Meerut	14&15 May, 2022	Department of anthropology & Department of political science Avadh girls degree college, Lucknow		Paper Presented

3.	Contribution of positive psychology in peace: Towards Global Well Being	National Association of psychological Science India	18,19,20 october 2019	Punjab university Chandigarh India	6 th International & 8 th Indian Psychological Science congress	Paper present ed
4.	Global warming and climate change	Botany Academic and cultural society	21 december 2016	Department of Botany R.G.P.G. college, Meeruts	International seminar	Paper present ed
5	Caste and the profession of social reform in Indian equality law	Faculty of Law	26 november 2016	Swami vivekanand subharti university	National seminar	Paper Presented
6	Spirituality and well being among deposed elderly	National Association of Psychological science India	28&30 September 2016	Department of psychology P.G government College, sector 46 Chandigarh	3 rd International & 5 th Indian	-
7	Economic Empowerment of Tribal women: A study of Nagaland state	Sponsored ICSSR	21.&22 october 2016	Department of political science, B.S.M. P.G. College, Roorkee (Haridwar) Uttarkhand	National Seminar	Paper presented
8	Water conservation and rainfall harvesting	Jaladhikar Foundation, New Delhi	30&31 August, 2016	Ginni Devi Modi Girls P.G College, Modinagar	National Seminar	-
9	A Buddhist perspective from R.g P.G College meerut	YSSSR foundation	30 May, 2016	Faculty of Law, swami vivekanand subharti university, Meerut	International Seminar	-
10	Preventing violence against women and children from R.G.P.g.college, meerut	ICSSR	12&13 March, 2016	Faculty of Law, swami vivekanand subharti university, Meerut	International Conference	-
11	Increasing drug abuse among youth: Symptoms & Solutions.	ICSSR	13&14 march 2016	Department of psychology Meerut College, meerut	National Seminar	-

12	Relations China, India: year of Friendship	Sponsored By ICSSR	01&02 March,2015	Department of defence studies Meerut college meerut.	National Seminar	Paper presented
13	Mental health problem in old age.	UGC	24to30 March 2014	Dep.of psychology Ismail national Mahila P.G College	National workshop	Paper presented
14	Human Rights and the environment	National Human Rights Commission	06May,2013	Sardar patel subharti Institute of law	National Seminar	Paper presented
15	India and Thailand bilateral trajectory	ICSSR	13&14 April,2013	Department of defence studies Meerut college, meerut	International Seminar	-
16	Law and global health current legal issues	ICSSR	29september, 2012	Subharti law College, swami vivekanand subharti university, Meerut	National Seminar	Paper presented
17	Challenges and responses in adolescence	UGC, New Delhi	7&8April,2012	Dep. Pf sociology R.G.P.G.College, Meerut	National seminar	Paper presented
18	Role of mass media in spreading the awareness for environment	UGC	25&26 Feb.2012	Dep. Of education , Gokul Das Hindu Girls College, Moradabad,	National seminar	Paper presented
19	Corruption in India: causes and consequences	UGC	17&18 Feb,2012	Ismail National Mahila P.G Colleges	National seminar	-
20	Mental health of senior citizens in india	Sponsored by ICSSR	22&23November,2012	Department of psychology R.G.P.G. college, Meerut	National Seminar	Paper presented
21	Effect of Stress and violence on Adolescents	ICSSR	11&12November,2011	Dep. Of Psychology Meerut college meerut	National Seminar	Paper presented
22	Emerging Dynamics and challenges of internal security in India	UGC	12&13 March 2011	Dep. Of Defence Studies, Meerut college,	National seminar	Paper presented

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23	India,s Security Challenges –A Futuristic perspective	ICSSR	13&14 February, 2010	Dep. Of Defence Studies, Meerut college, meerut	National seminar	Paper presented
24	HIV and AIDS: Treatment and statistics	UNESCO	05&06 December,2009	Dep.of Sociology N.A.S P.G College, Meerut	National workshop	-
25	Yoga & stress Management	ICSSR	20&21March 2009	Dep.of psychology Gurukul Kangri University haridwar	National seminars	-
26	Trauma of child labour	Department of Sociology	12&13february,2009	R.G.P.G College,Me erut	National seminar	Paper presented
27	Psycho Analysis In Literature	Department of English	8 March 2008	Dep. Of English R.G P.G College, Meerut	workshop	-
28	Organizational Behaviour and human resources management	Society of management and behavioural sciences India & Canada	3 &4 july,2015	Vivanta by taj hotel panaji, Goa ,India	International	Paper presented
29	Psychological well being and clinical	ICSSR	15&16February 2014	Department of psychology Gurukul Kangri University, haridwar	National Seminar	Paper presented
30	Enhancement of social well beingthrough yoga and spirituality	ICSSR	27&28September, 2012	Department of psychology Digambar jain college, baraut	National Seminar	-
31	Women and media:Progress and issues	UGC	23&24 September 2006	Dep.of sociology N.A.S P.G. College, Meerut	National seminar	-
32	Yoga and stress management	Yoga and psychotherapy Association of India	27,28,29 November 2005	Haridwar, Uttaranchal , India	International Conference	-
33	Human cognition and manual asymmetry among defence personal	Gurukul kangri	27&28March, 2004	Dep.of Psychology , Gurukul kangri University, haridwar	National seminar	-

1. Administrative Experience:-

- 1. RTI Incharge**
- 2. Head Department of Psychology**
- 3. Chief Proctorial Board**
- 4. B.voc ACP (Applied Clinical Psychology) Coordinator**
- 5. Psychological testing & Counseling center Coordinator**

2. Future plans:

- 1. Face to face teaching and learning sessions**
- 2. Workshops and special study programs**
- 3. Collaborative projects**
- 4. Organize National/International seminar/conference**
- 5. Publication of research paper through college website**