

Curriculum vitae

1. Name: Dr. Anupma Singh
2. Designation: Head & Asst. Professor
3. Subject: Teacher Education
4. Academic Qualifications: M.Sc., M.Ed., NET(Education)
5. Areas of interest/Specialization: Advanced Statistics
6. Date of Birth: 26/04/1970
7. Date of Joining: 21/Nov/2004
8. Experience: 19 Year
9. Official Address: B.Ed. Department, RG (P.G) College, Meerut
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12. Areas of research: Educational Psychology
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14. Research Papers (Journals)

S.No	Title of the paper	Research Journal (Volume & Page No.)	Whether Regional/ State/ National/ International	ISSN/ISB N	Impact Factor (If Any)
1.	Mental health and Burnout	Perspectives of psychological researches Vol.31, 2008 no. 1 Pp.1-7	National	ISSN 0978-1562	

2.	Gender differences and burnout	Perspectives of Psychological Researches. (Vol.31, 2008, No. 2)	National	ISSN 0978-1562	
3.	A comparative study of burnout tendency among professional students	Psychological Researches. (Vol.31, 2008, No. 2).	National	ISSN 0978-1562	
4.	Prolonged Deprivation: a correlate of burnout	Journal of humanities and social sciences, 2016	National		

15 . Research Paper/ Article Presented : (Seminar / Workshop)

S.No	Title of the paper/ Article Presented	Title of the Conference/ Seminar	Date& Place	Organised & Sponsored By	Whether College/ University/ Regional/ State/ National/ International
1.	Gandhi: Relevance in contemporary education	National Seminar on 4G Gandhi Ganga, Gau and Gaon	October 1-2, 2019	I.N.P.G College, Meerut	UGC Sponsored
2.	Digitalisation and issues of ethics	National Seminar on Digitalised perspectives of teacher education in India	March 29-30 th , 2019	IIMT University, Meerut	State Level
3.	Agricultural Practices and Environmental Imbalance	National Seminar on Environmental Issues and challenges in Present Scenario	March 13-14, 2016	S.G.P.G College, Sarurpur, Meerut	Environmental and Social Research Organisation, New Delhi

4.	Ancient India Wisdom: A look back	National Seminar on Relevance of Ancient Indian Wisdom In contemporary India	September 14 th 2015	I.N.P.G, Meerut	UGC Sponsored
5	Promoting Life Skills in educational curriculum	National Seminar on Spiritual Orientation: A Predictor of Mental Health in Teaching Professionals	January 28 th , 2015	R.G. (P.G.) College, Meerut	Regional Level
6..	Role of Individualized Instructional material for effective outcomes in Science Teaching	National Seminar on <i>Teaching & Learning with Media & Technology</i>	April 20 th , 2013.	R.G. (P.G.) College, Meerut	R.G. (P.G.) College, Meerut
7.	Lesson Planning in Science	Workshop on preparation of objective based Utilitarian Lesson plan	September 11-12, 2012	Astron College of Meerut	Regional Level

16. Conference/ Seminar/ Webinar/Workshop/ Exhibition Organised

S.No	Name	Date	Whether Conference/ Seminar/ Workshop/ Exhibition	Whether College/ University/ Regional/ State/ National/ International	Sponsored By
1.	Induction Training For Teachers At HEIs	21 st – 22 nd Dec.2022	Conference	National	Department of Education IQAC. RG. College, Meerut
2.	Landscape of Higher Education in India	29 th - 30 th Nov, 2021	Conference	National	Department of Education IQAC. RG. College, Meerut,

3.	NEP-2020: A perspective of Teacher education	12th Sep.2 020	Webinar	National	Department of Education RG. College, Meerut
4.	Spiritual Orientation : A Predictor of Mental Health in Teaching Professionals	January 28 th , 2015	Seminar	National Dept. of Education, R.G. (P.G.) College, Meerut.	
5.	National Symposium on “Corrections desired in the Right to Education Act	Nov. 9 th , 2013	Symposium	National Dept. of Education, R.G. (P.G.) College, Meerut	‘SAROKAR’
6.	Teaching & Learning with Media and Technology	April 20 th , 2013	Seminar	National Dept. of Education, R.G. (P.G.) College, Meerut	
7.	Mental Illness : Depression” and “Learned Optimism : A skill – approach to Depression	Feb. 2 nd , 2012	Seminar	International Dept. of Education, R.G. (P.G.) College, Meerut	
8.	Emotional Intelligence	Jan 22 nd , 2010	Seminar	National Dept. of Education, R.G. (P.G.) College, Meerut	

9.	Identification of special children and teaching tactics	Dec 9, 2009	Workshop	Regional Dept. of Education, R.G. (P.G.) College	
10.	New approaches of education	Nov 11, 2009	Seminar	Regional Dept. of Education, R.G. (P.G.) College	
11.	Innovation in teaching learning Process	April 16-17, 2008	Workshop	Regional Dept. of Education, R.G. (P.G.) College	

17. Faculty Development Programme attended

S.No	Type of FDP	Title of the FDP	Place	Dates	Grade(If Any)
1.	National level	School Activities based Practicum	Dewan Inst. of Management studies, Meeurt.	17 th April-04 May, 2023	
2.	National level	New Trends in Research Methodology	RG (P.G) College, Meeurt.	11-17 th Feb. 2023	
3.	College level	How to prepare E- content	Online	July 12-18, 2020	
4.	National level, sponsored by MGNCRE, MHRD, Govt. of India	Experiential Learning Gandhiji's Nai Talim	Dept. of Education, Meerut College, Meerut	August 17- 21 st 2019	
3.	Seven days National Workshop, sponsored by Govt. of Uttar Pradesh	Preparation of E- resources for School and College Subjects	Dept. of Education, N.A.S, college, Meerut	March 23 – 29, 2018	

18. Extension activities: -++

S.No	Name of the activity	Types of Participation	Whether School/ other Colleges/ University/ Regional/ State/ National/ International	Date	Collaboration (If Any)
1.	Gyanoday - NGO	Donations, adoption and educational activities	Personal	2006- till date	
2.	VAANI- school for hearing impaired	Co-ordinator for B.Ed students visit	Regional level	2010- till date (yearly activity)	

19. Administrative Activities in College/ University

S.N o	Name of the Committee	Types of Participation	Whether University or College Level	Year
1.	IQAC-NAAC	Departmental Co-ordinator	College Level	2008-2015
2.	Head Of Department (B.Ed)	Leading the departmental activities	College Level	2018- till Date