

Curriculum vitae

1. Name: Dr. Shweta Tyagi
2. Designation: Assistant Professor
3. Subject: Home Science
4. Academic Qualifications: M. A. Ph.D. with Regulations 9
5. Areas of interest/Specialization: General Home Science
6. Date of Birth: 25/07/1981
7. Date of Joining: 05/09/2011
8. Experience: 13
9. Official Address: 21/A, Murari Puram Garh Road Meerut 250002
10. Contact no.: 9997977718
11. Email: shweta.kps.tyagi@gmail.com
12. Areas of research: Food and Nutrition
13. Digital Profile, if any (Research Gate, LinkedIn, SSRN, Twitter, YouTube etc):
NIL



1. Research Papers published:-

S. No.	Title of the paper published (with Page no.)	Research Journal (with Vol.no.)	Year	ISSN	Whether peer reviewed, UGC listed, Impact Factor if any
1	Study of Stress affecting menstrual cycle	Research Link Journal	2018-19	ISSN 0973-1628	-
2	To Study about the effectiveness of Yoga/exercise on Menstrual Cramps	Research Link Journal	2018-19	ISSN 0973-1628	-
3	A study on the Relationship between menstruation & Alcohol Consumption	Research Link	2017-18	0973-1628 Racto –	2.782
4	Environment Pollution Control & Management	Anu Book First Edition	2017-18	ISBN 978-93-82166-51	-
5	A study on conduct pattern & Intellectual maturity in Insomina	Research Link	2016-17	0973-1628	2.782
6	A study on Menstrual Flow in R.J.	Journal Global Value	2017-16	P-0976-9447(e) 2454-8391	3.8741

7	To study of the lifestyle among Rural Girls & Urban Girls	Yugshipi & Research Journal of Humanities & Social Science	2015-16	ISSN-0975-4644	-
8	To study of Impact of Family status among Rural Girls & Urban Girls	Research Link	2015-16	ISSN-0973-1628	2.782
9	To study the Effects of Stress on Emotional Quotient among Adolescent Girls (18-20 yrs.)	-	2015-16	-	2.762
10	To study the Impact of Female Education in Rural and Urban Areas	Research Link	2014-15	-	-
11	Effect of Neuroticism on Emotional Quotient in Adolescent girl (18-20 yrs)	A research Journal of Humanities and Social Science	2014-15	ISSN-2231-5837	-

2. Articles in Books/ Conference Proceedings Published:

S. No	Title of the Article published with page no.	Title of the Book/Conference Proceedings	Year	ISBN	Detail of the Publisher	Published by International/Local Publishers
1	Environment Pollution Control of Management	-	2016	ISBN 978-93-	Anu Books First Edition 2016	National

				82166-51-1		
2	Life Cycle of Crime against Women	-	2015	ISBN 978-93-82166-47-4	Anu Books Publications Meerut 2015	National
3	Philosophy of Religion Education	-	2015	ISBN 978-93-82166-45-0	Anu Books Publications Meerut 2015	National

3. Faculty Enrichment Programme Attended:

S.No	Detail of the FDP/FEP	Date(s) of the event	Organizer & Sponsor	International/National/ State/ University
1	FDP on MOOCs E-content Development	29th May-05th May 2023	-	National
2	FDP	15th April-21st April 2023	-	National
3	One day Contribution and Active participation	31st March 2023	-	National
4	Symposium on Role of Women in Innovation India's G- 20 Presidency	13th Feb. 2023	-	National
5	FDP on 'New Trends in Research methodology	11th Feb-17 th Feb 2020	-	National

6	Paper presented Two Days national conference on (HEIs)	21st Dec-22nd Dec2020	-	National
7	Research Methodology & Environment Sustainable Development	27 th Dec. – 2 nd Jan. 2020	-	National
8	Outcome Based Education and Accreditation	25 th May- 29 th May, 2020	-	National
9	Moodle Learning Management System	11 th May - 15 th May, 2020	-	National
10	Three week Interdisciplinary Faculty Recharge Enrichment of Teacher Course	10 th June-30 th June 2017	-	National

4. Seminar/ Workshop/ Conference Attended:

S. No.	Detail of the Conference/ Seminar	Organizer & Sponsr	Date(s) of the event	Venue of the event	International/ National/ State/ University
1	Seminar on Stress and Its Management	-	Nov 20, 21 2012	ICSSR New Delhi	National
2	Seminar on Chemistry-Our Life Our Future for Celebrating	-	Oct 01 2011	R.G. (P.G) College, Meerut	National

3	Seminar on Status of Women in Indian Society	Resource Person	Oct 02, 03 2010	INM College Meerut	National
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5. Seminar/ Workshop/ Conference/ Exhibitions Organized:

S.No.	Detail of the Conference/ Seminar/Exhibitions (including Sponsor)	Date(s) of the event	Venue of the event	International/National/ State/ University
1	Workshop on Creativity using clay & waste articles by Pidilite	12 th & 13 th February 2014	Department of Home Science R.G. (P.G.) College, Meerut	Regional
2	Workshop on Traditional Liquid Embroidery by Pidilite	10 th & 11 th February 2014	Department of Home Science R.G. (P.G.) College, Meerut	Regional
3	Workshop on Glass Painting by Pidilite	08 th & 9 th February 2014	Department of Home Science R.G. (P.G.) College, Meerut	Regional
4	Seminar on Human Rights: A Parameter of socio-political Ethics	Dec 16 2013	R.G. (P.G.) College, Meerut	National
5	Workshop on "Microwave Cooking"	16 th December 2011	Department of Home Science R.G. (P.G.) College, Meerut	Regional

6. Journal /Book Edited:

S.No.	Name of the Journal/ Book edited	Month and Year	Role
1	Extension Education and Communication Management	2012	Co-author
2	Advanced Family Dynamics	-	Main Author

7. Invited lectures/ Resource person/ Paper Presented in Conferences/ Seminar/ Workshops:

S.No	Title of the Invited Lecture/paper presented	Detail of the Conference/ Seminar(including organizer& Sponsor)	Date(s) of the event	Venue of the event	International/ National/ State/ University	Role
1	N.S.S. Special Camp	College/ University	18.01.2020	Datawali Village	State	Speaker
2	Government Policies Pertaining to women: Awareness Implications and Suggestions	U.G.C.	-	Dayanand Arya Kanya Degree College, Moradabad	State	Resource Person

8. Future plans:

In the coming years, my goal as a teacher is to evolve into a dedicated research guide. I plan to establish strong connections within academic and research circles, attending conferences, and collaborating with fellow educators and researchers. This networking will not only expand my own knowledge but also allow me to provide students with valuable industry insights and connections.

Through dedication, continuous learning, and fostering meaningful relationships, I aspire to become a successful research guide in the future.