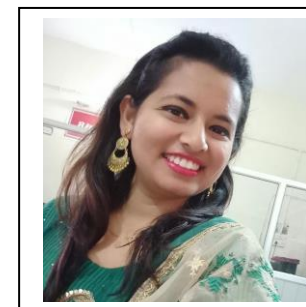


## Curriculum vitae



Name: **Ms. Himani Vishnoi**

Designation: **Assistant Professor**

Subject: **Home Science**

Academic Qualifications: **NET, M.Sc. Food and Nutrition, Diploma in Nutrition and Health Education, B.Sc. Home Science (Pass), B.Ed., CTET.**

Areas of interest/Specialization: **Food and Nutrition**

Date of Birth: **11.04.1992**

Date of Joining: **22.07.2015**

Experience: **08 years**

Official Address: **Department of Home Science, Raghunath Girls' P.G. College, Meerut.**

Contact no. : **8267860427**

Email: [manivishnoi92@gmail.com](mailto:manivishnoi92@gmail.com)

Areas of research: **Food and Nutrition**

Digital Profile, if any (Research Gate, LinkedIn, SSRN, Twitter, YouTube etc):

### **Achievements:**

- Awarded with a certificate of Campus topper with 84.9% in M.Sc. Food and Nutrition (Department of Home Science) at C.C.S. University, Meerut.
- Worked as an Academic Counsellor in IGNOU for the course of CFN (Certificate in Food and Nutrition).
- Worked as Programme Manager for Orientation Programme for Academic and Career Counselling Placement Cell, at R.G.P.G. College, Meerut.
- Member BoS (Home Science) IIMT University, Meerut.
- Subject Expert Home Science IIMT University, Meerut.

### **Membership of Professional Bodies**

<i>S.No.</i>	<i>Name of the Professional Body</i>	<i>Type of membership</i>	<i>Membership no.</i>
01	Home Science Association of India	Lifetime membership	HSAI-2022-UP-1057-LF

### **Research Papers published:-**

<i>S.No</i>	<i>Title of the paper published (with Page no.)</i>	<i>Research Journal (with Vol.no.)</i>	<i>Year</i>	<i>ISSN</i>	<i>Whether peer reviewed ,UGC listed, Impact Factor if any</i>
<b>2021-2022</b>					
01	A Comparative study on the National Education	The Internal Journal of Analytical and Experimental	2021	0886-9367	6.3 UGC-CARE Group II

	Policy:- Past and Present	Modal Analysis Vol XIII (XII)			
<b>2019-2020</b>					
01	Phytotherapy- Herbal Treatment to Skin Inflammation. pp- 3454-3458	Alochana Chakra Journal ( UGC- Care Group I Journal), ISO Certified. Vol. IX (V)	2019	2231-3990	6.3
02	Identity versus Role Confusion- The complicated Truth. pp-173- 175	Naveen Shodh Sansar.( An Internatinal Refereed/ Peer Reviewed Research Journal) Vol. I (XXIX)	2019	2394-3793	5.6
<b>2017-2018</b>					
01	Women Entrepreneurship- Challenges and Opportunities pp244-249	A peer Reviewed International Journal RJPSS ,Vol. 42,No.2,	2017	2454-3403	3.9
<b>2016-2017</b>					
01	A Comparative Assessment of the Nutritional Status of Adolescent Boys and Girls Studying in	Journal Global Values- A Peer Reviewed International Journal. Vol. 7, No.2,	2016	0976-94472	3.8

Government School pp8-12				
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**Faculty Enrichment Programme Attended:**

<i>S.No</i>	<i>Detail of the FDP/FEP</i>	<i>Date(s) of the event</i>	<i>Organizer &amp; Sponsor</i>	<i>International/National/ State/ University</i>
<b>2022-2023</b>				
1	FDP on New Trends in Research Methodology	11 <sup>th</sup> -17 <sup>th</sup> Feb.'2023.	Teachers' Re-skilling cell and LMS cell, Raghunath Girls' P.G. College, Meerut	National
2	Seven Days Workshop on Universal Human Values & Ethics	11 <sup>th</sup> -21 <sup>st</sup> April' 2023	Department of Psychology, Raghunath Girls' P.G. College, Meerut	National
3	Online FDP on Blended Learning, Development of MOOCs and E-Content	24 <sup>th</sup> -29 <sup>th</sup> April'2023	IQAC, Raghunath Girls' Post Graduate College, Meerut in collaboration with Mahatma Hansraj Faculty Development Centre, Hansraj College, University of Delhi under PMMMNMT	National
4	OnlineFDP on MOOCs and E-Content	29th April-5 <sup>th</sup>	Guru Angad Dev Teaching Learning Centre under the PMMMNMTT, Ministry of Education, SGTB	<b>National Grade A</b>

	Development	May'2023	Khalsa College, University of Delhi in collaboration with Raghunath Girls' P.G. College, Meerut and obtained	
<b>2021-2022</b>				
1	One week FDP "3-D of MOOCs (Design, Development and Delivery)"	28 <sup>th</sup> Dec.2021 to 1 <sup>st</sup> Jan.,2022	RUSA, Meerut College, Meerut & SWAYAM-MOOCs Society and Media, New Delhi & AISHE , Meerut College, Meerut	National
2	One week Online FDP IN in Home Science "INSIGHT"	14 <sup>th</sup> - 19 <sup>th</sup> Feb. 2022	PG Department of Home Science, Rama Devi Women's University, Bhubaneswar, Odisha funded by IDP,OHEPEE	National
3	One week online interdisciplinary Capacity Building & FDP on Research publication and Ethics: Issues and Challenges.	24 <sup>th</sup> -29 <sup>th</sup> March'2022	Mahatma Gandhi Kashi Vidyapith, Varanasi, Uttar Pradesh, SadanlalSanwaldas Khanna Girls' Degree College, Prayagraj, Uttar Pradesh in collaboration with Dr.HarisinghGour Vishwavidyalaya, Sagar (M.P.) under the aegis of PMMMMNMTT, Ministry of Education , GOI, New Delhi	National <b>Grade A</b>
<b>2019-2020</b>				
1	Art and Skills for Effective Teaching" (ASET)	25 <sup>th</sup> April -06. May 2020	Saveetha Teaching Learning Centre, Chennai, Tamil Nadu, India	<i>National</i>
2	National Level Three-Day Online Faculty	29 <sup>th</sup> - 31 <sup>st</sup> May 2020	Research Culture Society, Gujarat, India.	<i>National</i>

	Development Programme on Hybrid Classroom: ICT Tools for Teaching and Learning			
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**Seminar/ Workshop/ Conference Attended:**

<i>S. No</i>	<i>Detail of the Conference/ Seminar</i>	<i>Organizer &amp; Sponsor</i>	<i>Date(s) of the event</i>	<i>Venue of the event</i>	<i>International/National/ State/ University</i>
	<b>2023-2024</b>				
1.	One Day workshop on Enterprise Architecture Adoption for Higher Education Institutions	IQAC & Teacher's Re-Skilling Cell Collaboration with Union Bank of India, RG Branch, Meerut	19 <sup>th</sup> August'2023	Raghunath Girls' P.G. College, Meerut	National
	<b>2022-2023</b>				
2.	National Conference on Induction Training for teachers at Higher Education Institutions (HEIs): Today's Need for	Raghunath Girls' Post Graduate College, Meerut.	21 <sup>st</sup> - 22 <sup>nd</sup> Dec. 2022	Raghunath Girls' Post Graduate College, Meerut.	National

	enhancing Quality of Higher Education				
3.	IP Awareness/ Training Programme	Intellectual Property Office, India under National Intellectual Property Awareness Mission	27 <sup>th</sup> April' 2023	Online	National
<b>2021-2022</b>					
4.	National Conference on Landscape of Higher Education in India: A Perspective to Impart Education	Dept. of Education & IQAC	29 <sup>th</sup> – 30 <sup>th</sup> Nov. 2021	Raghunath Girls' P.G. College, Meerut	National
5	Data Analysis with Open Source Software	UGC-Human Resource Development Centre	21 <sup>st</sup> August,2021.	Madurai Kamaraj University, Mudarai	National
<b>2020-2021</b>					
6.	Implementation of NEP-2020 in the session 2021-2022	Chaudhary Charan Singh University, Meerut & Internal Quality Assurance Cell, Raghunath Girls' Post Graduate College, Meerut	24 <sup>th</sup> -25 <sup>th</sup> June 2021	Online	National
7.	“National	Internal Quality	16 <sup>th</sup> Sept.	Online	National

	Education Policy 2020 & Its Sustainability in Higher Education”	Assurance Cell (IQAC), Raghunath Girls’ P.G. College, Meerut (UP)	2020		
8.	Environmental Reform through Farming	Atal Bihari Vajpayee Trust, Bilaspur, Chhattisgarh	19 <sup>th</sup> June 2020	Online	National
9.	Digital learning In and Beyond COVID-19”	Dept. of Botany, R. G. P.G. College, Meerut	07 <sup>th</sup> June’2020.	Online	National
10.	Gender Sensitization: Needs of the Hour.	Institute of Home Science and IQAC, Dr. Bhimrao Ambedkar University, Agra	26 May’2020	Online	National
11.	Herbal Therapy: Present Scenario and future Prospects”	Dept. of Botany	19th Sept. 2019	Raghunath Girls’ P.G. College, Meerut	National
12.	National Workshop on “Understanding Academic Integrity and Practices to Avoid Plagiarism.”	Department of English	20 <sup>th</sup> Sept. 2019	D. N. College, Meerut	National



	organized					
<b>2018-2019</b>						
13	Ethical Issues in Research	Department of Biotechnology	of	27 <sup>th</sup> – 28 <sup>th</sup> July, 2019	Jaypee Institute of Information and Technology	National
<b>2017-2018</b>						
14.	Centenary annual conference of Indian economic association (IEA)	Indian Economic Association		27 <sup>th</sup> -29 <sup>th</sup> Dec. 2017	Jai Narayan Vyas University, Jodhpur, Rajasthan	National
15.	GST in present scenario- Impact and challenges	Faculty enrichment programme of UGC-CE		28 <sup>th</sup> – 29 <sup>th</sup> Oct. 2017	Raghnath Girls P.G. College, Meerut	National
<b>2016-2017</b>						
16.	Conference on Yoga and Health	Department of Yoga		10 May 2016	Raghnath Girls P.G. College, Meerut	National
<b>2015-2016</b>						
17	International Sangosthi on Hindi: Abhivaykti and Sanskriti	Department of Hindi		14 <sup>th</sup> September, 2015	Raghnath Girls P. G. College, Meerut	International
18	Relevance of Ancient Indian Wisdom in Contemporary India	Gandhian Study Centre, sponsored by UGC		14 <sup>th</sup> September, 2015	Ismail National (P.G.) College for Women, Meerut	National
19	DIET CAL	C.C.S. University		30 <sup>th</sup>	C.C.S. University	National

	SOFTWARE		September 2015.		
20	International Workshop on Malaria Awareness- Causes, symptoms and vaccines	Department of Zoology	27 <sup>th</sup> November 2015	Raghunath Girls P. G. College, Meerut	International
<b>2014-2015</b>					
21.	Clinical Nutrition	Indraprastha Apollo Hospital, New Delhi.	23 <sup>rd</sup> August 2014.	Apollo Hospital, New Delhi	National
22	2 <sup>nd</sup> International Conferences on Micro Nutrient and Child Health	Human Nutrition Unit, AIIMS, New Delhi; Indian Academy of Pediatrics ( Nutrition Chapter) & Sitaram Bhartia Institute of Science and Research	3 <sup>rd</sup> - 7 <sup>th</sup> November 2014	AIIMS, New Delhi	International
23	Update on Therapeutic Nutrition in Pediatrics Gastroenterology and Hepatology	Department of Pediatrics Gastroenterology	7 <sup>th</sup> December 2014.	Sanjay Gandhi Post Graduate Institute of Medical Sciences	National
<b>2013-2014</b>					
24.	Sport Nutrition Update	IDA ( Delhi Chapter) and Department of Dietetics of AIIMS, New Delhi	16 <sup>th</sup> November 2013	AIIMS, New Delhi	National

**Seminar/ Workshop/ Conference/ Exhibitions Organised:**

<i>S.No</i>	<i>Detail of the Conference/ Seminar/Exhibitions (including Sponsor)</i>	<i>Date(s) of the event</i>	<i>Venue of the event</i>	<i>International/ National/ State/ University</i>	<i>Role</i>
<b>2022-2023</b>					
1.	Exhibition cum Sale under “Earn while you learn Scheme”	20 <sup>th</sup> -21 <sup>st</sup> Oct. 2022.	Raghunath Girls’ P.G. College, Meerut	College	Member
2.	Capacity building Programme Series-II (2022) on “Igniting the artist in You” in collaboration with Pidilite Industries Ltd.	11 <sup>th</sup> - 19 <sup>th</sup> Nov. 2022.	Department of Home Science, Raghunath Girls’ P.G. College, Meerut	National	Member
3.	Guest Lecture on Start up schemes given by Government in the field of Home Science Entrepreneurship by	19 <sup>th</sup> November’ 2022	Department of Home Science, Raghunath Girls’ P.G. College, Meerut	National	Member

	Mrs Meenakshi Singh (Coordinator Unnat Bharat Abhiyan)				
4.	Online Guest Lecture on Nutritional Gap during Cancer treatment by Dr. Rita Patil ( Vice-Principal, MNW College, Mumbai)	4 <sup>th</sup> February'2023	Department of Home Science, Raghunath Girls' P.G. College, Meerut	National	Member
<b>2021-2022</b>					
5.	Capacity building Programme Series-I (2022) on “ Research Methodology & latest Trends in Home Science Research”	3 <sup>rd</sup> - 31 <sup>st</sup> March'2022	Online	National	Member

**Invited lectures/ Resource person/ Paper Presented in Conferences/ Seminar/ Workshops:**

<i>S.No</i>	<i>Title of the Invited Lecture/paper</i>	<i>Detail of the Conference/ Seminar(</i>	<i>Date(s) of the event</i>	<i>Venue of the event</i>	<i>International/ National/ State/</i>	<i>Role</i>
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	<i>presented</i>	<i>including organizer &amp; Sponsor)</i>			<i>University</i>	
<b>2023-2024</b>						
<b>1.</b>	Importance of Health and hygiene for adolescent girls	Department of Home Science, Km. Mayawati Govt. Girls Post Graduate, College, Badalpur, Gautam Budh Nagar, U.P.	26 <sup>th</sup> September'2023	Department of Home Science, Km. Mayawati Govt. Girls Post Graduate, College, Badalpur, Gautam Budh Nagar, U.P.	National	Resource person
<b>2022-2023</b>						
<b>1.</b>	Importance of Induction Training in Enhancing Quality of Higher Education	National Conference on Induction Training for teachers at Higher Education Institutions (HEIs): Today's Need for enhancing Quality of Higher Education	21 <sup>st</sup> - 22 <sup>nd</sup> Dec. 2022	Raghunath Girls' Post Graduate College, Meerut.	National	Paper Presenter
<b>2021-2022</b>						
<b>2.</b>	A case study on the Implementation of New Education	National Conference on Landscape of Higher Education in India: A	29 <sup>th</sup> – 30 <sup>th</sup> Nov. 2021	Dept. of Education & IQAC, Raghunath Girls' P.G.	National	Paper Presenter

	Policy's impact on the colleges	Perspective to Impart Education Dept. of Education & IQAC		College, Meerut		
<b>2020-21</b>						
<b>3.</b>	Revolution in Nutrition and Healthy Eating Practices from Ancient India : A comparative study.	Information Explosion and the 21 <sup>st</sup> Century Youth: Prospects and Challenges, Km. Mayawati Govt. Girls Post Graduate, College, Badalpur, Gautam Budh Nagar, U.P.	21 <sup>st</sup> January, 2021	Km. Mayawati Govt. Girls Post Graduate, College, Badalpur, Gautam Budh Nagar, U.P.	National	Paper Presenter
<b>2019-2020</b>						
<b>4.</b>	Phytotherapy: A Herbal Approach to Skin Inflammation	Herbal Therapy: Present Scenario and future Prospects	19th Sept. 2019	Deptt. Of Botany, R. G. P.G. College, Meerut	National	Paper Presenter
<b>2018-2019</b>						
<b>5.</b>	Revolution in Nutrition and Healthy Eating Practices from Ancient India: A Comparative Study	Information Explosion and the 21 <sup>st</sup> Century Youth: Prospects and Challenges	21 <sup>st</sup> January 2019	U.P. Higher Education Department. Km. Mayawati Government Girls post Graduate College Badalpur, Gautambudh Nagar, U.P.	National	Paper Presenter

<b>2017-2018</b>						
<b>6.</b>	Women's occupational health hazards in unorganized sector	Women's health in Indian society: Challenges and Resolution. Dept. of Higher Education (UP)	17 <sup>th</sup> -18 <sup>th</sup> Feb., 2018	Dept of Sociology, S M P Govt. girls P. G. college, Madhavpuram , Meerut	National	Paper Presenter
<b>7.</b>	Demonetization:- It's Impact On Different Sectors Of Society	Centenary annual conference of Indian economic association (IEA)	27 <sup>th</sup> -29 <sup>th</sup> Dec. 2017	Jai Narayan Vyas University, Jodhpur, Rajasthan	National	Paper Presenter
<b>8.</b>	Impact of GST on Local Business Vendors	GST in present scenario- Impact and challenges	28 <sup>th</sup> – 29 <sup>th</sup> Oct. 2017	R. G. P. G. College, Meerut	National	Paper Presenter
<b>2016-2017</b>						
<b>9.</b>	Women Entrepreneurship- Challenges and Opportunities	Development of Women Entrepreneurship in India, ICSSR.	18 <sup>th</sup> -19 <sup>th</sup> February 2017	Department of Economics Ismail National Mahila P.G. College, Meerut.	National	Paper Presenter
<b>10.</b>	Media- An Era For A New Perception	Role of Media in Terrorism and Communalism: Its Impact on Society ICSSR.	28 <sup>th</sup> – 29 <sup>th</sup> January 2017	Department of Political Science Ismail National Mahila P.G. College, Meerut.	National	Paper Presenter

<b>11.</b>	The Manifestations Of Climate Change On Human Health	Development in India: Problems and Challenges ICSSR.	13 <sup>th</sup> -14 <sup>th</sup> March 2016	Department of Psychology Meerut College, Meerut.	National	Paper Presenter
<b>2015-2016</b>						
<b>12.</b>	Adolescent Aggression Towards Parental Behaviour	Drug Addiction among Adolescents in India, ICSSR	13 <sup>th</sup> -14 <sup>th</sup> March 2016	Department of Psychology Meerut College, Meerut.	National	Paper Presenter

### **Future plans:**

- To publish a research paper in UGC Care listed Journal.
- To motivate students to participate in Community based teaching learning.
- To provide remedial and financial aid to the students.
- To mentor students for their psychological as well as educational needs.
- To participate in FDP, seminars, and Conferences for upliftment.